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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 3, 2017

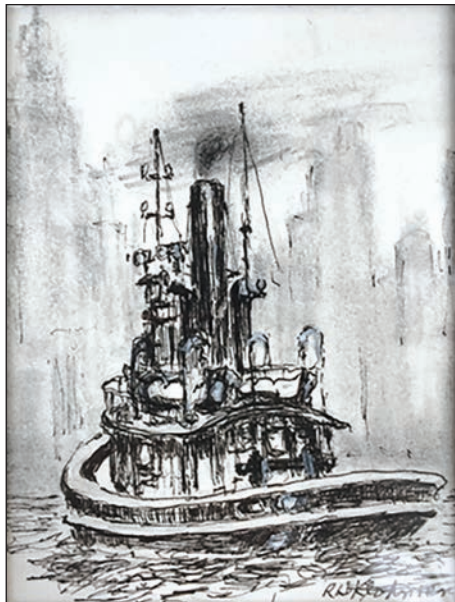
FEBRUARY SUNRISE/SUNSET: 3 7:12 • 6:12 4 7:12 • 6:13 5 7:11 • 6:14 6 7:11 • 6:14 7 7:10 • 6:15 8 7:09 • 6:16 9 7:09 • 6:17



Moonlit 3 by Judy Lyons Schneider
images courtesy BIG ARTS

BIG ARTS Brings Unique Art To The Islands

BIG ARTS is bringing two new fine art exhibits for the month of February to the Phillips Gallery on February 8, with an opening reception on



Hudson River 1923 by Richard Klothmann
Friday, February 17 from 5:30 to 7 p.m.

One of the oldest exhibits continually highlighting women's art groups in the U.S. – the Petticoat Painters of Sarasota – was formed in 1953. The mission was

continued on page 7

A Trip To New Orleans Is The Grand Prize At CHR Mardi Gras

The Community Housing and Resources (CHR) 5th annual Mardi Gras fundraiser is bringing Bourbon Street to Sanibel, but one lucky raffle winner will be heading to the real Big Easy. In addition to three other prizes to be raffled off is the grand prize of a New Orleans jazz and dining trip for two. The package includes round-trip airfare and a three-night stay at a popular hotel in New Orleans.

Once in "Nola," the fun begins with VIP entry into Preservation Hall, the French Quarter's internationally recognized home of traditional New Orleans jazz and headquarters of the Preservation Hall Jazz Band. The fun continues with a dining experience at Commander's Palace Restaurant, a beloved Garden District restaurant that has been impressing guests since 1880. Choose to the jazz brunch, featuring a Cajun menu with live jazz musicians and dancing, or opt for the three-course dinner with wine pairing, which starts

continued on page 3



Mick and Sue Denham won the grand prize trip to New Orleans at a past Mardi Gras event and donated it back to CHR to raffle off again
photo courtesy CHR

Beach Cleanup Backed By Sea School, Fresh Produce



Campers burned their worries in a campfire before spreading the ashes in the sea during an annual Sanibel Sea School tradition called Give Your Worries To The Sea

photos courtesy Sanibel Sea School

by Jeff Lysiak

Sanibel Sea School and Fresh Produce are partnering for a special gathering along Sanibel's shoreline on Thursday, February 16 during which students, their parents and invited guests will be invited to let go of their worries, clean up the beach and attend an inspirational talk.



On February 16, attendees at an event hosted by Sanibel Sea School and Fresh Produce will participate in a beach cleanup (and maybe find some shells along the way)

Beginning at 10 a.m., Winter Camp session participants will take part in Sanibel Sea School's traditional Give Your Worries To The Sea ritual, when students write their worries or regrets on a small piece of paper. Those slips of paper are burned, and the ashes are then sprinkled into the ocean.

According to Chrissy Basturk, development coordinator at the Sanibel Sea School, the symbolic ritual is cherished by campers as a way to begin the new year with a clean slate.

"We're inviting people to come join us, write down their worries and burn them. Then, we'll scatter the ashes in the gulf," said Basturk. "My boys (Sanibel Sea School Winter Camp participants) look forward to it every year... it's a nice tradition."

The Sanibel Sea School/Fresh Produce partnership came about recently after

continued on page 6

Save The Males

February 9-14

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SCCF To Host Open House



Children painting a fish

photos courtesy SCCF

submitted by Kristie Anders
SCCF Education Director

The tradition continues as the Sanibel-Captiva Conservation Foundation holds its annual Open House on Presidents' Day. A holiday for schools and some businesses, it also is a time many islanders receive an influx of house guests. There will be free admission all day (8:30 a.m. to 4 p.m.) to SCCF's Nature Center and walking trails on Monday, February 20.

From 10 a.m. to 1 p.m., there will be demonstrations and activities for people of all ages. The amusing Nature Sounds contest will begin at 11:45 a.m. Practice your best hoots, cackles and babbles to join in with 2-year-olds and 80-year-olds to share your version of the sounds heard in nature.

Free hot dogs and refreshments will be available while supply lasts. The grill fires up at 11 a.m.

SCCF Wildlife Habitat Manager and Herpetologist Chris Lechowicz will have



Youngster competing in the nature sounds competition

a menagerie of snakes to meet first-hand. The marine lab staff will have a gathering of live animals found in Pine Island Sound that may include seahorses, sea urchins and puffer fish. The Native Landscape and Garden Center always has a hidden treasure or two to discover.

SCCF's sea turtles and shorebirds studies will be represented for people to learn more about these and other ongoing wildlife research projects. As many outdoor activities wind down, Kelly Sloan, SCCF's sea turtle biologist, will have a special presentation on some of the surprising discoveries from last summer's nighttime research project. For 10 weeks, interns were out from dusk until dawn collecting data about nesting female loggerhead turtles and each new turtles was tagged. Some turtles were already marked and that information in of itself was remarkable. Sloan's talk begins at 1 pm.

Guests are invited to take time to explore the Nature Center, butterfly house and nature trails. Habitat management has restored several patches of land around the trails. Many people are surprised to find such a quiet place on such a busy island. Much has changed on the lands through which the trails wind. Access is free all day long. Come take a walk on the wild side.✧

From page 1

Mardi Gras

with the restaurant's world famous turtle soup.

This grand prize package was donated by Mick and Sue Denham after they won the New Orleans trip prize at two different past CHR Mardi Gras fundraisers. Knowing they might not have time for both, they donated one back to CHR. After finally booking their trip and having such a great time, the Denhams joked that maybe they should have kept that second trip after all. The Denhams said, "As long-time CHR supporters, we are so happy to give back in this way and to give another couple the chance to take this fabulous trip and enjoy themselves the way we did."

Every raffle ticket purchased at the Mardi Gras provides a chance to win one of three items plus the grand prize,

and provides a valuable donation to CHR. The CHR Mardi Gras will be held on Saturday, February 11 at The Dunes Golf & Tennis Club. Tickets are available at www.sanibelchr.org/mardigras.✧

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Gavin-Walker Families Coming Together For Centennial Celebration



Oscar and his father Isaiah Gavin
photos provided
submitted by Alison Ward

Many people think of Sanibel as a natural and simple way of life, however, the Gavin and and Walker families have seen the island evolve since their arrival by ferry in the early 1900s. To them, “natural” meant isolated beaches and “simple” consisted of dirt roads which led to the few houses, cottages and resorts in existence at that time. It has been 100 years since the Gavins first settled on Sanibel, and 90 years for the Walkers. Descendants of



Hannah Gavin
both families will return to Sanibel and Captiva from August 10 to 13 – to join those who never left – for their Centennial Celebration and to celebrate their rich history of service to both islands. Isaiah and Hannah Gavin were drawn to Sanibel in the early 1900s because of the agricultural industry. They came from Walkulla County, near Tallahassee, with their four children. The Gavins were the first African-American family to establish residence on Sanibel, and many of their descendants continue to live on island



Pearl Alice Baker Walker

today. At the time, African-Americans were not permitted to own land, so the Gavin family initially lived in the help quarters of the Island Inn. Later, they moved to various farmhouses owned by white families, whatever was available. They grew tomatoes, eggplants and bell peppers, and sharecropped for Cordelia and Letitia Nutt, among others. Francis P. Bailey, Sr., an owner of the Sanibel Packing Company, marketed and shipped island produce as far away as New York City. During the hurricane of 1921, the Gavin family took refuge in Gray Gables, the Nutt Home on West Gulf Drive. The



Pearl Alice Baker Walker

waters rose to 10 feet, within one foot of the second floor. In a 1980 interview with Oscar, the oldest Gavin son, he recalled, “All downstairs was the kitchen, the wood-burning stoves... so my Dad went down and swum all around, and he got some grits and cans and things... and Miss Cordie (Cordelia Nutt) and them cooked all together... And so we ate.” Like the Gavins, Harry and Pearl Walker moved to Sanibel in 1927 with their four children from Savannah, Georgia because of the agricultural industry. The Walkers were the second African-American family to call Sanibel home. Eugene Gavin, a long time Sanibel resident, is one of the many grandchildren

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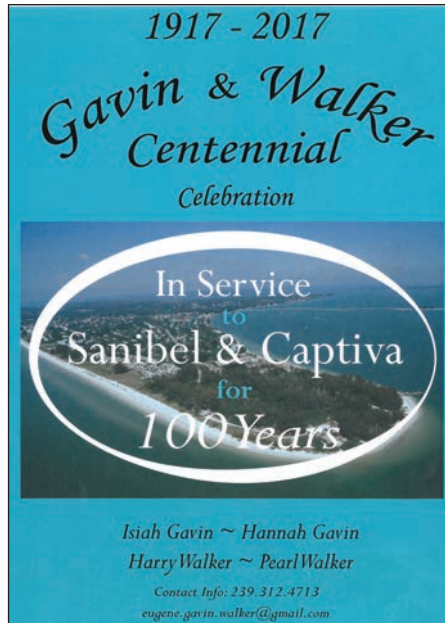
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Three generations of Walkers: Harry Walker Sr. with his son Harry Walker Jr. and grandson Harry Walker III

of Isaiah and Hannah Gavin and Harry and Pearl Walker. He has fond memories of his childhood and growing up on Sanibel. "People were less prejudiced on Sanibel than on the mainland. We just went about our business, did our own thing, and were paid for doing the same work as white people, as far as we knew. Everyone was friendly on the islands, and we got along well."

Sanibel schools were segregated in the early 1900s, so the Gavin and Walker families had to send their children to the old Baptist Church, across Tarpon Bay Road from Bailey's where Lily & Co. Jewelers is now. The teacher, Hazel Hammond, lived in a small unit on the south side of the building. "We called it 'The Colored School' because it was where



Flyer to commemorate the Gavin-Walker Centennial Celebration

we went to school, church, movies and plays for Sanibel and Captiva," Eugene Gavin said. "It was everything rolled into one." A minimum of seven students had to be enrolled in the school for it to open. "Sometimes we would run out of kids and then our families would have to send their children into Fort Myers for school. After the ferry ride and a bus trip, it took about an hour to get to class and the trip took its toll on us."

The African-American children were not allowed on the first morning ferry with the white students, so they had to wait

for the second ferry. Eventually, both the Gavin and Walker families had homes on Sanibel so, when The Colored School on island had to close in 1933, the children had to live in Fort Myers during the school year, traveling home to the islands by ferry on weekends, when possible. At other times, Mr. Gavin took the ferry to Fort Myers to visit his children.

Because the Gavins and Walkers were the only African-Americans with children on Sanibel, they spent considerable time together. "It was fun because we had the freedom to go to the beach, shelling or play in the woods," said Eugene Gavin.

Life was not just playing and having fun, though. Gavin remembers his grandparents working very hard to make a living. "We never had to worry about food, but everyone worked hard. The mosquitoes did not make life any easier." While Eugene's grandfathers farmed, his grandmothers did housekeeping for various island families while taking care of their own children.

The hurricane of 1926 blew through Sanibel and its large tidal wave ruined the commercial farming industry on island. When the soil became too salty to grow crops, Eugene's grandparents and all others on Sanibel previously involved in farming had to find other ways to make a living. Eugene remembers his grandfather, Isaiah Gavin, as a very resourceful man. "He never sought any sort of financial assistance and always did things himself. He worked off the land."

Because of Isaiah Gavin's hard work and resourcefulness, he will not be forgotten any time soon. "My grandfather told me how he could stand on the beach,

look clear across Sanibel and see San Carlos Bay, because there were no trees to block the view. Mr. Bailey decided he wanted some decoration for the island and he asked my grandfather to plant some trees," Gavin recollected with pride in his voice. "Any Australian pine tree you see along Periwinkle Way, my grandfather either planted it or it is a seed from one of his trees."

As the years went on, Harry and Pearl Walker began to spend more time in their home in Fort Myers. "They would spend weekends in Fort Myers visiting some of their children who had moved there as adults. Since groceries were also less expensive on the mainland, they would do all their shopping on weekends," said Gavin.

Returning to Sanibel after a long weekend on the mainland in the late 1940s or early 1950s, the Walkers found their home on Sanibel had been burned to the ground. They never discovered the cause of the fire or blamed anyone for the tragedy. Instead, Eugene's father, Edmond Gavin, was instrumental in locating and getting a house for his in-laws near the corner of Tarpon Bay Road and West Gulf Drive. Pearl Walker remained in her home until the late 1970s or early 1980s, two years after her husband's death. In 1996, the historical, but run down house was demolished.

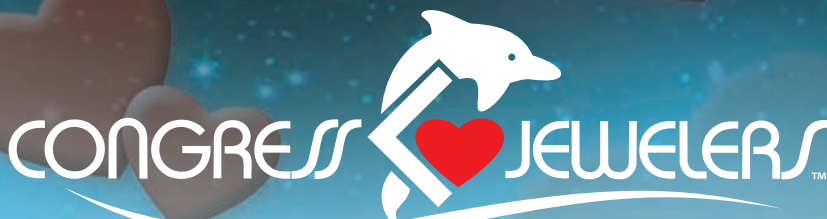
During the Gavin-Walker Centennial Celebration, over 200 family members will gather on Sanibel and Captiva from across the United States to celebrate and remember their relatives who were so instrumental in planting the seeds which have shaped their lives.✧

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Motor Club Cruise-In This Saturday

The Sanibel Captiva Motor Club (SCMC) will be showing off its wheels at the monthly Cruise-in Cars and Coffee at Periwinkle Place Shopping Center this Saturday, February 4 from 9 to 11 a.m. As the club members say, "Look for the checkered flag."

Whether you are a member of the club or not, whether you have a vintage car to show off or just love cars, everyone is welcome to attend.

The club meets at Periwinkle Place Shopping Center, located at 2075 Periwinkle Way, the first Saturday morning of every month through May.

No pre-registration is necessary. Just show up with your car, truck, bike or golf cart. This month, Blue Giraffe restaurant will be providing a "continual" breakfast including their own "special brew," Blue Giraffe coffee. Other refreshments will be provided as well. Blue Giraffe is offering a breakfast special to any SCMC member. The restaurant opens at 7 a.m.

For more information about the club, call Scot Congress at 472-4177 or Mike Stone at 322-0044.*



Vintage automobiles lined up at Periwinkle Place

photo courtesy San Cap Motor Club

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From page 1

Beach Cleanup

Basturk – who worked at Fresh Produce for 18 years – was contacted by a former co-worker, Gail Harten. Fresh Produce was looking to become engaged in a community-minded group or activity, which Basturk thought might make a wonderful opportunity.

"Originally, we thought planning a beach cleanup with the school might be good," said Basturk. "But after I spoke with (school founder and executive director) 'Doc' Bruce (O'Neill), he suggested they join us in our Give Your Worries To The Sea tradition."

After the ceremonial scattering of ashes into the gulf, participants will take part in a cleanup at Colony Beach (a short walking distance from Sanibel Sea School), which will be followed by a brief talk delivered by Fresh Produce founder Mary Ellen Vernon. Her topic will focus on Cliff Notes On Life While Building A Business.

In addition, Fresh Produce is designing a special edition T-shirt, whose proceeds will support Sanibel Sea School scholarships for kids in need to attend camps and programs throughout the year.

"We're excited about this new partnership with Fresh Produce," added Basturk. "We hope to make this an annual event, something nice to look forward to every year."

For more information, visit www.sanibelseaschool.org, call the Fresh Produce location on Sanibel at 395-1839 or email fpcommunity@fpcolor.com.*

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OBITUARY



ALICIA HOPE ACKER

On Saturday, January 14, 2017, heaven received another beautiful soul... Alicia Hope Acker. Alicia was predeceased by her father, Wayne S. Acker and her maternal grandmother, Rosemary H. Robinson. She leaves behind her loving and devoted mother, Mary

Lynn H. Acker-Shepherd of Cuyahoga Falls, Ohio and Sanibel; and her younger brother, James "Chip" Acker of Fort Myers.

Alicia was born in Farmington, Connecticut on March 27, 1984. She was raised on Sanibel, where she attended Sanibel Elementary. She was proud to be the first girl on the boys little league team. She also attended Cypress Lake Middle School, Bishop Verot Hight School and Cypress Lake High School. She was an active member of St. Isabel Catholic Church on Sanibel.

At the age of 22, she moved to Cuyahoga Falls, Ohio, where she worked for her stepfather, Dave Shepherd, at Merriman Valley Resource Management as his administrative assistant and bookkeeper.

Alicia was gifted in the arts and was never without her sketchbook. She was an avid animal lover, volunteering at local animal shelters and rescuing wildlife. She also enjoyed horseback riding. Her culinary skills also reflected her creativity.

She will be remembered for her radiant smile and generous spirit.

A Catholic mass and burial will be held at St. Isabel Catholic Church on Sanibel on Saturday, February 18 at 11 a.m.

If you'd like to honor Alicia's memory, her mother and brother ask that you perform "A Random Act of Kindness" in her name.✽

From page 1

Unique Art

to showcase the talents of female artists across the country at a time when venues for their art shows was in short supply, or rather, short demand.

Each member of the group is inspired by the camaraderie and associations they've formed with one another during their careers. Their works range from abstract to still life and landscapes, representing a diverse array of cultural backgrounds.

The Itty Bitty Art Exhibit debuts the works of various artists who have submitted pieces over the last few months. Themed for miniature art, the juried exhibit of little treasures will feature extremely detailed work, exquisite color exercises and strength of composition, many of which can compete with larger paintings. Tiny 2-D works of art, varying in medium and subject matter, provide something for everyone at this unique, exclusive exhibit.

Visit www.bigarts.org or call 395-0900 for more information. BIG ARTS is located at 900 Dunlop Road.✽

Discussion On Hinduism

Vyoma Nair will lead a discussion on Hinduism at the Unitarian Universalists of the Islands service on Sunday, February 5. The service, which will begin at 5 p.m., will be held in Fellowship Hall at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. The public is welcome. The title of the talk is Hinduism And Its Role In Healing Our World.

World events continue to sow schisms among nations and peoples, the divide between rich and poor grows ever wider and the number of displaced persons on our planet is the highest in recorded history. Nair, a permanent member of the board of trustees of the Hindu Temple of Southwest Florida, will de-bunk some myths about Hinduism and then explore its differences to other faith systems and why its essential values remain designed to heal mankind.

Nair's father was a diplomat giving her the opportunity to live in many continents and interact with peoples of vastly different cultures. She graduated from the University

of Oxford studying physics and went on to earn an MSc in physics applied to archaeology. She then founded a company with her nuclear physicist husband, Dr. Shan Nair, which helped U.S. companies navigate the complex legal, human resources, accounting and tax hurdles over 52 countries. She has a keen interest in the science of the Hindu religion and is an active member of the Hindu Temple of Southwest Florida.✽

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City of Sanibel Interim Police Chief William Dalton at the Sanibel Fishing Pier, where the new AED is located photo courtesy City of Sanibel

Defibrillator Added At Fishing Pier

The Sanibel Fishing Pier at Lighthouse Beach Park, located at 144 Periwinkle Way, is now equipped with an automated external defibrillator (AED). The unit is in the public area that is accessible to the public utilizing the pier.

An AED is a portable device that checks the heart rhythm and can send an electric shock to the heart to try to restore a normal rhythm. AEDs are used to treat sudden cardiac arrest (SCA), a condition in which the heart suddenly and unexpectedly stops beating.

All City of Sanibel employees are trained and certified in cardiopulmonary resuscitation (CPR). Additionally, every Sanibel police cruiser is equipped with an AED.

In addition to deployment of defibrillators in each Sanibel police cruiser and the excellent response times by fire and EMTs, many Sanibel private

property owners such as churches and non-profits have also installed AEDs on their properties.

The city has additional AEDs deployed at the following locations:

- Center 4 Life
- City Hall (council chambers; second floor, top of the main stairway; and on the outside wall)
- Sanibel Public Works
- Sanibel Recreation Center (lifeguard office; hallway at the weight room; gym west side; gym east side)
- Donax Sanitary Sewer Facility

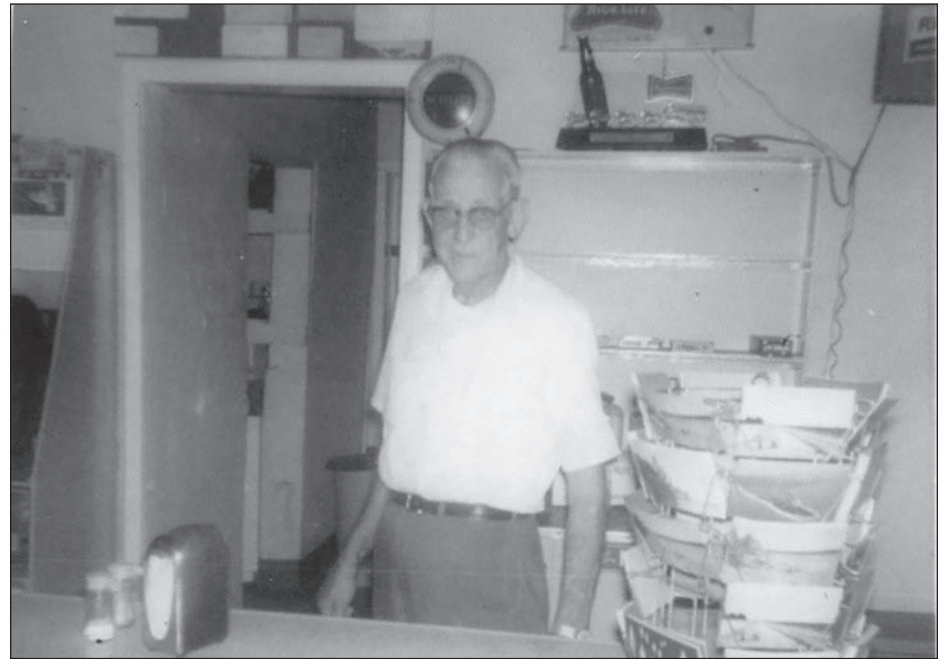
The City of Sanibel Police Department also has AEDs deployed in the marine patrol vessel and the beach patrol vehicle.

City of Sanibel Interim Chief of Police Bill Dalton reminds everyone the first step anytime a person may need emergency medical attention is to call 9-1-1.

CPR courses are offered on a regular basis to the citizens of Sanibel. Courses are offered at the Sanibel Recreation Center (472-0345) and the Sanibel Fire District (472-5525). The City of Sanibel strongly recommends every citizen to be trained in CPR.✱

Captiva Island Historical Society

Looking Back: Snapshot Of Timmy



Timmy (TM) Wiles

photo courtesy Captiva Island Historical Society Archives

This week's image is a 1966 snapshot of Timmy (TM) Wiles at the counter of Timmy's Nook, built by Wiles in 1952. From 1952 to 1994, Timmy's Nook was a popular gathering place frequented by both natives and visitors. In 1994, under new ownership, Timmy's Nook was rebuilt and became The Green Flash.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours.

In addition, visit the Captiva Island Historical Society website at www.captivaishistoricalociety.org/archives/research to view many more images to bring you closer to Captiva. ✱

City Seeks Part-Time Police Aides

The City of Sanibel is seeking candidates to fill police aide positions on a part-time as needed basis. The primary function of those serving in these positions is directing traffic in season, but successful candidates will be asked to perform a variety of responsible law enforcement activities including traffic control, escorting

vehicles, parking enforcement and emergency management functions.

A high school diploma or equivalent and a valid Florida driver's license are required. Applicants must be willing to work weekends, evenings and holidays. Pay is \$14 per hour. Sanibel Causeway and Cape Coral bridges tolls will be paid by the city. Applicants must pass a background check and drug screen.

Applicants must apply online at <http://agency.governmentjobs.com/sanibel/default.cfm>. ✱

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Lorin Arundel

Advertising

Bob Petcher
George Beleslin

Graphic Arts & Production

Ann Ziehl, Manager
Amanda Hartman
Justin Wilder
Diane L. Wynocker

Reporter

Jeff Lysiak

Contributing Writers

Kimberley Berisford
Barbara Cacchione
Kay Casperson
Constance Clancy, EdD
Suzy Cohen
Linda Coin
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Jim George
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Andy Sullivan and William Erickson enjoy their group study time during LOGOS Camp Night at Sanibel Community Church
photos courtesy SCC

Children Play And Learn During Camp Night

The LOGOS group had a fun-filled and educational evening during Camp Night recently. LOGOS is an intergenerational family program that meets each Wednesday evening at Sanibel Community Church (SCC).

Families with children in preschool through fifth grade are welcome to attend. Registration information is available by calling Kathy Cramer at 472-2684.✱



Kaylee Forsyth recites the Pledge of Allegiance alongside dinner dean Nola Kilgore

Blended Worship Service Offered



From left, song leader Shawn Allison, pianist Abbey Allison and guitarist David Dust
photo courtesy Bruce Findley

A format recently introduced for the 9 a.m. Sunday morning worship service at the Sanibel Congregational United Church of Christ (SCUCC) features a new team of musicians and new styles of music.

Known as a Blended Worship Service, the style features more congregational singing drawing on a variety of musical genres including folk music, Taize chant, spirituals, traditional hymns, jazz and contemporary praise songs.

"Our congregation draws from a number of denominational and religious backgrounds," noted Senior Pastor the Rev. Dr. John H. Danner. "It seems appropriate that our musical styles and worship services should also be diverse!"

The music is led by Shawn Allison, baritone, who also doubles as a saxophonist. The team includes Abigail Allison, piano, and Dave Dust, guitar. Other guest

continued on page 16



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Children Appreciate Their Teachers

The LOGOS children invited all of their school teachers to join them for dinner on January 25 for Emoji Teacher Appreciation Night. The children sat with their teachers and served them enchiladas, rice, salad and cupcakes. They later played Emoji Bingo and gave prizes and gift baskets to the teachers as a way of thanking them for their love and care each day at school.

LOGOS is a weekly ministry for families with children age 3 years old through fifth grade. The program is held at Sanibel Community Church (SCC), located next to Jerry's Market.

For more information, call Kathy Cramer at 472-2684.✱



From left, Isla Mendez, Chloe Selby, Lily Baker, Pace Padgett and Gretta Livermon

photos courtesy SCC



Each class introduced their teacher and presented gifts at Emoji Teacher Appreciation Night. Kindergarten was represented by, from left, Daniel Tison, Jamie Fautz, Teagan Clark, Harrison Jones, Johnny Chavez, Christopher Erickson and Leanne Prescher

Religion In Film

Sanibel Congregational United Church of Christ will host a special two-week course, *God on Broadway, Hollywood and Vine: Religious Themes in Film and Theater*, on Wednesdays, February 8 and 15. Identical sessions will be offered at 10 a.m. and 7:30 p.m. The course will explore the treatment of religious subjects in musical plays and films such as *Jesus Christ Superstar*, *The Prince of Egypt*, *Godspell*, *The Cotton Patch Gospel* and *Joseph and the Amazing Technicolor Dream Coat*.

The course will be co-taught by the Rev. Dr. John H. Danner and Dr. Douglas Renfroe. They will examine some of the stories behind the making of the various works, sing numbers from each, and use film clips to illustrate.

Dr. Renfroe, an internationally known musician, resides in Fort Myers. He has been cantor and music director at Temple Bat Yam on Sanibel since

2001. He served as artistic director of Moorings Capital Opera in Naples and was adjunct professor and director of choral and vocal activities at Edison College. He is in demand as a soloist throughout the United States and Canada, and is listed in the 1980 edition of *Outstanding Young Men in America* and the 2004 edition of *Who's Who in America* for his outstanding achievements in the performing arts.

Dr. Danner lives in Fort Myers and serves as the senior pastor of the host church. His PhD in religious studies (church history) is from Boston University. He also studied voice under Barbara McClosky at Bradford College. Dr. Danner has contributed materials to two collections of liturgical resources: *Touch Holiness* and *From the Psalms to the Cloud*.

The public is invited. Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For further information, visit www.sanibelucc.org or call the church office at 472-0497.✱

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Annual Sanibel Pulpit Exchange

Pastor John Danner and Rabbi Myra Soifer will participate in a Pulpit Exchange the first weekend in February. Pastor Danner will preach at Temple Bat Yam's Shabbat Service on Friday, February 3 at 7:30 p.m.; Rabbi Soifer will preach at two of the Sunday services February 5 at 9 and 11 a.m.. All three services will be held at the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel, because the two congregations share the same building and the same sanctuary.



Rabbi Myra Soifer and the Rev. Dr. John H. Danner will exchange pulpits on February 3 and 5 at Sanibel Congregational United Church of Christ photo courtesy SCUCC

Sanibel Congregational United Church of Christ (SCUCC), founded in the mid-1970s, built the church facility in 1986. But ever since its inception 26 years ago as the only Jewish congregation on Sanibel, Temple Bat Yam has called the same building home as well. While not a unique arrangement, it is unusual for two congregations of two different faith traditions to share a space.

Indeed, the two clergy have joined forces to present various educational programs for their congregations, as well as other interested members of the wider community. Over the month of January, for instance, they have been participating in a three-week course titled War, Women and Personal Stories, with Imam Abdul'Haq Muhammed from Fort Myers exploring key issues from the varying perspectives Judaism, Christianity and Islam. Both congregations are founding partners in Sanibel's annual Shared Scholar Lecture Series. Recently, they have also embarked on a joint outreach project, offering literacy tutoring in the workplace.

Rabbi Soifer was one of the first ten women ordained as rabbi after Reform Judaism accepted them in 1972. Born in 1950 in Miami, Soifer attended Lawrence University

in Appleton, Wisconsin, earned a master of arts in Hebrew Letters at Hebrew Union College in Cincinnati in 1977 and was ordained there a year later. She served as student rabbi at the Jewish Community Center in Union City, Tennessee and at Temple Beth Shalom in Charlotte, North Carolina, before becoming assistant rabbi in New Orleans in 1978. She served Temple Sinai in Reno beginning in 1984 until she formally retired after 25 years there. Rabbi Soifer began her tenure at Temple Bat Yam in 2013.

Serving at the church since January 2010, Dr. Danner earned degrees from Bradford (Massachusetts) College, the University of Maine, Bangor (Maine) Theological Seminary and a PhD in Religious Studies from Boston University. Dr. Danner was ordained in 1980 by the United Church of Christ. He is a fellow in the American Association of Pastoral Counselors, and has studied at the Shalem Institute of Spiritual Formation. He served congregations in New England, New York and New Jersey before moving to Sanibel. He has contributed to two volumes of liturgical materials, reviews books for *Speakeasy*, has published chancel dramas through the *Arches and Bells* website and has been published in *The Christian Century* and other journals.

All services, both Friday night and Sunday morning, are open to the public. For further information, call the church office at 472-0497.✽

Snow Falls On Sanibel

Brynn Selby, Finley Hall, Henry Kaufford, Chloe Selby and Avagrace Froelich were recently spotted playing in a "snow storm" on Sanibel, a fun ending to the winter theme at Summit Christian Preschool at Sanibel Community Church, where children learn through play. This preschool is for children 3 years old and 4-year-old VPK. Tours and enrollment information are available by calling the main school campus at 482-7007. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✽



Island youth playing in the "snow" photo courtesy Sanibel Community Church



Sanibel Historical Village

Sanibel Historical Village Announces New Location For Twilight Talk

Feb. 16: Siblings of Sanibel and Captiva - Mark McQuade & Deb Gleason, twins, will talk about their early days growing up on Sanibel (the 1950s and 1960s). Ellen Mayeron & Victor Mayeron will share stories of doing business on Sanibel and Captiva in the 1970s and 1980s.

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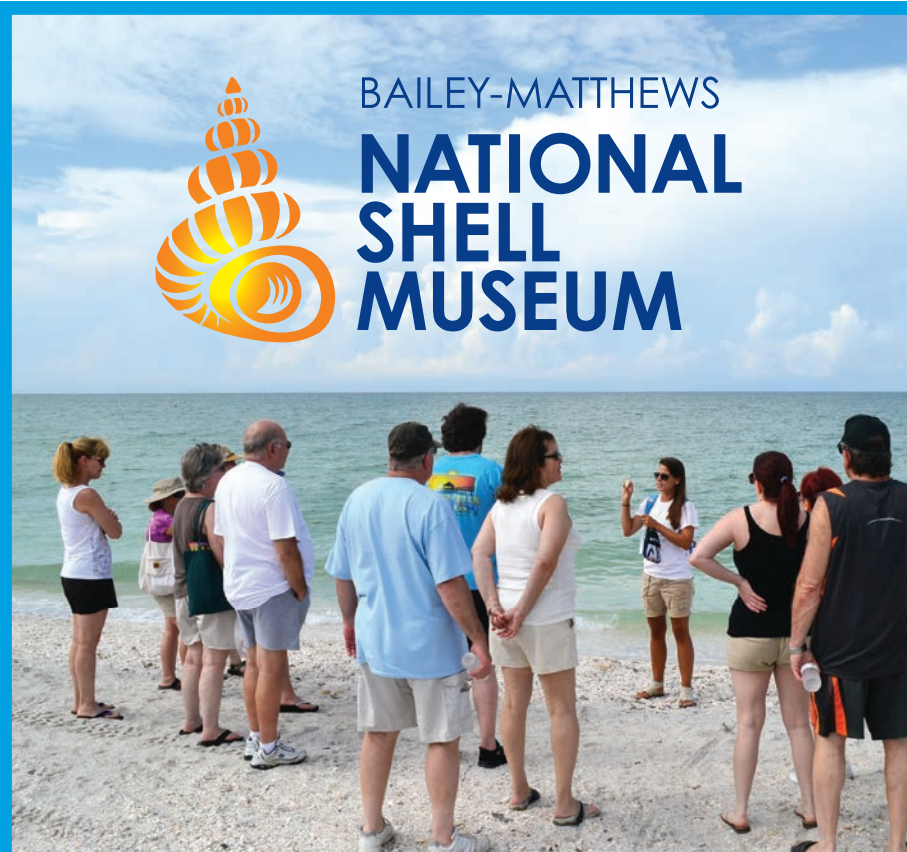


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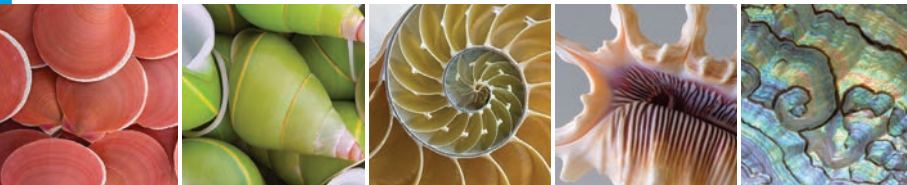
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Shell Found



Mikayla Mercil photo provided

Mikayla Mercil, visiting from Minneapolis, Minnesota found a junonia around 6:45 a.m. on January 26. “I had no idea what it was, all I knew was that it looked unique to me, as I hadn’t seen anything like it so far on my trip,” Mercil said. “I had forgotten a bag so I was holding it in my hand. A man who was walking by excitedly stopped and asked me about it, and since I had no clue as to what it was, he told me a little bit about it and how much of a ‘gem’ it is. Needless to say, it was quite the experience.”**

Shell Found



Hannah and Heidi Thomas photo by A. Ziehl

Ontario, Canada visitor Heidi Thomas, 10, pictured with her sister, Hannah, found a junonia while shelling along Tarpon Bay Beach on January 30 while staying at Pointe Santo de Sanibel. “It was really surprising that it rolled up at my feet,” said Heidi. “I’ve been searching for years!”**

From page 11
Blended Worship

musicians, as well as the church choir, occasionally join the core group.
Shawn Allison holds degrees in performance and composition from St. Olaf College and Ithaca College and is a PhD candidate at the University of Chicago. He is an adjunct professor at Florida Gulf Coast University and is on the faculty of the First Academy of Music in Bonita Springs. He is in his fourth season as the choir’s bass section leader.
Abbey Allison holds a double degree in piano performance and string education from Ithaca College. She has played in concerts and houses

of worship in Ithaca, Chicago, and Southwest Florida. She and Shawn are the Allison Duo, and she is half of the Wild Coffee Duo with cellist Susie Kelly. She is the accompanist for the Symphonic Chorale of Southwest Florida and pianist for Temple Bat Yam. She teaches at Jay & Kay’s Music Studio.
Dust was raised in Cincinnati and studied at the College Conservatory of Music in Cincinnati and at Berklee College of Music in Boston. He has been working and playing on Sanibel since 1989.
The public is always welcome at any of the congregation’s services. A simple chapel service is held Sundays at 7:45 a.m., and a traditional service, featuring the Chancel Choir under the direction of Dr. Elwood Smith and accompanied by organist Norman Libby, is offered Sundays at 11 a.m. The sermon and scripture readings at all three services are identical.
Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For further information, call the church office at 472-0497 or visit www.sanibelucc.org**

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Another Weekend Cold Front

by Capt. Matt Mitchell



The regularity of passing cold fronts has become a little bit more frequent as we move into February. During the last two weekends in a row, temperatures have dropped after we enjoyed another full week of above normal temperatures. So

far though this winter, any cold conditions have been very brief and only brought a couple of cold mornings before quickly rebounding. Not having to deal with any prolonged cold and generally light winds has made being on the water this winter a real pleasure and has made for the best winter catch-and-release snook bite in recent memory. February temperatures usually average a little bit warmer than January and, if this holds true, our fishing will only continue to be outstanding.

Any time over the past few months that the wind has blown out of the south,

going off along with more quality redfish showing up too. The winter minus low tides we are currently experiencing are some of my favorite tides to fish all year long. These super-low water conditions cause the fish to stack up in deep holes and creeks. Once you locate these deeper areas you can return time and time again; often it feels almost unfair, basically like catching fish in a barrel. This proved very true this week while fishing deep in the sheltered mangrove creek systems of Pine Island Sound.

The diversity of wildlife seen during these minus low tide periods while back in these mangrove estuaries can be amazing. The variety of wading birds along with feeding ospreys and white pelicans really adds to the whole experience of a fishing trip. Throw in a few feeding dolphins tossing mullet high in the air and then an occasional manatee. Simply watching these animals in their natural environment is better than a visit to any zoo.

During the lowest part of the tide, many of the snook and redfish we are catching are right in the middle of these tiny river-like channels as almost everything else dries up. In many of these sheltered bays between the creeks, trout fishing can be nonstop. Popping cork rigs with a live shrimp or shrimp-like soft plastic jigs slow bounced across the bottom catch mostly trout, although we did catch a few



Bill Farmer with a 26-inch redfish caught while mangrove creek fishing with Capt. Matt Mitchell this week

pompano too. Target the natural deeper edges and channels right up against the exposed grass flats for the best action.

The many mangrove creek systems in the sound offer anglers lots of options including fishing the deeper mangrove creek mouths and entrances on the lowest part of the tide. Many of these creek mouths have a hard edge, which drops from just a few inches of water to much deeper water within just a few feet. Finding the right creek mouth where the wind and tide are moving in the same direction has been the key to success here. Many of these creek mouths that have strong tide movement have produced a great mixed bag of fish including snook, trout, redfish

grouper, jacks and mangrove snapper.

Every mangrove creek system in the sound offers its own little ecosystem, and learning how a system works and where the fish stack up on different stages of the tide only comes with time spent on the water. Spend your time in one small area and learn how it works then you can take that knowledge with you to the next creek system.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email, captmattmitchell@aol.com.✱

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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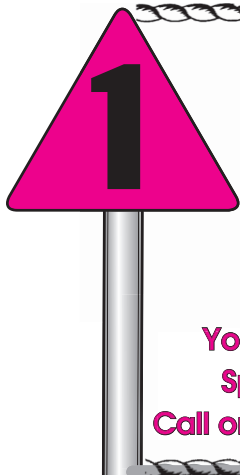


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Plant Smart

Ornamental Pepper



Native ornamental pepper's edible hot fruit is appreciated by both birds and people
photo by Gerri Reaves

by Gerri Reaves

Native ornamental pepper's (*Capsicum annuum* var. *glabriusculum*) name describes it well, for it is both an ornamental and edible pepper – a fiery, hot one, in fact.

In the wild, this member of the potato, or nightshade, family is found in disturbed areas to coastal hammocks, where it can reach up to 10 feet tall. Typically, though, it grows to about only three feet. The shiny elongated or conical

peppers make it a popular pot plant. Deep green immature fruit ripens to red or orange. This pepper is perfect for a kitchen garden, and its ornamental appeal recommends it as a mass planting or border. It has a rounded form and dense multi-branched foliage. The evergreen ovate leaves are two to four inches long. The tiny inconspicuous white five-petaled flowers are borne singly. Both flowers and fruit appear throughout the year except during extreme cold, for example. Highly drought-tolerant and tough, it has a moderate growth rate and prefers full sun but will grow in partial shade. Although adaptable to various soils, it prefers sandy or limestone habitats. It will grow in nutrient-poor soil, but needs some organic content to survive. The alternative name bird pepper comes from the fact that birds – particularly northern mockingbirds -- do eat and disperse the seeds. Cayenne

pepper and bush red pepper are additional names. In Central America and the Caribbean, the hot fruit – which is rich in vitamins A and C – has a wide variety of culinary uses. The peppers can be used fresh or dried, but avoid touching the eyes or skin after handling them, for irritation might result. The nutritious leaves are also edible if cooked. Propagate this pretty native pepper with seeds or cuttings. Cultivars of red, purple, yellow, orange and white exist, too. Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *The Shrubs & Woody Vines of Florida* by Gil Nelson, *Wild Plants for Survival in South Florida* by Julia F. Morton, eattheweeds.com, edis.ifas.ufl.edu, fnps.org, plants.usda.gov, and regionalconservation.org. *Plant Smart explores the diverse flora of South Florida.*✽

City Of Sanibel Vegetation Committee

Mother-In-Law's Tongue

Mother-in-law's tongue (*Sansevieria hyacinthoides*), also known as bowstring hemp or snake plant, is one of the eight regulated invasive exotic plants threatening Sanibel Island's natural areas. Originating in the southern tropics and Africa, this plant was used for making bow strings, cordage, ropes, mats and nets. It can thrive in dry climates, rough terrain, but also in moist conditions – virtually anywhere – without care. This plant was introduced in Florida around 1800 as an ornamental plant and fiber crop. Growing wild in south Florida, it was deemed a nuisance in 1951 because the stout and creeping rhizomes (a horizontally growing, underground stem that puts out lateral shoots and

adventitious roots) eventually produce a dense groundcover that effectively excludes desirable native vegetation. Mother-in-law's tongue is a succulent, stemless perennial with long slightly twisted slender blades. These fibrous blades are green striped with yellow or gray and can be up to 50 inches tall. The plant has a showy scape up to three feet tall with tubular white flowers. The rhizome base emerges from the ground as white, but then matures to bright orange. All parts of the plant are poisonous if ingested. Because it adapts easily to all growing environments of Sanibel, it is difficult to control. The best removal technique is physical removal by digging. The rhizomes are fragile and break easily when pulled by the leaves. Resprouting is likely if any part of the plant remains and continuous maintenance is recommended. Due to the waxy coating on the blade, chemical combinations are moderately effective,



Photo on left shows a stand of mother-in-law's tongue. Photo on right shows the underground network of mature, orange rhizomes
photos by Dana Dettmar, conservation officer



therefore physical removal is best. Any invasive vegetation should be bagged and put out as garbage, not vegetation waste. Good native replacement plants would include wild coffee, stoppers, myrsine, and leather fern. Remember that mother-in-law's tongue is only one of the eight regulated invasive exotic plants on Sanibel. The others include Brazilian pepper, earleaf acacia, exotic inkberry, java plum, melaleuca, lead tree and air potato. These eight species are not permitted to be grown, sold or propagated on Sanibel and, upon issuance of a city development permit, they are required to be removed from the parcel which must be maintained

free of these plants in perpetuity. The Natural Resources Department section of the city's website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.✽

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CROW Case Of The Week:

Sandhill Crane

by Bob Petcher



A sandhill crane (*Grus canadensis*) is a species of crane that often gets mistaken for the great blue heron. But the tall, gray-bodied crane actually has quite different features

from the black-and-white headed wading bird. The sandhill crane sports a reddish cap on its head with contrasting white cheeks, while the heron's head is paler with a whitish face and a pair of black plumes extending from just above its eye to the back of its head.

Other than color, the heron has a larger, sharper-pointed bill than the crane and a black-bordered stripe down the center of the neck. The crane is bulkier and has a more distinctive cry, a somewhat loud, trumpeting call. Unlike herons, sandhill cranes do not hunt in open water or hunch their necks.

Socially, the sandhill crane flies in larger groups than the heron. In fact, when the sandhill crane migrates south for the winter, it does so in great numbers. While the heron groups with generally less than 10 fellow fliers, the crane can form flocks of more than 10,000.

The sandhill crane is known to be

the most common of all cranes in the world. Reports say the Florida sandhill crane is far less common, though. Only approximately 5,000 remain.

This species of crane breed in open wetlands, fields and prairies across the continent. Mates interact with exuberant dances. While those dances may appear awkward, they are more graceful in the air. Large wingspans – averaging 5 feet to more than 7 feet in length – make them very skilled soaring birds.

At CROW, an adult sandhill crane arrived on January 24 from Heron's Glen Golf & Club in North Fort Myers after it was seen limping on the golf course. X-rays showed a shattered right leg and three gun pellets embedded in its upper torso. One was found in the thorax and two were noticed in the right chest. The crane also had mild abrasions on the right wing.

A splint was placed on the right leg for the next seven days. Even with such injuries, the 8.6-pound crane was reportedly bright and alert, eating well and placing some weight on the right leg when standing.

CROW DVM intern Dr. Spencer Kehoe said there was no immediate danger to the crane's health.

"The only concern was the shattered right leg," he said. "We are not sure how long the bird had the shattered leg, so it might have been difficult to hunt for food."

Dr. Kehoe stated the pellets would not be removed since the objects "did not pose a threat" to the patient's overall health.



Patient # 17-151 suffered a shattered right leg among other injuries photo by Kenny Howell

"Trying to remove them would be more of a risk and could cause permanent damage," he added.

Overall, the sandhill crane will need approximately five weeks to heal before it can be evaluated for release.

"The next few weeks will determine how soon the crane will be released," said Dr. Kehoe. "Like people, all animals heal at a different rate, but the crane is doing well. We expect it to have a successful

recovery."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 3, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Friday, February 3, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

Ask the staff how they work their magic.

Friday, February 3, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Saturday, February 4, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, February 4, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Monday, February 6, 11 to

12:30 p.m. \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 6, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Monday, February 6, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Tuesday, February 7, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 7, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work

their magic. One of CROW's animal ambassadors will be present.

Tuesday, February 7, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, February 7, 4 to 4:15 p.m., adults \$10, teens \$5, 12 and under no charge – Speaker Series: Secret Life of Sand Dollars, presented by J. Bruce Neill, PhD, co-founder and executive director of Sanibel Sea School and Johnny Rader, marine science educator at Sanibel Sea School.

Dr. Neill and Rader will summarize the findings of Sanibel Sea School's long-term study of Sanibel's sand dollar populations, including what has recently been learned about the reproduction, movement, habitat and predators of these fascinating and beautiful creatures.

Wednesday, February 8, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, February 8, 2 p.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

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Wednesday, February 8, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5

continued on page 32

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Shell Of The Week

Yellow
Egg Cockle

by José H. Leal,
PhD, Bailey-
Matthews National
Shell Museum
Science Director
and Curator

The yellow
egg cockle,
*Laevicardium
mortoni* (Conrad,
1830) is the last of
eight locally found

species of the bivalve family Cardiidae (cockles) covered in this column. The yellow egg cockle has a smooth shell, roughly circular in shape, with a strong "ridge" on its posterior end. It measures up to an inch in size, and usually displays a color pattern with typical purple-brown zigzag or "serrated" lines set on a cream background. The internal surface of the shell is cream or yellow and shows the same type of zigzag lines as seen externally. Learn more about local mollusks online at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.

Mollusk Matinees – Talks presented by staff every Wednesday from 2 to 3 p.m.



The yellow egg cockle, *Laevicardium mortoni*, from Sanibel

Arts & Crafts – 1:30 to 2:30 p.m.
Please check our arrival board in the main lobby for updates to daily schedules.

photos by José H. Leal

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shells Found



Martine and Marcelle Daigle

photo by A. Ziehl

Martine and Marcelle Daigle from Laval, Quebec, Canada found a hairy triton, alphabet cone and lace murex close to Nerita beach while staying at Periwinkle Park. Martine said about her shell find, "She was in a big shells pile and I kicked her!" Marcelle found her shells on the beach at low tide.✱

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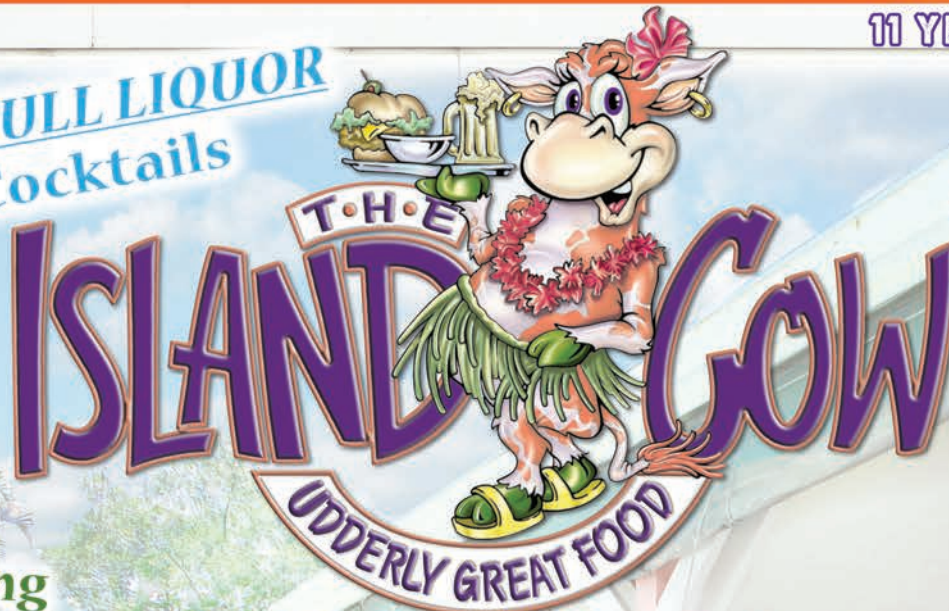
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Staff Changes At 'Ding' Darling



Joann Hinman photos courtesy DDWS

Joann Hinman recently accepted a promotion for the “Ding” Darling Wildlife Society (DDWS) from part-time nature store assistant to full-time office manager. Hinman began working for DDWS in July 2016. She brought with her more than 20 years of nonprofit experience that included serving as director of finance and administration for Zion Natural History Association (ZNHA) in Utah’s Zion National Park. Her



Christopher R. Galloway
current duties include bookkeeping and overseeing DDWS office operations. A native of Los Angeles, California, Hinman graduated from the University of California, Los Angeles with a degree in biology. At ZNHA, she started as the nature center store manager before moving up the ladder. She first toured “Ding” Darling National Wildlife Refuge 10 years ago while visiting a friend in Cape Coral, where she now lives. Christopher R. Galloway inherits his “Ding” Darling connection from his parents, Sanibel residents Nancy Riley and Michael Galloway, both of whom have been volunteering in the Visitor &

Education Center for several years. In his new position as part-time assistant for the “Ding” Darling Nature Store, Galloway is excited to learn new skills. A recent graduate from Florida SouthWestern State College, he holds a degree in network service technology, and post-secondary vocational certificates in network security and information technology support. Since graduation, the Florida native – originally from Inverness in Citrus

County – has been freelancing in home tech support and property management. He began working in the nature store December 31, assisting store manager Jeanne Walsh. “So far I’ve really enjoyed my time working here,” Galloway said. “All of the people have been extremely helpful and kind. Getting to meet all of the many volunteers who come to help us on a daily basis has also been a real treat. It has been a great experience for me.”✱

Shell Museum Annual Meeting

All are invited to learn about the year just past, as well as plans for the future, at the annual meeting of the Bailey-Matthews National Shell Museum on Monday, March 6. The meeting, which will be in the auditorium at the museum, begins at 9 a.m. Coffee and pastries will be available. Among those presenting information about the museum and its many activities will be Executive Director Dorrie Hipschman. “I’m looking forward to letting everyone know about the exciting highlights of 2016,” she said. “We accomplished a great deal and made progress in virtually every area in significant and often-surprising ways. We’re building on these achievements as we look to the future.” Reservations are not necessary, and the public is welcome to attend. The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road on Sanibel. For more information, call 395-2233 or visit www.shellmuseum.org.✱



Shell Museum Executive Director Dorrie Hipschman shows mollusks to a young visitor during National Seashell Day in June 2016
photo by Jeff Lysick

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Shell Found



Krissy and Dustin Dircks photo by A. Ziehl

Krissy and Dustin Dircks, first-time shellers visiting from Le Sueur, Minnesota, found a junonia on the beach at Blind Pass while staying at the Sundial Beach Resort and Spa on January 24.✱

Fish Caught



Mike Ziegler photo provided

Mike Ziegler caught a 42-inch snook while fishing on the waters of Tarpon Bay during a recent visit to the islands.✱

Shells Found



A collection of shells found by Michael Gillmore

photo provided

Sanibel shell seeker Michael Gillmore recently spent a few days shelling the low tides of the islands, both day and night. Amongst his finds are a Fulgurator olive, Cabrit's murex, junonia and a pristine juvenile queen helmet that rolled up to his feet on Captiva's Turner Beach.✱

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ISLAND FARE

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

THE BLUE GIRAFFE

The Blue Giraffe, under new ownership, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists.

The new menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap.

2075 Periwinkle Way (Periwinkle Place), 472-2525

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night,



The team at Blue Giraffe Island Dining inside Periwinkle Place

photo by Bob Petcher

Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner. All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an

extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week, including live outdoor entertainment from 5 to 7:30 p.m. and 8:30 p.m. to midnight. Expanded happy hour menu and reduced happy hour drink prices from 5 to 7 p.m. and 10 p.m. to midnight. Dinner reservations are suggested.

1223 Periwinkle Way, 472-1771

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

JOEY'S CUSTARD

Joey's Custard is a family owned and operated sandwich, coffee and ice cream shop in Bailey's Center. Owners Joey Almeida and mom Debi Almeida offer fresh-to-order paninis as well as Working Cow ice cream products (custard, yogurt, sorbet, banana splits, sundaes, floats, smoothies, hard and soft serve ice cream) and coffee (five-bean house blend, Tim Horton, espresso, affogato). Try the Beach Box Lunch To Go (add \$2 to any sandwich and get a drink and bag of chips). Ask about BOGO with Island Cinema.

Joey's Custard is open from 10:30 a.m. to 9 p.m. Monday through Thursday; 10:30 to 10 p.m. Friday and Saturday; and noon to 9 p.m. Sunday.

2467 Periwinkle Way in Bailey's Center, 472-7222

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate

ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 11:30 a.m. to 3 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

PASTURE & PEARL

Sanibel's newest restaurant, Pasture & Pearl is the latest collaboration from the well-traveled husband and wife team Chef Elaine Dammeyer and General Manager Christian Jego. Come as you're comfortable for a modern, fine dining experience. The cuisine celebrates locally, regionally, ethically and sustainably sourced ingredients, and wine selections are curated by resident sommelier Kory Lynn. The intimate atmosphere and attentive service evoke the hospitality of a dinner party. The menu offers seasonal vegetarian preparations, fresh, wild-caught and responsibly farmed seafood, and the finest cuts of freely pastured beef, lamb, chicken, duck and rabbit from White Oak Pastures, a 150-year-old, multigenerational farm in Southwest Georgia, including a custom cut especially developed for the signature dry aged bone-in ribeye.

The Village Shops, 2340 Periwinkle Way, 810-5514

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheesesteak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, homemade muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out the new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday.

2463 Periwinkle Way in Bailey's Center, 472-4499

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced,

hand-selected and artfully prepared. Summerlin Jake's is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

TOTALLY BAKED ON SANIBEL

Totally Baked On Sanibel is the island's #1 source for fresh baked breads, specialty pastries, donuts, cakes, pies, candies and other confections. The unique eatery within Islander Center also offers coffees and breakfast sandwiches. For lunch, daily offerings include off-the-bone, hand-carved meats as well as soups, salads and other specialty items. Wedding cakes are made to order. Open seven days a week 6 a.m. to 5 p.m. Outdoor seating along the bike path.

2407 Periwinkle Way Suite 1, 312-4503

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida. Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes. Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi at the bar. Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up island favorites at the bar or family-friendly patio. Choose from frosty drinks, signature sandwiches and classic favorites. Visit sundialresort.com/eat for menus, hours and reservations.

1451 Middle Gulf Drive, 472-4151

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local

seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 703 Tarpon Bay Road, 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559



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Power Squadron Takes To The Road For Recent Outing

submitted by Fay Carney

On January 23, 30 members of the the Sanibel-Captiva Power Squadron participated in a cruise and rendezvous to Matanzas Inn Restaurant. Organizers of the outing were members Fay and John Carney. Captains Walt Knutzen, Bob Eidsvold, Harvey Padewer and John Carney were looking forward to having full crews on their vessel, but it was not to be. The dawn had 25 to 30 mph winds, small craft warnings and a threatening weather forecast. Safety concerns dictated that this cruise would take place in land-based vehicles.

Everyone arrived in good spirits, had a nice luncheon and a great view of Matanzas Bay and the bobbing boats. Members are keeping their fingers crossed for better weather for our next two boating outings. On Tuesday, February 28, the squadron is planning to cruise to Pine Island aboard a Captiva Cruises vessel for lunch at the Tarpon Lodge and a visit the Randall Research Museum. On Wednesday, March 15, a cruise and rendezvous to the Green Flash is scheduled.

The Sanibel-Captiva Power Squadron is an organization dedicated to promoting boating safety and education. Members are also provided with opportunities for boating-related social activities. Meetings are held the third Tuesday of each month. For membership information, call JoAnne Heroy-Giller at 244-1165.*



Captain Knutzen's crew
photos courtesy Sanibel-Captiva Power Squadron



Captain Padewer's crew

New Program At The Shell Museum

The new Cookies with the Curator programs at the Bailey-Matthews National Shell Museum are precisely that. Twice each month, Science Director and Curator José H. Leal, PhD offers a half-hour presentation about interesting adaptations and cool things mollusks do for a living. Cookies will be served.



Dr. José H. Leal

photo provided

The informal sessions take a variety of forms. They may be slide talks or demonstrations. They may highlight a specific shell or type of mollusk or cover a much broader topic. What they all have in common, over and above treats, is that they offer an opportunity to learn from an expert whose programs are invariably interesting and entertaining. There will be plenty of time for questions as well.

This new series is offered in the museum's auditorium at 2 p.m. every other Thursday. Upcoming dates are February 9 and 23, March 9 and 23, and April 6 and 20.

Cookies with the Curator is free with paid museum admission. For more information, call 395-2233 or stop by the Bailey-Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road on Sanibel. *

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with Face to Face. Renata plays on Monday. On Tuesday, it's Karaoke. Wednesday is the Jerry B. Variety Show. Sir Mitch plays on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico

performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's John McLane.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday with Woody Brubaker and Barbara Dexter. Dusk plays on Saturday. On Monday, it's Mike Arnone. Woody Brubaker plays on Tuesday. Dusk plays on Wednesday. Woody Brubaker and Barbara Smith perform on Thursday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays with Danny Morgan & Friends.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

City Of Sanibel Vegetation Committee

Guided Native Plant Tours

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next presentation will take place on Wednesday, February 8 starting at 10 a.m.

Upcoming tours of city hall grounds will be held on:

- Saturday February 25
- Wednesday, March 8 and Saturday, March 25
- Wednesday, April 12 and Saturday, April 22

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how to plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will

provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road, in front of the main staircase.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.*

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Great Blue Herons In The Spotlight At Audubon Lecture



Three great blue herons

photo by Rick Bunting

Photographic journalist Rick Bunting returns to present a new program entitled *Return To Heron Time* as part of the Sanibel-Captiva Audubon Lecture Series at 7:30 p.m. on Thursday, February 9 at The Community House, located at 2173 Periwinkle Way. Bunting will utilize his unique perspective to expand on the family life of the great blue heron, using all new photos to reveal many new activities and observations.

From his vantage point near a rookery close to his Upstate New York home, Bunting spent countless hours during the last two years created a chronological, photographic record of the private family life of the magnificent great blue heron. Building on last season's presentation, he will share new intimate details of their activities with our audience utilizing the superb photos for which he has become known. His presentation is



Rick Bunting

photo provided



A pair of herons

photo by Rick Bunting

a "must see" for anyone having even a passing fancy for this big, beautiful bird.

Professor emeritus from the Crane School of Music at SUNY Potsdam, Bunting served as chair of music education and conductor of the renowned Crane Chorus. His retirement has allowed him to pursue his interest in birds and other wildlife. The idea of taking pictures evolved from a simple desire to share what he was seeing. That sharing has become programs presented to a wide variety of organizations including bird, garden and naturalist clubs, Audubon groups, and service, social and church groups. Bunting has also developed a personal online following of those who are privileged to receive his almost daily photographic email updates.

This is the sixth of eight Sanibel-Captiva Audubon lectures to be held this season. All are welcome to attend. Doors open at 6:30 p.m., and parking is available at The Community House and across the street in the Herb Strauss Theater parking lot. A \$5 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit the San-Cap Audubon website at www.san-capaudubon.org.



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A Good Cause On The Causeway



Guests enjoy an evening by the sea at last year's Octifest

photo by Jeff Lysiak

Sanibel Sea School's annual fundraiser, Octifest on the Beach, will be held on Saturday, April 8 beginning at 6:30 p.m. The 501(c)3 nonprofit organization invites community members to attend in celebration and support of their efforts to provide meaningful ocean experiences to thousands of students in Southwest Florida each year. The event committee, led by honorary co-chairs Tim and Julie O'Neill, is planning a very special evening for guests.

The event is unique among island fundraisers for its bayside location on Causeway Island A, where guests are treated to sunset views over San Carlos Bay and an evening of stargazing. This year, there will be great music, a delicious and

sustainable dinner, and a variety of opportunities to support the school's ocean conservation mission, along with a few other surprises.

"Octifest provides the single largest influx of funds to support our outreach and scholarship programs each year," said the school's executive director, Dr. Bruce Neill, "We are so thankful to our community members, who have made it possible for us to help thousands of kids fall in love with the ocean."

Sanibel Sea School's mission is to improve the ocean's future, one person at a time. To learn more about Octifest or to purchase tickets, visit www.octifest.org or call 472-8585.✴

Optimists Wine And Food Fest Returns In March

The Sanibel-Captiva Optimist Club 10th annual Wine & Food Fest – dubbed Sanibel Uncorked – will be held on Sunday, March 5 from 1 to 5 p.m. at Lily & Co. Jewelry Gallery on Tarpon Bay Road, across from Bailey's General Store. There will be free valet parking.

Distributors of many fine wines will have tasting stations to compare the selections. Craft beers will also be available. In addition to the wines and beers, a number of local chefs will demonstrate methods for preparing some of their favorite dishes (with a taste for the on-lookers). Guests will be served hors d'oeuvres, arranged by Chef Karl Hamme of Sanibel Catering

Company by Bailey's.

A silent auction with many fine prizes will accompany the tastings. Items such as gourmet wines, jewelry, artwork, hotel and golf packages, and sports outings will be offered. Most notable may be an opportunity to bid on dinners prepared in your own home by several of the chefs present.

Tickets will soon be available at Bailey's General Store, Sanibel-Captiva Community Bank, Sanibel Café, at the door and from members of the San-Cap Optimist Club. Donation tickets are priced at \$30, or \$25 for designated drivers. Each paid guest receives an engraved, commemorative wine glass. A 50/50 raffle will also be available.

The Sanibel-Captiva Optimist Club is a non-profit organization with all proceeds from fundraising events going to help kids in need, especially with college scholarships. For more information, call 472-0836.✴



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Paganini Holds 20th Cooking Extravaganza On Sanibel



Culinary expert Loretta Paganini, who has been offering cooking classes on Sanibel for the past 20 years, stressed the importance of using fresh ingredients during last week's session at The Jacaranda

photos by Jeff Lysiak

by Jeff Lysiak

One of the long-standing traditions for culinary connoisseurs on Sanibel, the annual Cooking Extravaganza hosted by celebrity chef Loretta Paganini, returned to The Jacaranda last week, with five days filled with her expert instruction on making appetizers, main courses, side dishes and desserts.

"I never wanted to teach my cooking classes in Florida, because I thought Florida was too commercial, too hot, with lots of old people," said Paganini, whose mother, Tilde Galentini, was a renowned chef and television personality in Italy. "But then I discovered Sanibel, which is so amazing and different from the rest of Florida."

On January 26, Paganini shared her culinary expertise with a capacity crowd at The Jacaranda. Her "menu du jour" included instruction on making short rib meatballs in a classic pomodoro sauce with fresh mozzarella; hand-made cheese gnocchi with a roasted tomato ragout; mixed salad greens with cherry tomatoes, radishes and cucumbers in a buttermilk dressing; herb-smoked pork tenderloin with horseradish crema; whipped spinach potatoes; and a charred Brussels sprout slaw. For dessert, she created both a strawberry shortcake with mascarpone cream and cranberry oatmeal cookies.

During her career, Paganini studied with famous chefs before continuing her culinary education at Le Cordon Bleu in Paris, France. There, she became more involved in educating other culinary students. She assisted many culinary personalities such as Martin Yan, Steven Raichlen, David Rosengarten and Anna Teresa Callen. In 1989, she opened The Loretta Paganini School of Cooking in Chesterland, Ohio, bringing culinary education to hundreds of recreational students.

Paganini began offering her annual Cooking Extravaganza On Sanibel at The Timbers 10 years ago. In the

decade since, she has taught week-long sessions at Il Cielo and The Jacaranda. However, she announced that this year's formal session will be her last.

"I think I'm leaving quite a legacy here," said Paganini. "Maybe now the food on Sanibel is a little bit fresher... a little bit better. The farmer's market on Sundays is a wonderful experience. The fresher your ingredients are, the better your food will taste."

Island foodies shouldn't fret over not being able to experience a Paganini cooking class for themselves in the future, as the affable Italian chef announced that she will be offering occasional classes at The Community House. "I'm not completely saying goodbye to cooking classes on Sanibel," she noted. "I'm just saying, as we do in Italian, *arrivederci!*"

Paganini will be offering her first class at the recently refurbished Community House, located at 2173 Periwinkle Way, on Saturday, February 4 from 10 a.m. to noon. She will teach how to make homemade pasta with a menu including Lasagne Verdi alla bolognese, ricotta cavatelli with pomodoro sauce, tagliatelle with a mushroom alfredo sauce and – for dessert – chocolate fettuccini with raspberry sauce. Cost is \$95, with a limited class size available. Call 472-2155 for more information.

In early March, Paganini will release a cookbook, entitled *My Sanibel Kitchen*, which chronicles her personal journey of 20 years of cooking in the sun with friends. The book will retail for \$24.99 (with a portion of the proceeds benefitting a local charity), available online through her website at www.lpscinc.com or by calling 440-729-7340.

"Cooking is all about the process of creating," Paganini told her students. "It's like building something with your own hands, or creating a painting, or playing an instrument to make beautiful music." ❄️



Chef Loretta Paganini demonstrated how to make meatballs using freshly ground short ribs on January 26

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Shells Found



Kathie Nadolski photo provided

Kathie Nadolski of Puyallup, Washington found a junonia on Friday, January 13. She said, “Who says that Friday the 13th is unlucky?” Ironically, Nadolski was born on a Friday the 13th in May. Nadolski planned out the best tides a year in advance (negative tides) and hoped for a cold front, which she only missed by four days. She said, “The fact I found a junonia was just pure luck and happenstance. The fact that I was there on that beach was to scratch off one of my Bucket List items.” Nadolski and her family were staying at the Sanibel Sunset Inn. ✨

Book Signing

Robert N. Macomber has released his 13th installation with the historical novel, *An Honorable War*, a part of his award-winning Honor Series. Macomber will hold a book signing at MacIntosh Books on Thursday, February 16 from 12 to 2 p.m. Call 472-1447 to reserve a signed copy if you are unable to attend. MacIntosh Books is located at 2330 Palm Ridge Road in Palm Ridge Place. ✨



Robert N. Macomber photo courtesy MacIntosh Books

From page 22 CROW Calendar

hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador. **Thursday, February 9, 11 a.m. to 12:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador. **Thursday, February 9, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW’s animal ambassadors will be present. **Thursday, February 9, 2 p.m.**, adults \$7, teens \$5, 12 and under no charge – Opossums at CROW. Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present. ✨

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Upcoming Events At Sanibel Library

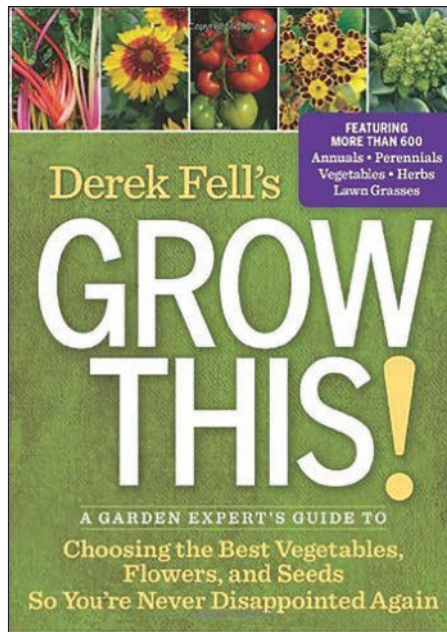
Sanibel Public Library's upcoming programs can be found on the library's website calendar at www.sanlib.org.

The Battle of Monte Cassino was a costly series of four assaults by the Allies against the Winter Line in Italy held by Axis forces during the 1944 Italian Campaign of World War II. Sanibel Public Library staffer Duane Shaffer will present this WWII lecture at 10 a.m. on Friday, February 3 and repeat it on March 10.

Bring a child to Sanibel Public Library from 10 a.m. to 1 p.m. on Saturday, February 4 to celebrate literacy and encourage a life-long relationship with reading. Stories and snacks will be offered for the Take A Child To The Library event. Weekly children's programs run from February 7 to March 18; the schedule is listed at www.sanlib.org.

Sanibel favorite Dave Kilbride returns the library with his guitar for another one-man concert at 2 p.m. on Tuesday, February 7. He will be singing songs from the '40s, '50s and '60s and taking requests.

Derek Fell will review Sanibel's micro-climate where you can grow plants unique to this region on Wednesday, February 8 at 2 p.m. Fell will also warn what not to grow – tropical and sub-tropical plants that don't perform well or are invasive.



A consultant to *Florida Gardening* magazine, Fell will describe his success with germinating coconuts, growing fruits, bromeliads, nuts, vegetables, flowering trees and other ornamental perennials.

At 10 a.m. on Friday, February 10 Duane Shaffer will repeat his Battle of the Korsun Pocket program. It was at the Battle of Cherkassy (also known as the Korsun Pocket) that the last German offensive strength in the Ukraine was drained away, creating the conditions for the Soviet advance during autumn of 1944. This is an encore of his January 27 presentation.

Writer J. David Truby returns to the library at 2 p.m. on February 10 with an encore presentation of his *Dark Side Sanibel*, a humorous poke at the tourists, the elected, absentee owners and other locals who make Sanibel so laugh-out-loud funny.

Sanibel Public Library Youth Services Librarian Deanna Evans invites young readers to join one of the book discussions on Saturday, February 11. The books are free and available for pick up at the library. The discussions include Neil Peter Brown's *The Wild Robot*, Ms. Bixby's *Last Day* by John David Anderson and *The Inquisitor's Tale* by Adam Gidwitz. More information is available online at www.sanlib.org or by calling the library at 472-2483 ext. 201.

Learn about your Medicare options at the Informed Choice educational event from noon to 4 p.m. on Monday, February 13.

Also on February 13 at 2 p.m. there will be a book signing with Dr. Ellen Kenner, author of *The Selfish Path To Romance*. Kenner is an author, lecturer, talk show host and contributor to national magazines and has been featured on popular health and wellness sites.

Join Sanibel Public Library's Betsy Eidem for some Stirring Stories about French kitchen gardens. "Potager" kitchen gardens intermingle vegetables, fruits, flowers and herbs. Stirring Stories with Betsy is at 10 a.m. on Tuesday, February 14.

The public is invited to these library

programs. There is no registration required or any additional cost to participate. For more information about the Sanibel Public Library, call 472-2483 or visit www.sanlib.org.

Shopping Event To Benefit Historical Society

The J. McLaughlin store located in Chadwick's Square on Captiva will host a Sip & Shop to benefit the Captiva Island Historical Society (CIHS) on Friday, February 17 from 1 to 5 p.m.

The store will offer refreshments, and donate a portion of their sales.

Shoppers will have an opportunity to buy a limited edition signed and numbered giclee print of the illustrated map commissioned by CIHS showing highlights of favorite features of Captiva and Sanibel islands.

The Captiva historical documentary DVDs will also be available for purchase. These DVDs capture the spirit of Captiva history; they are sold individually or as a collection.

The primary mission of the Captiva Island Historical Society is to preserve, interpret and share Captiva's history. Visitors to the History Gallery, located inside the Captiva Memorial Library, can enjoy the interactive and interpretive displays by boarding the replica of the *Santiva*, the pre-causeway mailboat.

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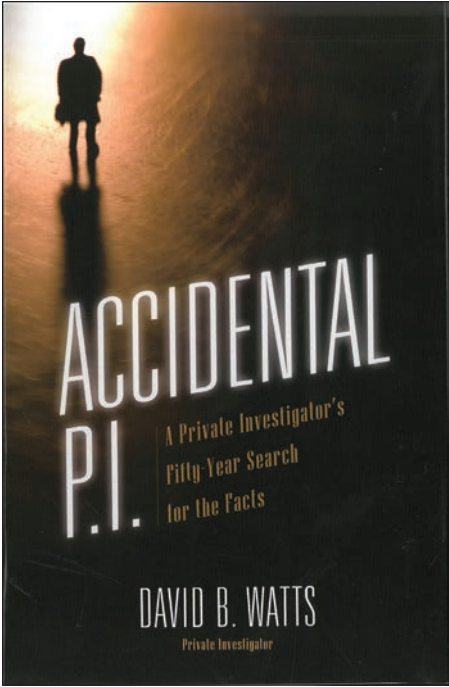
Book Signing

MacIntosh Books & Paper will host local author David B. Watts, a licensed Florida private investigator and former New Jersey police detective, for a book signing beginning at 11 a.m. on Friday, February 24. Watts will be introducing and signing copies of his book *Accidental PI, A Private Investigator's Fifty-Year Search For The Facts*.

Accidental PI offers a fast-paced, rollicking sneak peek into the four-decade career of a private investigator. This is a real-life private investigator's story: his journey, his cases and his perspective on the legal system. Spending his early years in law enforcement, Watts then moved on into the fascinating world of private investigations. Avoiding matrimonial cases, he stuck to conducting investigations for law firms, insurance companies and many of the so-called Fortune 500. Watts takes on the hypocrisy often evident in the civil system by citing examples and without apology.

He and his wife of 54 years, Linda, carved their niche in the private sector by throwing themselves into their work and never taking no for an answer. They persevered and their personal story is an example of overcoming obstacles and setting the standard for others in the field. Humor, a serious avenue for them, comes through in the telling as well.

With decades of all kinds of cases in his files, Watts provides vivid descriptions of what private investigation work really entails – not like on television or in the movies.



Murder, fraud, sex, corruption and even a race riot are all on the menu here. Far from a dry narrative, *Accidental PI* is a thrilling ride that puts you right up front and in the action.

A former Captiva resident, he and Linda now reside in New Jersey and spend their winters on Sanibel Island.

Sanibel's own *New York Times* best-selling author, Randy Wayne White, said, "I thoroughly enjoyed *Accidental PI* by David B. Watts. It is a riveting series of tales that are all the more compelling because they are fact, not fiction, although Watts writes with the skill of a novelist."

MacIntosh Books & Paper is located at 2330 Palm Ridge Road in Palm Ridge Place.*

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Arts & Crafts Fair – Saturday, February 4 from 9 a.m. to 2 p.m. More than 40 local vendors will be selling their creative designs. Pottery, shell designs, paintings, fabric art, jewelry, glass works, books, tropical plants, photography, wreaths and canned goods. Sponsored by the Center 4 Life and Island Seniors, Inc. There will be a bargain priced hot dog lunch for hungry guests.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The featured book on Wednesday, February 8 at 2:30 p.m. is *Cry, the Beloved Country* by Alan Paton.

"*Cry, the Beloved Country, the most famous and important novel in South Africa's history, was an immediate worldwide bestseller in 1948. Paton's impassioned novel about a black man's country under white man's law is a work of searing beauty. Cry, the Beloved Country is the deeply moving story of the Zulu pastor Stephen Kumalo and his son, Absalom, set against the background of a land and a people riven by racial injustice. Remarkable for its lyricism, unforgettable for character and incident, Cry, the Beloved Country is a classic work of love and hope, courage and endurance, born of the dignity of man.*" – Goodreads

The Dali Museum & Museum of Fine Arts – Tuesday, February 7. Cost is \$72 for members and \$77 for non-members.

Travel to St. Petersburg's leading art destination throughout the country. First stop is the Dali Museum for a docent-led tour. Then next door to the Museum of Fine Arts for lunch (on your own) in the café. After lunch, a docent will provide a tour to wrap up the day in St. Petersburg. Advanced registration is required. Limited to 30 participants. First come, first served. Sign up deadline is February 3.

Keeping up with Technology with Gerard Damiano – Lesson 1: iPad Basics – Tuesday, February 7, 9 a.m. to 12 p.m. Cost is \$50 for members and \$75 for non-members.

Navigate the multi-touch screen interface and learn about the iPad's hardware and settings. Discover typing techniques and tricks that will give you the functionality of a full keyboard. Cut, copy and paste. Spell check and look up words as you go. Maintain your battery, and back up your data using iCloud. Register in advance. Bring your own device. Be prepared to use your Apple ID and password.

AARP Driver Safety Course – Thursdays, February 23 and March 2, 1 to 4 p.m. Course fee is \$20 and AARP members receive a \$5 discount.

Island Seniors, Inc. is sponsoring the AARP Driver Safety course. This is a fast-paced interactive six-hour class for

drivers 50 and older to learn proven safety strategies such as rules of the road and how to deal with aggressive drivers to help you maintain confidence in your driving. You will be eligible for a discount on your auto insurance. Classes will be held at the Center 4 Life. Register by contacting Ed VanderHey at 292-4012. You need not be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Register by noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.
BINGO – Friday, February 24 at 1 p.m.

Kayaking on Tuesdays and Thursdays – February 7 and 9 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes
Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

Share your community news with us.
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Arts & Crafts Fair

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Center 4 Life

Palm Ridge Rd. & 2401 Library Way, Sanibel, 472-5743

The Community House

Homemade Pasta 101

Grab your apron and roll up your sleeves for a hands-on cooking class. Learn to prepare homemade pasta and sauces with Chef Loretta Paganini on Saturday, February 4 at 10 a.m. On the menu is Lasagne Verdi alla Bolognese, Ricotta Cavatelli with Pomodoro Sauce, Tagliatelle with Mushroom Alfredo Sauce and Chocolate Fettuccini with Raspberry Sauce.

Cost is \$95 per person. Due to limited space, prepaid reservation are required.

Addiction And Those Impacted By Addiction

A discussion on addiction and people impacted by addiction will be held on Monday, February 6 from 10 to 11:30 a.m. Anyone who has questions about the disease is welcome to attend.

The program will be an introduction to all facets of addiction, including: How to talk to your children or loved one about drug and alcohol use; How you know when your child is in trouble; What are the signs to look for?; How can I get some help for my adolescent and my family? These issues do not apply only to adolescents.

One in every three families is affected by addiction. For every person struggling with addiction, there are at least five others impacted by the disease.

This program will look at intervention, co-dependence, adult children of alcoholics, impact on siblings and how to keep your family healthy.

Anna Tamblyn, a 30-plus year veteran working with families struggling with addiction, will lead the discussion.

2 Over 1 Bridge Lessons

Susan Willoughby will give Beginners and 2 Over 1 Bridge Lessons from 9 to 11:30 a.m. on Tuesdays and Thursdays. No experience is necessary. Willoughby is known on the island for her American Contract Bridge League Club directorship and sanctioned league games.

Students can explore either the Beginner-level basics or 2 Over 1 play (two separate classes) in four sessions. The 2 Over 1 classes will be held the first Tuesday of the month beginning February 7 and the Beginners class will be held the first Thursday of the month beginning February 9. Multiple sessions (meeting each week) are included in your tuition, with a specific "pack" of dates to enhance student progression. Cancellations are at the discretion of the staff and the instructor. Refunds are available where applicable.

Cost is \$75 for members and \$85 for guest for four sessions.

Duplicate Bridge sessions are held on Tuesdays and Thursdays from 12:30 to 4 p.m.

Coloful Sips

Sissi Janku will hold her popular Colorful Sips painting class on Wednesdays. The next class is



Palm and Boat by Sissi Janku

image provided

February 15 from 7 to 9 p.m. Cost is \$45 for members and \$55 for guests. No experience is necessary.

Students will explore new ways to paint with acrylics. Students will produce their take on a common theme by exploring various styles. All materials are provided. Bring a snack.

Open House

The Community House open house will be held on Sunday, February 12 from 3 to 6 p.m. Bring an idea of a small item you'd like to put in a time capsule, tour the remodeled house, and have some barbecue provided by Sanibel Catering Company by Baileys.

Desserts will be provided by The Sanibel Bean. There will be garden tours, kitchen demonstrations, and brewery and spirit samples.

The Community House is at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.*

Symphony Concert

On Wednesday, February 8, the Sidney & Berne Davis Art Center (SBDAC) will host a night of orchestral music with choral accompaniment. Guest conductor Dr. Trent Brown and the Florida Gulf Coast University Chamber Chorus perform for an intimate audience as part of Southwest Florida Symphony's Small Stage Symphonies.

The program includes JS Bach's *Brandenburg Concerto No. 2, F major*; Mendelssohn's *Heilig und Richte mich Gott*; Bach's *Jesu, meine Freude*; Vivaldi's *Symphony in G Minor* and *Gloria*.

SBDAC is located at 2301 First Street in the historic downtown Fort Myers River District. Visit www.swflso.org/concerts/small-stage-symphonies/ and www.swflso.org/ for more information.*



Kristen van Ginhoven

photos courtesy Zonta of Sanibel/Captiva

Zonta Seeks To Empower Through The Arts

submitted by Dalia Jakubauskas

The dramatic arts and women's empowerment come together on Thursday, February 2 at BIG ARTS for the Zonta Club of Sanibel/Captiva's third and final installment of its Women's Empowerment Series (WES). Featuring Kristen van Ginhoven of WAM Theatre: Where Arts and Activism Meet, it is



Charlotte Newell

presented in partnership with BIG ARTS and scheduled for 7 p.m. in Schein Hall, located at 900 Dunlop Road.

The presentation caps off a successful series of programs designed to stimulate a community conversation about freedom through economic empowerment. The series featured local and national nonprofits that offer women a way out of poverty, addiction and the sex trade through social enterprise.

"We Zontians have been so encouraged by the comments of those attending the Women's Empowerment

continued on page 36

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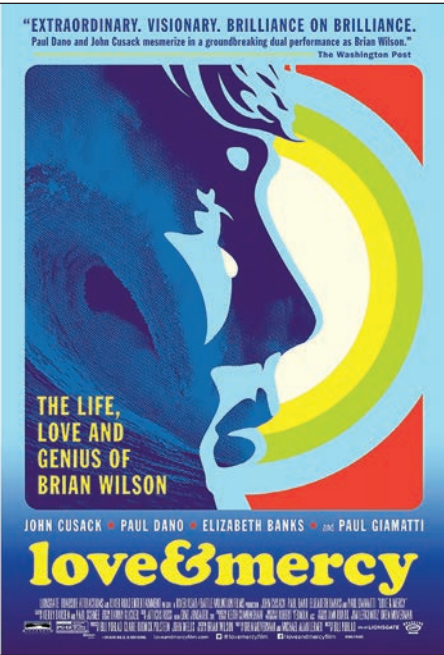
SATURDAY, FEBRUARY 11, 2017 at 6:30PM

The Dunes Golf & Tennis Club

Sponsorship and ticket information available at SanibelCHR.org or by emailing info@sanibelchr.org.

BIG ARTS Monday Night Film Series

Love & Mercy



by Di Saggau

The BIG ARTS Monday Night Movie for February 6 is

Love & Mercy, a smart, refreshingly unconventional biopic directed by Bill Pohlad. It explores both the mental world and the artistic method of a great artist, Brian Wilson of the famous Beach Boys. Pohlad makes witnessing the creation of a record as exciting as hearing a classic song for the first time. In the recording studio, we observe Wilson, played in his 20s by Paul Dano, putting together *Pet Sounds*, one of the great albums of its era.

The film shifts back and forth from the 1960s to the 1980s, when Wilson, now played by John Cusack, first meets Melinda Ledbetter (Elizabeth Banks) in a Cadillac showroom in Los Angeles. Their courtship is complicated by Eugene Landy (Paul Giamatti), a

psychologist who serves as Brian's guru, dietician and legal guardian. He is a recognizable type of villain whose smile will give you nightmares as well as his hair.

Dano and Cusack create a remarkable composite performance, a set of before-and-after pictures that is also a perfectly unified, hauntingly complex portrait. The film doesn't push too far into Freudian psychodrama. Wilson's mental collapse is not directly attributed to his abusive father or to the pressures of fame. At a certain point, the sounds in his head take on a sinister cast, and his odd behavior and paranoid ramblings frighten everyone.

The '60s half of the film is a trippy excursion into a golden piece of California past. The '80s section is spooky Los Angeles noir told almost exclusively from Melinda's perspective. One moving scene is when Wilson plays *God Only Knows* for his father, who sits scowling in his bathroom with drink in hand, and dismisses it as "wishy-washy." Wilson's spirit was crushed by two domineering deeply abusive father figures and only Melinda, a strong woman, could finally liberate him.

Love & Mercy doesn't claim to solve the mystery of Brian Wilson, but it succeeds beyond all expectation in making you hear where he was coming from. The film runs 121 minutes. The moderator for the evening is Gil Peters.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and the *Island Sun*. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.✱

Read us online at
IslandSunNews.com

BIG ARTS Celebrates Donors At Angel Appreciation Event



From left, Ted and Kathryn Simpson, Tom Kulina, Larry and Leslie Medley, and Lee Ellen Harder photo courtesy BIG ARTS

BIG ARTS is an institution that relies upon and is strengthened by the contributions of its members, donors and sponsors. In celebration of those special people, Schein Hall was transformed into a cocktail party setting for an Angel Appreciation evening.

BIG ARTS Angel donors were greeted by the smooth sounds of Island Jazz upon entering Schein Hall, where an array of hors d'oeuvres, desserts and cocktails were served. Dancing and friendly conversation soon followed. Don Rice and Lee Ellen Harder, president of the board of directors and executive director of BIG ARTS, respectively, gave thanks to the generosity of the supporters and introduced Wells Fargo Private Bank as the event's corporate sponsor.

For information on supporting BIG ARTS, visit www.bigarts.org/donate/. Call 395-0900 to learn more about BIG ARTS.✱

From page 35

Zonta



Patti Sweeney

Series," said WES organizer Carol Gestwicki. "It has been exciting to see people from different groups come together to be inspired."

The February 2 program will begin

with a showing of a portion of the documentary *Half the Sky* by Pulitzer Prize winners Nicholas Kristof and Sheryl WuDunn, focusing on women's economic empowerment in Kenya. It will be followed by a presentation by Charlotte Newell of the Women's Foundation of Southwest Florida, who will discuss microloan programs benefitting women in our area. Local entrepreneur and soap maker Patti Sweeney, one of the success stories from the January 5 WES event, will also describe how a micro grant helped her business.

The evening will conclude with a multi-media presentation by WAM Theatre, the brainchild of van Ginhoven, who was inspired to start the theater in 2010 after reading the book *Half the Sky*. Located in the Berkshires, WAM is a philanthropic organization that seeks to create opportunity for women and girls by employing them in the arts and giving a portion of its proceeds to groups who serve that population.

With the series conclusion, Zonta hopes the community will be inspired to get involved, said Gestwicki. "After the series ends, we will be publishing a comprehensive list of how people can help. The need and our involvement will not end when the series ends," she said.

Tickets are \$15, available at the BIG ARTS box office, at www.BIGARTS.org or at the door. To learn more about Zonta, go to www.zontasancap.com.✱

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Peter The Little Irish Seal

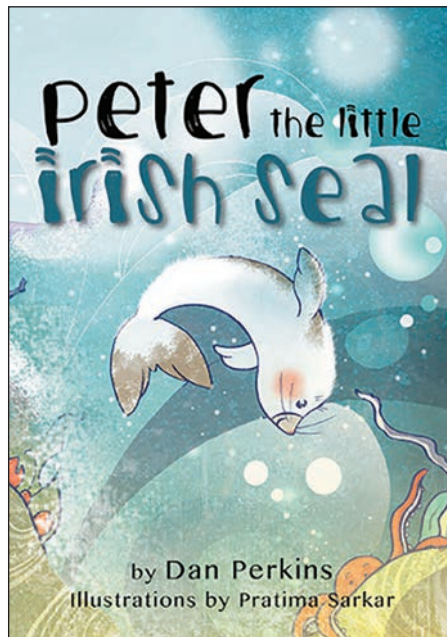


by Di Saggau

Dan Perkins, a Sanibel resident, is known for his books about terrorism, so I was surprised when I received his latest book *Peter The Little Irish Seal*. It's a delightful "read-to-me" book for

children aged 2 to 7 years, but also for children of all ages, including parents and grandparents. It's a story about a very special relationship between a mother and her child.

Peter and his mother are Selkies, and according to Celtic folklore, a Selkie can



shed its skin and become human. Before this is possible, Mama Kim must teach Peter how to sustain himself by learning to swim and catch his own food. Peter's mother knows that someday she must tell him of his special power, and she also knows that he will leave her one day and go out on his own.

Perkins told me that his youngest son is married to a woman of Irish descent and they return to Dublin almost every year to visit family. Their new son is named Peter Ronan, which stands for Little Irish Seal. They have noticed how an influx of people from the Middle East is changing Ireland. Perkins decided to write a story that could preserve Irish folklore for generations to come. During his research about the history of the little Irish seal, he found that the folklore about the Selkie dates back to the 5th century, perhaps even longer.

The book is beautifully illustrated and is a wonderful story about the nurturing

relationship between a mother and son. The story begins on Skellig Island, just off the southwest coast of Ireland. We follow Peter, a three-day old seal, as he explores the island with his mother. Mama Kim warns Peter to be careful if he gets too close to the mainland because his life may change forever. Unlike many other children's books, this one leaves you with questions that will be answered in the next installment. Perkins plans to publish one new book a year about Peter.

Peter The Little Irish Seal is available in paperback and hardcover at Amazon or Barnes and Noble and bookstores on the island can order it for you. A special offer exists on his website www.danperkins.guru. You can get the book in hardcover along with a beautiful plush Irish seal toy for \$25 plus shipping and handling. That way 10 percent of the purchase price is donated to help soldiers with PTSD.*

School Smart



by Shelley M. Gregg, NCSPE

Dear Readers, Here is the third column about the Special Education Evaluation process and its' implications. Last week, I discussed what it

means to be found ineligible for special services. This week, I will explain how a student is found eligible for Special Education services and the subsequent processes.

We will begin at the eligibility meeting that is held after all the evaluation information is collected and the testing is completed. Every eligibility meeting should include the parents, an administrator, the classroom teacher, a Special Education teacher and everyone who completed an assessment of the child typically the school psychologist, educational diagnostician, speech pathologist, occupational therapist and school social worker. There may be more or fewer specialists present depending on the child's needs.

Eligibility is then determined by applying the regulations of the Individuals with Disabilities Act (IDEA) that have been made law by the federal government. Each state interprets the laws, and then the local school districts interpret the laws and establish their guidelines, which should not veer from federal or state ones. There are 13 disability categories in which a student can be eligible to receive special education services. They are autism, developmental delay, deaf – blindness, emotional disability, hearing impairment (including deafness), intellectual disability, multiple disabilities, orthopedic impairment, other health impairment, specific learning disability, speech or language impairment, traumatic brain injury and vision impaired (including blindness). Each category has a federal definition and it is up to a school

system to evaluate and determine if specific criteria are met within a particular category. The school system typically completes an evaluation based on the suspected disability. At the eligibility meeting, the evaluations are presented and then the team looks at the criteria for the suspected disability and determines whether the student is eligible to receive special education services.

Once a child is eligible for special education services, the school has 30 days to develop an Individualized Educational Plan (IEP) for the student. The IEP will consist of present levels of performance, accommodations, goals and describe how they will be measured and the services offered. Parents are part of a committee to help create this document. Once the IEP is signed, schools are legally required to follow it. It is reviewed at least once a year, unless parents or teachers feel that changes are necessary and then the changes should be addressed immediately. Progress reports on goal attainment are sent quarterly to the parents.

Every three years, the school is required to examine each student in special education and determine if he or she continues to qualify for special education services. Sometimes another full evaluation will be conducted, other times a review of records and updated teacher information is used. Parents must sign consent in order for testing to be completed.

The Special Education Evaluation process is a lengthy, time consuming and expensive one but absolutely essential and ensures that all students may have the opportunity to participate in reaching their educational potential.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

At The Height Of My Pretentiousness

by Tanya Hochschild

During my amble through early adulthood,
I wore black, read Sartre and de Beauvoir,
dated men with beautiful minds,
frequented avant garde bookstores
and coffee shops,
went to protest meetings.

We students were the coolest.
Shared life with blacks from the shacks
ignoring facts.
I lived in a home in a garden filled
with birdsong,
a pool, a tennis court,
was never brought up short,

given second chances by loving
parents
who provided everything.

At the height of my pretentiousness,
I enjoyed a first-world life
in a third-world country.
The art of owning youth,
health,
a car,
front door keys,
all acquired with ease,
yet treated with nonchalance
never thinking there was a chance
all of it I could easily lose.

Our crowd went barefoot because we
could afford shoes.

I made lists of books I should be
reading,
about lives I imagined leading,
rejected middle-class existence.
Did not understand consequence,
circumstance.
Yearned for instability,
excitement,
rebelled – but not too much.

I knew how far to go.
I knew how close to stay.
I thought I was a modern woman
when all I was,
was a fortunate child.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in *Artpoems* and *Writer's Reads* on the island, and had two books published.*

Top Ten Books On The Island

1. *The Handmaid's Tale* by Margaret Atwood
2. *A Gift From The Sea* by Anne Morrow Lindbergh
3. *A Man Called Ove* by Frederik Backman
4. *Remarkable Women of Sanibel & Captiva* by Jeri Magg

5. *The Book of Joy* by Dalai Lama and Desmond Tutu
 6. *Heart of the Sanibel Sunset Detective* by Ron Base
 7. *Hillbilly Elegy* by J. D. Vance
 8. *Hidden Figures* by Margot Lee Shetterly
 9. *The Family Fang* by Kevin Wilson
 10. *Our Souls at Night* by Kent Haruf
- Courtesy of MacIntosh Books and Paper*

Highlights Of The 4th Annual Sanibel-Captiva Heart Walk



Participants at Sunday's 4th annual Sanibel-Captiva Heart Walk, staged in the parking lot of Doc Ford's Rum Bar & Grille, awaiting the official start of the 5K non-competitive walk along Island Inn Road
photos by Jeff Lysick



From left, Dr. Jose Leal, Kimberly Nealon and Mike Mullins, who won the silent auction for the painting Nealon created for the event



Carole and Michael Fallon



From left, Brian Boyd, Jason Maughan and Art Cassell



Allison Teger, center, a congenital heart disease survivor, with Sanibel Fire & Rescue District members Arian Moore and John DiMaria



American Heart Association representatives, from left, Tish Sargent, Leslie Amick and Donna Magruder



Magician Joey Evans, right, performing a card trick that amazed onlookers young and old



Ivana Disla getting her face painted by Alexandra Evans



San-Cap Heart Walk organizer Sandy Teger



Al Hanser of the Sanibel Captiva Trust Company



Dr. Paul DiGiorgi, chief of the cardiothoracic surgical section at Lee Health



Lilli Doster singing the National Anthem



Team from Lee Health



Team from Bat Yam Temple of the Islands



Team from St. Michael & All Angels Episcopal Church



Members of the Sanibel-Captiva Cub Scouts and Boy Scouts Pack 1740 performed the Pledge of Allegiance



Walkers beginning their 5K route along the shared use path on Tarpon Bay Road



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Conservation Photography Ethics Discussed

by Jeff Lysiak

A lecture on conservation photography ethics was offered last week by Alexis Horn, public outreach coordinator for the Sanibel-Captiva Conservation Foundation (SCCF), who shared her experiences as a biologist and educator, offering tips on being a responsible photographer.

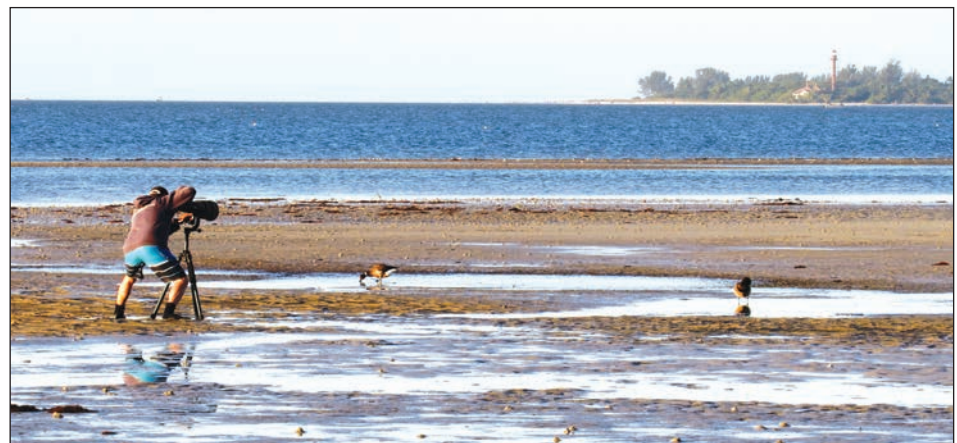
During her 60-minute presentation, Horn explained that with the rise of digital cameras and smartphones, the world of photography has been made accessible to just about everyone. "Wildlife and landscape photography are especially popular in Southwest Florida with our access to unique environments and species," the SCCF website explained. "But these ecosystems are fragile and knowing the best practices to protect a species makes for an ethical photographer."

Before joining SCCF, Horn worked



A family of curious otters approaching the camera at SCCF's Nature Center boardwalk
photo by Alexis Horn

as an endangered species biologist with the National Oceanic and Atmospheric Administration, served as an adjunct professor of biology and environmental



At Bunche Beach, a photographer getting too close to shorebirds foraging for food in the mud flats
photo by Audrey Albrecht

science, and ran the Florida Panther Campaign for the National Sierra Club. She said that using her skills as a biologist came "very naturally" to her.

"Conservation photography combines nature photography with an issue-oriented approach of documentary photography to become a tool for social change," she said. "The way animals are pictured may play a vital role in fostering

negative or affirmative attitudes and actions towards them."

According to Horn, photographs have tremendous power. They can stir strong personal emotions, are subject to individual interpretation, and may trigger a greater sense of responsibility. As an example, renowned photographer Ansel Adams' landscapes and images of nature – taken in the early to mid-1900s –

continued on page 27B

The Water Brothers Coming To Shell Museum For Special Screening



The Water Brothers, Alex and Tyler Mifflin

photo courtesy Bailey-Matthews National Shell Museum

The duo behind the award-winning Canadian public TV series *The Water Brothers* will be at the Bailey-Matthews National Shell Museum on Tuesday, March 7 to present the film *Acid Ocean*. This thought-provoking eco-documentary begins at 6:30 p.m. in the museum's auditorium, where the large screen will provide a dynamic viewing experience. Admission is \$20 (\$15 for museum mem-

bers), and reservations are required.

The Water Brothers, now in its fourth season, is the creation of real-life brothers Alex and Tyler Mifflin, who explore the world, covering the most important water stories of our time. In *Acid Ocean*, they address the alarming scenario caused by carbon dioxide seeping into the oceans. While this disaster seems straight out of science fiction, the reality is that it could lead to a mass extinction of marine life; yet it is largely unknown to the public.

In this far-reaching episode, the brothers travel to the Pacific Northwest, where they meet scallop and mussel farmers who are already experiencing the impacts of the phenomenon and losing millions of dollars. Diving near a volcano in Italy that causes nearby waters to be naturally higher in acidity, the brothers see firsthand what the rest of the ocean might look like in the future if the trend continues. They'll address the question: Can we stop the problem of ocean acidification before it's too late?

The Mifflin brothers are involved in every aspect of the series' production. At the screening, they will introduce the film and answer questions about their efforts and their adventures as *The Water Brothers*.

For more information and to make reservations, call 395-2233 or stop by the Bailey Matthews National Shell Museum, located at 3075 Sanibel-Captiva Road on Sanibel.✪

Arts And Crafts Fair This Saturday At Center 4 Life

The Center 4 Life will hold its Arts & Crafts Fair this Saturday, February 4 from 9 a.m. to 2 p.m. More than 40 local vendors will be

selling their wares, including pottery, paintings, fabric art, jewelry, glass work, books, tropical plants, photography and canned goods. There will also be a bargain priced hot dog lunch for hungry guests.

The Center 4 Life is located at 2401 Library Way. For more information, call 472-5743.

The fair is sponsored by the Center 4 Life and Island Seniors, Inc.✪

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Mitch Hutchcraft photos provided

Speakers To Discuss Fresh Water Priorities

submitted by Janis Cain

Fresh water management and priorities will be the focus of the Wednesday, February 15 luncheon at the Sundial Beach Resort & Spa, hosted by the League of Women Voters of Sanibel and open to the public. Striving to provide two different points of view, one speaker will present views from the perspective of land development and agriculture, while the other speaker will present the views of environmentalists.

Guest speaker Mitch Hutchcraft is



Rae Ann Wessel

the vice president of real estate for King Ranch and Consolidated Citrus. In 2013, he was appointed by Governor Rick Scott to the board of the South Florida Water Management District (SFWMD). Fellow guest speaker Rae Ann Wessel is the natural resource policy director for the Sanibel-Captiva Conservation Foundation (SCCF). She is a limnologist (a scientist who studies fresh water bodies) and marine scientist with over 30 years of experience working in the environmental field in South Florida.

The Sundial Beach Resort & Spa is located at 1451 Middle Gulf Drive. Registration begins at 11:30 a.m., with the lunch and program following from noon to 2 p.m. The cost is \$25 and reservations can be made by email to lwvsanibel@gmail.com.✱

FISH Client On The Road To Self-Sufficiency

One of FISH of SanCap's clients recently wrote about his experiences on becoming more self-sufficient with the assistance of the island social service agency:

"Since 7 years old, I have wanted to be self-sufficient and secure. Living with both parents and two younger brothers, I certainly felt I was well on my way. We didn't 'live large,' as they say; both my parents worked two jobs, maintained a modest home that we rented for years, and managed to keep me and my brothers out of trouble. Having just graduated high school, I was living at home while working full-time on Sanibel to save for school. I was so excited to begin my journey to becoming an RN."

David, quoted above, first became involved with FISH when his father had a stroke. With his father no longer able to work, David had to put his dreams of becoming an RN on hold. During that time, David began working two jobs, helping his mother manage the household, and keep up with the bills. Through this demanding time, however, David never lost sight of his long desire to be self-sufficient. As difficult as it was, he held his head high and enrolled in part-time night courses.

"I had to keep my eye on the prize, so to speak. I want to be an RN more than anything, so I found a way to keep my head in the game," said David.

Through rehabilitation, David's dad has recovered with minor impairments, and now works part-time hours. Realizing how one medical emergency can become a major household setback, David has set his sights on yet another dream; home ownership. Not knowing if this was even a possibility, David turned to FISH for resources. He attended all of the FISH-sponsored budgeting and financial management courses. He received community referrals from FISH on real estate and financing sources. After much research and assistance from his entire family, David and his family closed on their off-island home in late October.

David still continues to work on Sanibel while pursuing his RN degree. He is about halfway through, getting good grades and enjoying the stability of having a family home where he, his parents and brothers can live and take care of each other. David is one determined, proactive young man; he has already set up an appointment with FISH to discuss adult continuing education scholarships, should he fit the criteria.

"Everyone at FISH was so supportive of me, my family and my dreams," David added. "They helped me understand how to make those dreams a reality and pointed me in the right direction toward something I've wanted since I was 7: self-sufficiency and security."✱

Rotary Happenings

submitted by Shirley Jewell

Amazingly, Rotary finds the most interesting speakers every week for our regular Friday morning meetings. Some are more serious than others and some are funnier than others. This week's speaker sort of falls into both categories.



Jim Graham photo provided

up the height increase. No, he didn't follow his grandfather's advice: "Rap yourself with a hammer on the top middle portion of your head, just before being measured again... the knot on top will give you that half-inch." Nope, Graham had his own plan. He built a stretch rack in his bed. He put a stretched-out towel under his chin, attached it to the top of the bed, attached 35-pound sash weights to his overshoes, hung his legs over the footboard of the bed, and stayed that way for two weeks, only getting up to go to the bathroom.

But did it work?

The day had come to be measured. His father carried him to the military doctor's office, placed him on the height measuring table, and viola! Graham was measured at 5 feet, 6 inches. He was officially accepted in the Navy officer training program and was awarded a scholarship to Purdue University.

After graduating from Purdue, Graham received his Navy commission. But before moving on to flight-training school, another problem arose. When sitting in the cockpit of his SSMJ plane, Graham's height became an issue again. He couldn't be seen or see

out of the cockpit. Solution good or bad, he needed three cushions under him and two cushions behind him to fly the aircraft. However, as part of his flight maneuver training, he had to demonstrate an acrobatic slow roll. Not so easy, especially if you can't reach the floor pedals for this maneuver. He could reach them by lowering the seat, but then he couldn't see out of the plane even with his cushions. Now what? Well, who needs to see out the window; you just should be able to do it by reading your instruments. I guess that worked because he became a Navy pilot with the highest grades in his class.

Graham had many stories to tell about his adventures as a naval pilot. One of his earliest experiences was as a night fighter pilot on a Navy carrier and trying to land during heavy seas with a very low gas reading and a 161 miles per hour landing speed. His first attempt to trip the wire failed. Second... fail. Third...fail. His fourth attempt finally caught the wire... but with the plane's gas gauge reading empty.

Many heroic flight missions took place in many parts of the world for Graham. Aircraft carrier duty is stressful. Lots of things can and sometimes do go wrong. Men and now women can get hurt, accidents happen, and not only do pilots get hurt, but those on deck, too. One story was told of a plane about to take off getting the flag signal to go and not aware that a crew member was underneath the plane adjusting the wing flap. Another crew member saw what was happening and

stepped in front of the plane to stop take off. The plane did stop, but not in time to save the crew member's hand from being cut off by the descending wing.

Graham wanted to show off his favorite planes and presented a slide show of some of them. He told funny stories of the early planes, some of which flew even though they had some obvious design flaws. A propeller plane used in combat during wartime, where the machine guns were supposedly synced to avoid hitting their propellers... good luck with that one. F-2H Banshees, whose engines were known to catch on fire. Planes that served their country and helped our nation stay safe, flown by brave pilots always keeping their missions first, ahead of their own safety.

How you measure a man or woman's worth is not by how tall they are or how rich they are but what they do with their life. Graham has had a life of service in business, community, the military and in international service. He and his wife, Roberta, are Rotarians and have served Rotary in many ways. They have traveled to Damascus, Syria, Jordan, South Africa and Afghanistan in pursuit of Rotary's goal of eradication of polio in the world. There is so much more to tell about these two remarkable individuals; they exemplify what a Rotarian really is.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

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- 4,000+ S.F. Living, Lg. Screened Pool Area
- \$899,000 MLS 216077610
- McMurray & Nette 239.281.4435

PALM ISLE AT PARKER LAKES



- Lakefront 3 Bedroom, 2 Bath Home
- Water Views, Enclosed Lanai, Vaulted Ceilings
- 2-Car Garage w/Screened Door & Storage
- \$259,000 MLS 216073455
- Jason Lomano 239.470.8628

BUSINESS MINDED



- Commercial Real Estate
- Restaurants
- Car Wash
- Price Available Upon Request
- Tracy Walters 239.994.7975

PINE COVE



- 3 BR, 2 BA Direct Gulf Front Condo
- \$103,000 in Rental Income in 2016
- 5-Star Guest Rating
- \$1,479,000 MLS 216030390
- Cindy Sitton 239.810.4772

SUNSET BEACH VILLA 2318



- Direct Sunset View from Screened Lanai
- 2 BR, 2 BA, Granite Counters, Tile Floors
- Corner Location w/2 Extra Windows
- \$595,000 MLS 216015302
- Fred Newman & Vicki Panico 239.826.2704

CLEARED LOT ON SANIBEL RIVER NEW PRICE



- Great High & Dry Building Lot
- Beautiful Views of Sanibel River
- Close to Beach, Deeded Beach Access
- \$279,000 MLS 216052822
- Andre Arensman 239.233.1414

COLONY TRACE



- Gorgeous 4 BR, 3 BA Pool Home
- Excellent for Entertaining w/Open Kitchen
- Poolside Cabana, Brick Paver Lanai
- \$339,900 MLS 216075804
- Jason Lomano 239.470.8628

PALMIRA GOLF & COUNTRY CLUB



- Gorgeous Lakefront Estate Home in Gated CC
- Water Views, Pool/Spa, Outdoor Kitchen
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- \$899,999 MLS 216061478
- Jason Lomano 239.470.8628

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- <http://www.listandtour.com/3557.html>
- Tropical Oasis w/135' of Beachfrontage
- Pool Style House w/Awesome Decking offering Beach Views
- 3/4 BD w/En-Suites, Immaculate Condition
- Price \$4,500,000



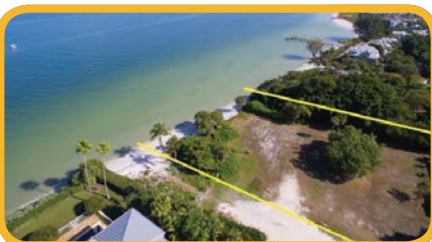
SANIBEL ISLAND - GULF FRONT

- <http://www.listandtour.com/900.html>
- Gorgeous remodeled 4 bedroom Beach House
- Spectacular Panoramic Views of the Gulf of Mexico
- Community Pool & Tennis
- Price \$3,595,000



SANIBEL ESTATES

- <http://www.listandtour.com/536.html>
- 4BD, 4.5BA, Fantastic Pool Area
- Professionally Designed and Finished
- Incredible Panoramic Bay Views
- Price \$3,495,000



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CAPTIVA ISLAND BAYFRONT COMPOUND

- <http://www.listandtour.com/17101.html>
- Spectacular Main & Guest House Estate
- Boat Lift & Dock - Amazing fishing & natural beauty
- Price 2,995,000



SANIBEL ISLAND

- <http://www.listandtour.com/1237nb.html>
- 5/6 BR Suites, 6.5 BA, Fantastic Pool & Spa
- Elevator, Private Gym, Playroom
- Southern Exposure, Exquisite Detail
- Multi-Deck Space, Minutes to Bay & Gulf
- Price \$2,280,000



CAPTIVA ISLAND COMPOUND

- <http://www.listandtour.com/16537nb.html>
- Step Back in Time to "Old Captiva"
- Multiple Dwellings & Parcels w/Beach Access
- Boat Basin w/Multiple Docks & Lifts
- Price \$2,000,000



NEW PRICE

SANIBEL/KINZIE ISLAND

- <http://www.listandtour.com/598.html>
- Beautiful Gated Community
- Gorgeous Newly Remodeled 3 Bedrooms + Den/4th BD
- Beautiful Curb Appeal, Raised Pool, Boat Lift
- Price \$1,595,000



THE SANCTUARY - SANIBEL ISLAND

- <http://www.listandtour.com/2302.html>
- Gorgeous Newer 4BD/5BA offering 4,293 Living sq. ft.
- Gorgeous Views of Sanctuary #12 Green & Lake
- Awesome Open Floor Plan Flowing Out to Pool & Spa Area
- Price \$1,595,000



SANIBEL ISLAND - CANAL FRONT

- <http://www.listandtour.com/6101.html>
- Newly Remodeled w/Gorgeous Interior
- 3 BD/4 BBA Wonderful Pool Area
- Very Private w/Lots of Bonus Goodies. 3/4 Acre Lot
- Price 1,295,000



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- http://www.listandtour.com/937_3512.html
- Beautifully Remodeled 2BD/2BA Gulf View Condo
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Rotary Club of Sanibel Captiva President Charlie Emerson and Arts & Crafts Fair Committee Chairman Scot Congress and Rotarian Chet Sadler accept a sponsorship check from Sanibel Captiva Trust Company's Founder and Chairman Al Hanser, along with Executive Vice Presidents Steve Greenstein and Robin Cook

photo courtesy SCTC

Trust Company Sponsors Rotary Arts And Crafts Fair

The Sanibel Captiva Trust Company (SCTC) is a Bronze Sponsor of one of Sanibel's premier arts and crafts fair presented by The Sanibel-Captiva Rotary Club. There are more than 100 juried artists and craftsmen showcasing their wares on the grounds of The Community House during Presidents Day weekend in February.

"Rotary's arts and crafts fair is a long-running event that has become more than just an art fair," said trust company founder and chairman Al Hanser. "It is a celebration of community spirit and we are proud to be a part of it."

The Rotary Arts & Crafts Fair formed in 1984 out of a pancake breakfast, when artists requested to display their work during the breakfast. Four years later, the art show doubled in size and was moved to The Sanibel School recreational area. In 2003, it returned to The Community House and continues to be one of the largest-attended and beloved island events.

"With the support of the trust company and other generous sponsors, the fair has raised hundreds of thousands of dollars to support projects close to the hearts of Rotarians over the past three decades," said Scot Congress, chairman of the arts and crafts fair committee. "There are two endowed scholarships at the University of Florida and Florida Gulf Coast University, a cafeteria/auditorium at the Sanibel School and so much more."

While searching for that perfect treasure or gift at the fair, grab a bite of food and peruse the displays from the several charity projects supported by the Rotary Club. Artists from around the country will have wearable art, sculpture, paintings, photography, wood working, painted furniture, jewelry and other items. The fair is from 10 a.m. to 5 p.m. Saturday, February 18 and 9 a.m. to 4 p.m. Sunday, February 19.✽

Free Tax Filing Assistance

submitted by Chauncey and Allison Goss, Sanibel-Captiva United Way Campaign Committee Members

One of the many services that our United Way provides helps thousands of citizens make the most of their tax returns. Volunteer Income Tax Assistance (VITA) is a free tax filing service available to individuals and families making \$60,000 or less. The service is available at the Sanibel-Captiva United Way House, which is operated by FISH.

Assistance will be available at nine locations in Lee County, and free online filing on your own is available at MyFreeTaxes.com, which offers a toll-free helpline or a web chat when self-filing.

United Way VITA services will be available beginning January 24 and continue through the tax filing deadline of April 18. A few VITA sites are open year round.

VITA tax preparers are trained on credits and deductions for which people who make less than \$60,000 a year are frequently eligible. For example, the Earned Income Tax Credit (EITC) meant up to \$6,269 for families making less than \$54,000 in 2015

Last year, 91 VITA tax preparers filed 3,580 returns, which brought over \$4.6 million back to tax payers in Southwest Florida. The average refund was about \$1800. That is truly meaningful money for families or seniors

with modest incomes. For a family in need, the refund could help with lingering debts, medical expenses, or delinquent mortgage payments. United Way wants hard-working individuals and families keeping more of what they earn in their own pockets. For a family in need, that could help with lingering debts, medical expenses, or delinquent mortgage payments.

Volunteer preparers have related stories of many taxpayers who were overjoyed with the assistance and the refunds they received. A mother and daughter, who had been struggling to pay bills and who had also gotten food and other assistance at a United Way House, said that the refund obtained through the VITA service allowed them to pay off debts and helped her daughter to continue at Florida Southwestern State College. The mother wrote, "Thank you for all you do from the bottom of our hearts. It is a blessing to see my daughter continue her education."

Appointments are necessary, but are easy to arrange by visiting the United Way website at www.UnitedWayLee.org/freetaxprep/, or by calling United 211 at 2-1-1, or 433-3900. The United Way House and FISH are located at 2430-B Periwinkle Way on Sanibel.

As we wrap up this year's United Way Campaign, join Allison and me in supporting our great Partner Agencies and programs such as VITA. You can give by returning the pledge card you received in the mail, or by calling 433-2000 ext. 221. You can also give securely online at www.UnitedWayLee.org/Donate.✽

American Legion Post 123

On Sunday, February 5, American Legion Post 123 will be offering a Super Bowl Tailgate Party with a free buffet starting at 1 p.m. A 9-Ball Tournament will begin at 1 p.m. and live music with Trouble will be offered starting at approximately 2 p.m. Also, a raffle for a 50-inch flatscreen TV will be held.

On Tuesday, February 7, Post 123 will host the Ladies Auxiliary meeting starting at 6 p.m. On Wednesday, February 8, the American Legion General Meeting will begin at 6 p.m.

On Saturday, February 11, the inaugural Auxiliary 123 Sale will take

place, with proceeds going to assist local veterans.

Every Monday is an 8-ball pool league at 5 p.m. Stop in and watch some good shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has shell ornaments available. If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✽

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Life Enrichment Series

New Opportunities at Shell Point

The public is invited and many of these events are **FREE**!
Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more!

explore imagine laugh learn play create inspire

**Feb
2017**



FREE Feb 4 to 21

**AGELESS
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The Artists of Shell Point

from 9am–5pm. Genius can find new expression with age. This art exhibition features 188 works of art produced during the retirement years of the 49 Shell Point resident artists, who range in age from the early 60s to mid-90s. Admission is free, including opening night. **For information, visit www.shellpoint.org/agelesscreativity.**



Learn more about Shell Point

Feb 7, 8, 14, 15, 21 & 22 at 9:30am

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that showcases the community's resort-style retirement options and amenities. These presentations will also share information about the upcoming expansion in The Estuary neighborhood, which offers single-family signature homes and twin villas. **Admission is free. Call (239) 228-4080 to reserve your place.**



FREE



Feb 16 **River City Brass** at



7:30pm. This group's signature style includes featured concert performances by superb soloists and a powerful repertoire from classical to pops, and from jazz to marches.

Tickets are \$35. Visit www.shellpoint.org/concerts, or call (239) 454-2067.

Feb 28 **The Barbary Coast Dixieland Band**

at 7:30pm. Together since 1967, the Band returns to the Shell Point stage for a final Florida performance.

These versatile musicians, who occasionally swap instruments on stage without missing a note, will have you tapping your feet to Dixieland tunes.

Tickets are \$15. Visit www.shellpoint.org/concerts or call (239) 454-2067.



Feb 28 **Istanbul, the Straits of the Bosphorus and the Dardanelles**

from 10am to 11:30am. Istanbul sits at the southern end of the Bosphorus and has controlled the entrance into the Straits for over 2,500 years, limiting Russia's access to the sea. History enthusiast and Shell Point resident Seth Mendell will transport the audience to Istanbul, through the waterways separating Europe from Asia, and down the Turkish Aegean coast to the ancient city ruins of Troy and Ephesus. **Advance sign-up for this \$10 class is required by calling (239) 489-8472.***

**The Academy
of Lifelong Learning**

Feb 13 **Medical Breakthroughs & Discoveries Series: Genomics & Precision Medicine: One Size Healthcare Does Not Fit All**



at 2:15pm. Precision medicine seeks to incorporate the latest in molecular technology into healthcare, moving away from a "one size fits all" approach. Dr. Alexander Parker of the Mayo Clinic will share examples of how these technologies are

FREE



being used in clinics and hospitals today, and an overview of its future potential. Light refreshments. **Admission is free. Call (239) 433-7936 to reserve your place.**

**If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.*

SHELL POINT
RETIREMENT COMMUNITY

Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation

**Visit www.shellpoint.org/events
for full listings of this month's events!**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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Bank Named Gold Sponsor Of Kiwanis Spaghetti Dinner 2017

The Sanibel Captiva Kiwanis Club announced that Bank of the Islands will return as a Gold Level sponsor for the 2017 Spaghetti Dinner, to be held on Saturday, February 25 at The Community House.

In welcoming their return, Kiwanis President Chris Heidrick said, “The Kiwanis Club is delighted to have Bank of the Islands back on the team for Spaghetti Dinner this year. Their sponsorship has been a major part of the success this event has had over the past years, helping us to raise a record level of funds to serve the youth of this community.”

The Kiwanis Club’s annual “pasta feast” has become a unique island tradition, where islanders can gather for good food and a good time. The dinner includes an “all you can eat” Italian meal followed by music and dancing, plus an entertaining raffle and auction. Money raised at the dinner is used by the Kiwanis Foundation to make grants to local youth sports and recreation programs and scholarships for local students.✱

Lee Republican Women To Meet

Lee County Tax Collector Larry Hart will be the featured speaker at the Tuesday, February 21 luncheon meeting of the Fort Myers Republican Women’s Club at The Helm Club at The Landings in South Fort Myers. Hart will discuss the importance of the tax collector’s role in Lee County

government. Festivities begin at 11:15 a.m. with a social. The noon lunch, business meeting, program and installation follow.

Cost to attend is \$20. Reservations are required by Thursday, February 16, by contacting Tina Laurie at 489-4701.

The 2017 club dues of \$25 are currently being accepted. For more information, call Carole Green at 850-590-2206.✱



Bank of the Islands executives are joined by Kiwanis Club board members to announce the bank’s return as a Gold Sponsor of the Kiwanis Spaghetti Dinner 2017. Pictured from left, Kiwanians Pete Bender and Eric Pfeifer, BOTI Assistant Vice President and Sanibel office manager Willie Ocasio, BOTI Vice President of Lending Rob Lisenbee and Kiwanian Ed Riddlehoover photo courtesy Sanibel Captiva Kiwanis Club

The Sanibel Captiva Trust Company Current Outlook



Andrew Vanderhorst, CFA, CFP, CLU, Senior Vice President, Senior Portfolio Manager, The Sanibel Captiva Trust Company

In retrospect, the theme for 2016 was “expect the unexpected.” The British vote to leave the European Union (EU) was greatly discounted by the “smart money.” The surprise election of Donald Trump to the U.S. presidency took almost all pollsters by surprise. The Federal Reserve Board (Fed), meanwhile, fell woefully short of its goal of raising interest rates four times. These events will continue to play out in 2017 as the British initiate the two-year process to leave the EU, president-elect Trump is inaugurated, and the Fed continues on its path of tightening monetary policy. The latter two events deserve the most focus.

Trump has an ambitious agenda for his first-term: immigration reform, corporate and personal tax reform, infrastructure stimulus, health-care reform, and renegotiating trade agreements were among his top campaign priorities. As of this writing, we have seen little written detail from Trump and his advisors to definitively opine on how his policies may affect the markets. What we do know is that he will have a Republican-controlled House and Senate to help push through many of his policies, but we suspect that the focus of Congress will be on the low-hanging fruit of infrastructure stimulus and corporate tax reform. Both should be net positives to U.S. economic growth and stocks. On the other hand, should Trump pursue unconventional trade policy or initiate a trade war with China, we will likely see retaliatory actions

that may dampen the global economic recovery and act as a headwind to multinational companies’ earnings. Our investment team will continue to research the impact of Trump’s policies as they become more certain.

In December, our data-dependent Fed increased short-term interest rates by 0.25% to a range of 0.50% to 0.75%, as expected. While the Fed has begun the cycle of tightening monetary policy, we should keep in mind that this marks only the second rate increase in the eight years since they lowered interest rates to 0%. Obviously, we still have a ways to go before we reach “normal” interest rates. The Fed will continue to monitor the status of their dual mandate: maximizing employment and stabilizing prices. The current unemployment rate stands at 4.6%. Inflation has picked up slightly, but still remains below the Fed’s 2% target. Both data points suggest future rate increases may be on the horizon.

However, the Fed will likely watch for any continued strength in the U.S. dollar, as a stronger dollar can have similar negative effects on economic growth as a rate increase. The continued easy monetary policy by global central banks may continue to weigh on the Fed’s ability to quickly raise our short-term rates. Recently, the European Central Bank announced that they would extend their quantitative easing program (i.e. bond purchases) until the end of 2017, although their monthly purchases would decline from \$80 billion to \$60 billion. Meanwhile, the Bank of Japan offered to buy unlimited two-year and five-year Japanese government bonds, effectively pushing those yields further into negative territory. Given the likelihood of continued easy global monetary policy, we expect two small rate increases by the Fed in 2017.

In summary, we see continued steady U.S. economic growth and modest inflation going into the New Year. We prefer selective stocks over bonds in such an environment.✱

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Shifts In Global Security Discussed

submitted by Diane Olsson
for BIG ARTS

The world today is probably not in its most dangerous period, but the situation is definitely more complicated than ever and with instant news coverage, reactions to world events have never been more immediate. This summary introduced a discussion of the current world situation by Four Star General Michael Hayden, (Ret.), the 117th FORUM speaker at BIG ARTS on January 18.

Gen. Hayden laid out five underlying factors that he considers "tectonic shifts in global security." He considers it valuable to consider these underlying tectonics rather than only tracking immediate issues.

First, he listed "The Power Of States And The Nature Of Power." He explained that in the industrial era, power was pulled to the center by the sense that only government could handle complex tasks. Now, however, we no longer need government for simple services, for example, telephones. Power has been pushed to the edge by the connectivity of the post-industrial age.

As a result, failing states are a greater threat. Individuals or groups of individuals, not just governments, can inflict great harm. Hayden compared today's global interconnectivity to the explosion of the 15th century explorations. But as that expansion included such evils as the slave trade and epidemics, today's interconnectivity produces new layers of threat: Decentralized has meant empowerment to malevolent individuals and groups capable of terrorism, transnational crime and cyberattacks.

Possible responses include U.S. drone killings, capture and imprisonment at Guantanamo, and espionage. It's not clear what response the U.S. should pursue.

The second tectonic shift cited by



Gen. Michael Hayden

photo courtesy BIG ARTS

Gen. Hayden was "Things That Seemed To Be Permanent Are Proving Not To Be." The American liberal global order after World War II – the United Nations, IMF, World Bank, NATO – led to the most successful 75 years of peace in history, but this world order is breaking down. Further back, the map after WWI hasn't lasted; Czechoslovakia, Yugoslavia and the USSR are gone. Gen. Hayden suggests that

Iraq and Syria are essentially gone and can't return, and Lebanon and Libya may not last either.

Even things settled by the Treaty of Westphalia at the end of the 30 Years War – the meaning of citizenship, state and government – are dissolving. Putin judges citizenship by language, not residence, and invades other countries where Russian is spoken.

The third tectonic shift that Gen. Hayden listed was "States That Are Brittle, Ambitious and Nuclear." The Kims of North Korea might be able to launch a nuclear strike against Seattle, using its indigenously-produced equipment, by the end of Pres. Trump's first term. Russia is investing billions

nuclear weapons, and updating the U.S. position will cost as much.

Gen. Hayden expects that under the Iran nuclear agreement, in ten years Iran will have industrial strength nuclear power that it could put on line in three weeks. He also described the increasingly violent and anti-American scene in nuclear-armed Pakistan. He observed that except for Central Africa, Iran and Pakistan are considered the most fragile, least stable states.

Fourth came "The Rise of China." Gen. Hayden said these is no good reason for the U.S. and China to be enemies. He said Chinese weakness and failure is actually a bigger problem for us than its strength or success. The Chinese have generally accepted their government because of the implicit contract that although it is autocratic it will make the people rich.

Despite enormous strides, however, China retains a horrible mal-distribution of wealth.

Since political repression prevents entrepreneurship and the ability to get rich, the government is trying to give the people pride instead. This helps explain its island building expansion into the South China Sea. Gen. Hayden said this expansion is not historical or strategic. Instead, it is immediate and operational... and perhaps overbold.

Gen. Hayden likened the U.S.-China situation to historical precedents of an emerging power (China) against a staid, stable power (the United States). Historically, he said, such situations have resulted in global war.

For his fifth point, Gen. Hayden listed "The U.S." He quoted an analysis that finds four presidential styles of foreign policy:

- Hamiltonian: Freedom requires prosperity and prosperity requires strength.
- Wilsonian: Idealism.
- Jeffersonian: inward turning (despite the Louisiana purchase and war in North Africa).
- Jacksonian: Snubbing the world.

Gen. Hayden stated where he felt recent presidents have stood. He expects President Trump to be Jacksonian. He added, however, that since many of Trump's appointees hold different opinions, it's hard to know how it's going to play out.

The FORUM was established in 2003 to attract internationally recognized scholars, experts and leaders who will provide objective information, scholarly analysis and insights on public policy issues of international and national interest. The FORUM is supported by volunteers, ticket sales and the generous sponsorship of the Northern Trust Company and Sue and Tom Pick.

FORUM Tickets are sold as a series. Although the 400 seat capacity of Schein Hall is sold out for 2017, day-of-event seating is usually available on a first-come, first-served basis. For day-of-event information, interested individuals can contact the Marks Box Office at 395-0900.

Visit www.bigarts.org to learn more about BIG ARTS.✱

ISLAND SUN BUSINESS NEWSMAKERS



Robin Humphrey and Martha Smith

Top Agents

Robin Humphrey and Martha Smith were recognized at the top sales agents for the month of December at VIP Realty Group.✱

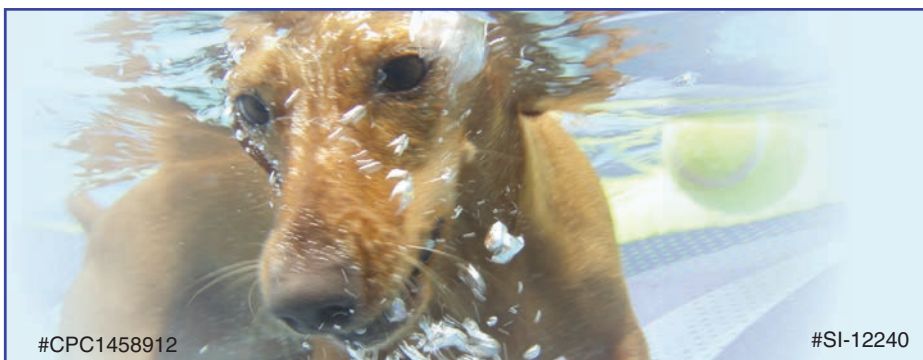
New Realtor

VIP Realty Group announced that Patrick Bailey has joined their office team on Sanibel and Captiva. Bailey grew up on Sanibel.



Patrick Bailey

He attended the University of Miami and earned his BBA and MBA. He completed his Juris Doctor at the Shepard Broad Law Center at Nova Southeastern University. After law school, he practiced law in Fort Myers and the surrounding counties for 13 years, handling various types of cases. He joins his mother, Mary Lou Bailey, who has been selling real estate for over 38 years on the islands and is a consistent top producer.✱



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1550 Centre St - ~100' x 115' in the heart of Sanibel. Just a block north of Periwinkle Way, convenient to bike path, bay, gulf, & Jerry's Shopping Center. \$199,000



Nutmeg Village #303 - Penthouse with enclosed balcony expanding living space. Remodeled kitchen. Gulf views. \$799,000



Lighthouse Point #129 - Ground-floor 3 bedroom with bay view. Just 29 steps to beach. Handy to pool & tennis. \$599,000



239 Daniel Dr - Near-beach olde-FL-style 3+bedroom. Updated & beautifully furnished. Community amenities. \$1,099,000



Beachcomber #A102 - Spacious east-end gulf-front luxury. 2,600 sq.ft. with gulf & pool views. Small 20-unit complex. \$1,495,000



Sand Pointe #122 - West Gulf Dr condo with income. 2nd floor 2 bedroom with remodeled kitchen & baths. \$724,000



Pointe Santo #C34 - This balcony view. 3rd floor roomy 1 bedroom grossing \$45K/yr as weekly rental. \$599,000



537 Lake Murex Cir - Spilt-plan near-beach home with elevator, new kitchen, large pool, & lots of entertaining space. \$899,000



High Tide #C101 - Luxury condo in building with only one other unit, elevator opens to private foyer/walkway. \$1,195,000



Cottage Colony West #119 - In guaranteed-income program at Casa Ybel Resort, netting \$42K+/yr. Private stairs to beach. \$674,000



Loggerhead Cay #264 - Top-floor 2 bedroom with turn-key rentals, grossing ~\$60K/yr & pet-friendly. "Sanibel's Rainbow". \$598,300



2010 Sunrise Cir - Spacious piling home with elevator, fireplace, great room & family room, plus den & 4 bedrooms. \$799,000



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CASI Breakfast With The Mayor



From left, Ed Gray of Gulfside Place, Mayor Kevin Ruane and Ed Napoleon
photos courtesy CASI

City of Sanibel Mayor Kevin Ruane told the group at a CASI (Condominium Associations of Sanibel, Inc.) breakfast meeting that this year Sanibel City Council is concentrating

on water quality issues and financial stability. He said that water quality is most effectively addressed when city staff and council members join with local, regional and state organizations, sometimes



From left, Doreen Ruane with Sanibel City Councilman Marty Harrity, breakfast sponsor David Wright of Sanibel Captiva Community Bank and Diane Pulliam of Island Beach Club



From left, Jim Bartkowski of Sanibel Surfside, Darlene Ilfen, Jan Vanthournout and Tom Surgener



From left, Scott and Arlene Mowry of SeaLoft Village, Jim Winn of The Atrium and councilman Marty Harrity

traveling with them to Tallahassee and occasionally to Washington, DC. Last year, the mayor sat on 15 committees to advance city interests, primarily for water quality.

The mayor outlined steps council has taken to rein in city expenses, reduce debt and build up reserves for emergencies. Property taxes collected on Sanibel have remained roughly the same during the mayor's 10 years in office, while debt has been cut in half. The current millage rate is the lowest in the city's history. The city has been increasingly successful in securing millions of dollars each year from the Lee County Tourist Development Council for special projects.

Council continues to seek ways city hall can better serve owners who want to invest in their properties. Their goal is to maintain the Sanibel Plan while examining interpretations of the plan so that properties, including non-conforming

properties, are helped and encouraged to improve or redevelop.


One aspect of maintaining condominium values is preserving water views. Because code limits trimming to no more than 25 percent of leaf surface, many waterfront property owners find it helpful to budget for yearly or more trimming of beachfront vegetation.

Last year, the mayor organized a traffic committee with citizen groups. CASI President Linda Naton was on that committee. The county, not the city, owns Periwinkle Way, Sanibel-Captiva Road, the causeway island roads and bridges. Changes to these roads would probably not save more than a few minutes of travel time at a significant cost. The county favors roundabouts which are not scheduled for island consideration for several years and have been discouraged by council at the request of residents.

What the city has done to help traffic

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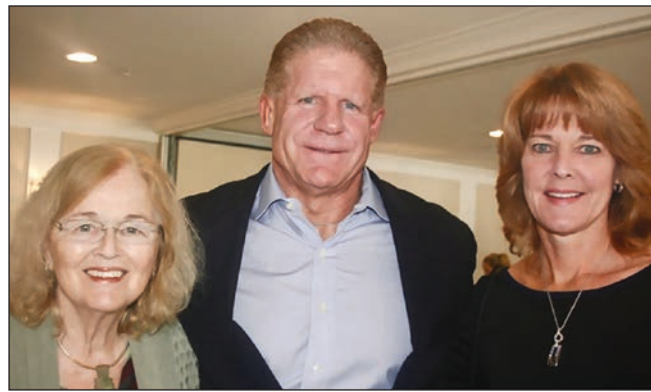


From left, Irene and Lee Schaff of Tennisplace, and Ray Dalbec

is install cameras at strategic intersections and transmit camera images through the city website, mysanibel.com, so that residents can look at traffic before heading out. The city is also in the final phases of developing an app, Sanibel Bound, which will transmit views from the cameras as well as traffic reports from Google maps. The city is working with the county to install mechanical traffic advisory and beach parking signage along Summerlin Road.

Jane Michaud, manager at Sandalfoot, asked how condominiums can help with water quality issues. The mayor reported that he will travel to Tallahassee and perhaps Washington this season with other local leaders when the legislative sessions begin. At that time, he and the other local leaders will alert constituents to contact certain legislators on key issues. The mayor will contact Sanibel property owners with specific requests through the city email system and various organizations such as CASI. If associations respond and additionally ask their owners to engage, public policy can be influenced. In the past, this type of grassroots effort has generated more than a million emails.

The next CASI Breakfast will feature Sanibel City Manager Judie Zimomra. It will be held on Tuesday, February 21 at The Sundial Beach Resort & Spa.✱



CASI President Linda Naton with Mayor Kevin Ruane and wife Doreen



From left, Grace DeLottinville, Jane Michaud of Sandalfoot and Deborah Chase of Norris Home Furnishings



Kari Cordisco of Sanibel Moorings and Julie Smith of Sanibel Siesta



CASI Executive Director Sonja Suitor and Dru Doyle, a CASI and Ocean's Reach board member

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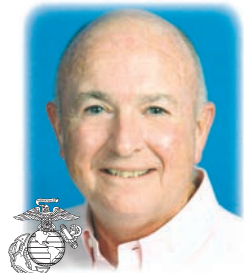
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Tomlinson Begins New Career In Real Estate

by Jeff Lysiak

After spending the last 31 years in law enforcement, former Sanibel Chief of Police Bill Tomlinson began 2017 by launching his career in real estate.

Late last year, Tomlinson retired from service with the island's police department, where he spent the last 14 years as chief. Following a brief "vacation" and the holiday season, he joined the staff of John R. Wood Properties as a realtor.

Ironically, Tomlinson and fellow agent Phaidra McDermott have a long-standing connection with each other. McDermott's grandfather – former Sanibel Chief of Police John Butler – gave Tomlinson his start in law enforcement.

"When I came to Sanibel in 1985, I was looking for a job," recalled Tomlinson. "And John was willing to give me a shot."

Years before Tomlinson joined the Sanibel police, he had already obtained his real estate license. That fact actually helped him in being hired by Butler.

"The thing I'll remember most (about interviewing with Butler) is that he said, 'Wow! You've got your real estate license? My daughter has a real estate license, and that test is tough,'" Tomlinson remembered with a laugh. "Then, he said, 'You're hired.'"

Once the long-time police leader decided to start his "new" career, he didn't have to ponder very long over where he wanted to work. "I knew I always wanted to become a realtor," Tomlinson said. "I talked to a few realtors, but I knew I wanted to work with Phaidra. It kinda was my destiny."

McDermott said that she is proud to be working with Tomlinson, who comes to John R. Wood Properties with a stellar reputation on the island.

"I feel honored to work alongside Bill as he has been such a well respected



Phaidra McDermott and Bill Tomlinson

photo by Jeff Lysiak

and integral part of our community for decades," she said. "The island knowledge he brings to the table is exceptional and his ability to work with consumers by listening and targeting their needs will aid in his successes for years to come."

During his tenure with the city, Tomlinson learned a great deal about Sanibel real estate listings, including land use and redevelopment, gaining an intimate knowledge of the homes and neighborhoods on the island. His real estate experience includes building, remodeling, investment, development and sales.

In the weeks since he became a realtor, Tomlinson has already listed and closed a property.

"And I'm happy to still be working on Sanibel," he added with a smile.✧



Craig Holston

photos courtesy SCTC

Promotions At Trust Company

The Sanibel Captiva Trust Company (SCTC) announced the promotions among its management leaders, also positively affecting their divisions of The Naples Trust Company and The Tampa Bay Trust Company. Craig J. Holston has been named Chief Operations Officer and Ian N. Breusch, CFA, has been named Chief Investment Officer.

"Our company has experienced significant growth over the last few years initiating strategic changes within the firm," explained Al Hanser, founder and chairman, Sanibel Captiva Holdings, Inc. "We are leveraging Craig's investment experience and corporate wisdom to oversee the alignment of our specialties, while we



Ian Breusch

leverage Ian's investment analytics and management skills to lead the investment team."

Holston has been with The Trust Company since 2005. For the past three years, he has served as CIO leading the portfolio management team from Tampa Bay to Marco Island. His move into the position of Chief Operations Officer (COO) is due to his acute knowledge and understanding of the cohesive nature across investment management, fiduciary services, client service operations and compliance.

Breusch has assumed the role of Chief Investment Officer (CIO) responsible for the overall management of the firm's daily investment process and directs a robust and seasoned portfolio management team. He participates as a host on The Trust Company's Quarterly Investment Call and leads the Asset Management Committee.✧

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Club Accepting Scholarship Applications

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2017-18 school year. Scholarships of \$3,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available.

Eligible applicants must be Sanibel or Captiva residents, employed full time

on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 31. They can be obtained by directly accessing the Kiwanis website at www.SanibelKiwanis.org or by contacting any of the following: Loretta Kupper (579-0660 or loretta@sanibelinsurance.com), Bill Traum (561-2900 or billtraum@me.com) or Chris Heidrick (579-0660 or chris@sanibelinsurance.com).✧

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One of the hallmarks of universal-life insurance (UL) is its flexibility.

At the policyowner's discretion and within some limits, the amount

of coverage and the premium can be adjusted to fit the policyowner's wishes. At the insurer's discretion, the internal charge – known as the "cost of insurance (COI)" – and the interest credited to the cash value can also be adjusted.

The cash value that builds up is the lifeblood of the policy. The amount of cash value of a given policy is determined by how much the policyowner chooses to pay over the years, how much interest is credited to the cash value, and how much charge (COI) is levied against the cash value.

The COIs grow over the years. So, if there is not enough cash in the policy to generate a good amount of interest to help pay the COI each month, the policyowner has to pay more, substituting his or her dollars for the missing interest income.

Historically, this flexibility has led in some cases to some misunderstanding. Perhaps the agents did not always explain the policy mechanics thoroughly enough, or perhaps the clients were simply not listening. But some policies that were purchased with a certain expectation on the part of the policyowner did not develop the cash

value that was originally projected (but not guaranteed). This usually resulted from much lower interest rates being credited than originally expected. And the policyowners were surprised to learn that their cash value had dwindled to a low ebb and that they would have to pay a lot more to get the policy in good shape again.

If the policyowners had paid attention to their annual reports, they could have seen the problem coming and reacted in a way that would have led to a less expensive solution. Sadly, I find that most people file those reports away or just throw them away without reading them.

Finally, at least one insurance company has come up with a way to help policyowners in this regard at no charge. If "Joe," the policyowner, agrees, the insurer will track the performance of Joe's policy each year and notify him if things are not staying on track. If the cash value is either overperforming or underperforming the projection that the agent submitted – and that Joe signed off on – when the policy was issued, then the insurer will recalculate the premium necessary to get it back on track. They will notify Joe of the pending change in premium, and Joe can allow the change to be made or else tell them not to change it and keep on paying his regular premium. A year later, the insurer will recalculate and notify him again, and so forth.

If Joe wishes to establish a funding goal different from that shown on the original projection, he can have the insurer run a new projection, which then becomes the guide for future recalculations.

Presumably, other insurers will eventually make such a benefit available. For this insurer:

- The benefit cannot be added to older policies.

- For policies issued from now on, the benefit can be added at the time of issue or anytime thereafter.

- If you have the benefit removed from the policy, it can be added back at a later date.

This sort of free service has always

been available for UL. But Joe had to call the insurer each year and ask for it. Now, it can be automatic. And in this way, there will be no surprises for policyowners who tend not to pay attention to their annual reports.

J. Brendan Ryan is a Cincinnati, Ohio based insurance agent. He can be reached at jbryanclu@aol.com.✴

Superior Interiors

Light Up Your Life At Home



by Trinette Nelson

With a little thought and planning, the lighting in the activity areas of your home can be made more efficient and attractive. But the right choice of

fixture, the proper lamp placement, and height all have a major effect on the results. When it all comes together, beauty, comfort and convenience can be added to every area of your home.

Four basic types of lighting are often used together to provide functionality and flexibility. They include:

- Ambient lighting illuminates the entire room and should create a warm and inviting look. It should be relatively low level to avoid glare and dreariness. The amount needed is also affected by natural light sources, wall/floor/ceiling colors, and ceiling light.

- Task or focal lighting is for reading, cooking, desk work, etc. and should be cooler in tone. It should be carefully placed to avoid shadows or glare to minimize eye strain.

- Accent lighting illuminates and highlights architectural features or objects in a room.

- Decorative lighting attracts attention to itself as an object. Examples are chandeliers or sconces.

Decorative shades can make any lamp a decorative piece as well.

Just as with furniture or window treatments, start with the function or purpose of the particular lighting need. With the exception of chandeliers, most residential lighting requirements are met best with lamps rather than recessed or ceiling-mounted fixtures. Wonderful lamps are available for any location or purpose: wall sconces, table lamps, accent lamps, floor lamps, and desk lamps of every size and material add variety and interest to any décor.

Size and placement are critical. Chandeliers should not be much wider than half the width of a dining table, and hung so that the bottom is about 30 to 32 inches above the table top. Chandeliers for a foyer or staircase are a bit trickier, as they must be three-dimensionally proportional to 'look right' when hung. Lighting for reading and many hand tasks should usually come from above and behind the user.

Finally, use accent lighting to highlight the wonderful, special features of any room, and to create the mood for entertaining and enjoyment in both daytime and night. Small halogen lamps can spark up any art, houseplant or accessory, and can often add significantly to the overall ambient light as well as the décor of your home. The choices available today are truly awesome and sometimes a bit mind-boggling. Give it some thought, and you'll reap the rewards of a successful lighting scheme in every room.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden.com.✴

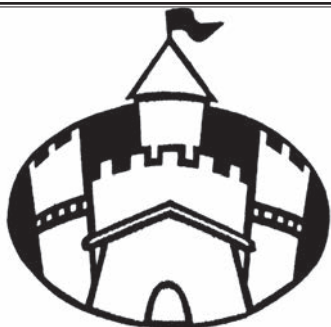
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ISLAND SUN BUSINESS NEWSMAKERS

Top Associates

RE/MAX of the Islands announced that Bruce Cochrane was its top selling sales associate in December. Cochrane was also recently honored by the Sanibel and Captiva Islands Association of Realtors' annual awards and officer installation. He was one of only three recipients of the association's 2016 Community Service Award.

Steve and Maxine Fisher were recognized for their customer care marketing services by RE/MAX of the Islands and were the top listing marketing associates in December.✴



Bruce Cochrane



Steve Fisher



Maxine Fisher

ISLAND SUN BUSINESS NEWSMAKERS



Chris Adamski



Donna Camisa



Ron Cotorakas



Bill DeMay



Ron Eck



Michelle Forneris



Mark Greenberg



Charles Henrich



Brodrick Jenkins



Paul Jones



Branden Leeb



Jennifer Morrow



Erica McKenzie



Eric Naugle



Barbara Neurohr



Kevin O'Leary



Darrell Powers



Laura Simion



Nickolas Slover



Yesi Snyder



Vanessa Turgeon



Jill Winchel



Ross Winchel



Matt Wise

Veteran Agents Join Royal Shell

Don DeLuca, broker of Royal Shell Real Estate, Inc., announced that the following top producing veteran agents have joined the company: Chris Adamski, Donna Camisa, Ron Cotorakas, Bill DeMay, Ron Eck, Taylor Ekovich, Michelle Forneris, Mark Greenberg, Charles, Henrich, Brodrick Jenkins, Paul Jones, Trisha Kent, Branden Leeb, Jennifer Morrow, Erica McKenzie, Eric Naugle, Barbara Neurohr, Kevin O'Leary, Darrell Powers, Laura Simion, Nickolas Slover, Yesi Snyder, Vanessa Turgeon, Tracy Walters, Jill Winchel, Ross Winchel, Matt Wise and Andrea Zambrano.

Chris Adamski became one of the youngest sales associates in his office, closing over \$1.3 million in sales during his first year as licensee.

Donna Camisa is a dually-licensed realtor associate who practices in Cape Coral, Fort Myers and the beaches areas in Ocean County, New Jersey.

Ron Cotorakas has been a proven professional who is highly regarded due to his demeanor, discretion and customer service.

Bill DeMay has 15 years of local real estate experience and maintains a high level of communication and professionalism in every real estate transaction.

Ron Eck moved to Cape Coral in 1981 and was among the top listing

agents for residential real estate in the area within his first year as a realtor.

Taylor Ekovich has a passion for luxury real estate and helping people find the home of their dreams.

Michelle Forneris has been in real estate since 2004 and enjoys working in both new construction and general real estate.

Mark Greenberg practiced law in California for 35 years before moving to Cape Coral, and has practiced real estate for over six years.

Charles Henrich will work with you to get the most out of your property with the least interruption to your lifestyle.

Brodrick Jenkins is a former Division-1 college football player born and raised in Fort Myers, is knowledgeable in surrounding areas of Southwest Florida.

Paul Jones bought and sold over 20 investment properties after leaving the U.S. Army and works mainly with investors and new home construction.

Trisha Kent has worked as an on-site sales associate at luxury golf course communities and has been a top producer at all of those communities.

Branden Leeb sold over \$2 million in his first full year in the business and has had over 150 transactions to date.

Jennifer Morrow is an accomplished Southwest Florida realtor who brings her experience along with a personable approach to the buying and selling process.

Erica McKenzie's goal is to help each and every one of her clients with

their real estate needs with the utmost respect, diligence and professionalism.

Eric Naugle is an agent who is committed to helping you buy or sell your home with the highest level of expertise in your local market.

Barbara Neurohr has always had an interest in real estate, having owned rental properties in Pennsylvania and decided to pursue a second career as a real estate agent.

Kevin O'Leary's extensive training gives him an advantage when it comes to helping his customers buy, invest or sell.

Darrell Powers has been a full time realtor for 39 years, servicing all areas in Lee County and surrounding counties.

Laura Simion has been involved in the real estate market since 2002 and believes that a realtor must exhibit consistent commitment to his/her customers.

Nickolas Slover served in the Florida Army National Guard for nine years, served over 10 years in law enforcement, and has extensive knowledge of the area.

Yesi Snyder has worked for high-end national companies and combines her client service expertise with real estate to provide the best experience for her clients.

Vanessa Turgeon will be donating a percentage of each sale she makes to local humane societies, as her love for animals (especially dogs) runs deep.

Jill Winchel graduated with a business degree, became a realtor in 2012 and helps buyers realize their dream of buying a home in the Sunshine State.

Ross Winchel started investing in real



Lori Velasquez



Andrea Zambrano

estate in 2003, developed a passion to make real estate his career, and received his Florida broker's license in 2013.

Matt Wise is a full time realtor, was awarded Rookie of the Year by *Chicago Agent Magazine*, and specializes in real estate sales in Southwest Florida.

Lori Velasquez is excited to take the real estate journey with every new client, and ensures the highest level of professionalism and service.

Andrea Zambrano is passionate about the needs and goals of her clients, and speaks Italian, Spanish, Romanian, German and Portuguese.

"Royal Shell Real Estate requires our agents to have specialized knowledge as to ensure superior service. We are honored to welcome this group of agents to our new Cape Coral office. Our buyers and sellers will be well represented with the addition of these professionals to the Royal Shell Real Estate team of expert realtors," said Michael Polly, vice president of Royal Shell Real Estate. ✨

Will Power

Retaining Your Trusted Financial Advisor



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

What many clients don't realize is that they may lose their trusted financial advisor when they become disabled, although it doesn't have to be that

way. Allow me to explain.

Assume that Jerry has a revocable living trust. He serves as his own trustee, and then ABC Trust Company is his named as his successor trustee. Further, Jerry has a longstanding relationship with Lisa, his financial advisor. She works at XYZ Brokerage Firm. Lisa has been through the ups and downs with Jerry and his family, and Jerry has great confidence in Lisa.

If Jerry should become disabled and unable to make financial decisions, his successor trustee, ABC Trust Company, steps in and assumes the role of trustee. Because ABC Trust has the legal responsibility for all of the investment decisions, they will move all of the assets in the account from XYZ Brokerage Firm to ABC Trust Company. This is common practice.

Sometimes, the Jerrys of the world

don't realize that's what they've set up when they name a corporate (bank or trust company) as their successor trustee. There are alternatives. Some trust companies, for example, will serve only as the administrative trustee, and allow the investments to remain with the client's preferred investment advisor. As administrative trustee, the trust company will write checks, pay bills and decide upon distributions. The investment advisor retains the assets in this scenario, and is responsible for the day to day investment decisions. This is possible due to "directed trust" laws that allow the liability associated with the different responsibilities to be bifurcated.

Florida enacted directed trust legislation so the ABC Trust Company, if they are so willing, can take on only the administrative role and allow XYZ Brokerage Firm to continue to manage the investments after Jerry resigns from serving as his own trustee. You should know, however, that these split duties don't just happen. The attorney drafting the trust needs to be familiar with the directed trust laws and include the necessary language to segregate financial investment responsibilities from the distribution responsibilities.

Not only must the trust be drafted correctly, but the trust company and the financial firm must both be willing to serve in their respective roles. Further, there should be a clear understanding on Jerry's part as to what the charges and fees will be from both ABC and XYZ. Since the responsibilities are bifurcated, usually the fees are also divided.

Oftentimes, the financial firms will have required language that must be drafted into the trust instrument before they will agree to serve in the limited role provided. This required language commonly includes indemnification provisions that not only exonerate the trustee from the investment advisor's actions (and vice versa), but also allows the trustee to use trust funds to defend itself if it is sued by the grantor or by a trust beneficiary.

Yet another common issue confronting investment advisors is a tug-of-war between the advisor and their own trust department. Suppose, in my example with Jerry, that Lisa, an advisor with XYZ Brokerage Firm, advises Jerry that he can name the affiliated XYZ Trust Company as his successor trustee, and not worry about the assets moving if Jerry should become incapacitated or die. When Jerry does become incapacitated, sometimes there is a struggle between Lisa and her brokerage firm against their own affiliated trust company over who manages the assets and gets paid

to manage the assets. Some companies work well with their own advisors while others don't. Then there is another issue as to how much the client gets charged. You don't want to be charged full freight by both the advisor and the trust company in this example. If Lisa suspects that her trust company may step on her toes, she may look into affiliating with another company that will agree to perform the administrative tasks in a directed trust scenario.

Finally, there's the issue of naming your spouse or children as successor trustee. In Jerry's example, if he wants Lisa to continue on as his financial planner, he should express his expectations to whomever he names as his successor trustee. I've seen several children of clients move the client's brokerage account to the child's trusted broker and away from their parent's broker when the child takes over as trustee.

So there's a lot to think about when you name a successor trustee in your documents, including some very specific coordination with your long-term financial advisor. If this is an issue for you, bring it up with your estate planning attorney so that he can discuss it with the parties involved, and draft the appropriate language into your trust documents.

©2017 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

College Open House Week

Florida SouthWestern State College (FSW) will host its spring 2017 Open House Week from February 27 to March 2 at all locations.

Open houses are free and public events for the community. Attendees are encouraged to register in advance at www.FSW.edu/openhouse.

The open house at Thomas Edison (Lee) Campus, 8099 College Parkway, in Fort Myers is scheduled for March 2 from 3 to 5:30 p.m.

"Open House Week at Florida SouthWestern State College provides prospective students with the opportunity to explore all the opportunities that FSW has to offer," said Amber McCown, Director of Admissions at FSW. "Those who attend will be able to meet with faculty, staff, and current students from across the college to answer questions about enrollment steps, academic program offerings, support resources, and student services."

Visit www.FSW.edu/openhouse to learn more about the events and to register.✧

5K Run/Walk For Lung Cancer Awareness

A Breath of Hope Lung Foundation will host the first-ever A Breath of Hope Lung Run/Walk in Fort Myers to raise awareness about lung cancer and available screening, support cancer patients and their families, and raise money for lung cancer research.

The event, to be held at Lakes Regional Park on Saturday, February 25, will feature a 5K chip-timed run or walk for all ages. Included will be kids' activities, snacks, music, free T-shirts for participants, a remembrance ceremony for those lost to lung cancer, patient

resources and a lung cancer field update by a leading oncologist.

Lung cancer is the leading cause of cancer death in the United States, claiming more lives than breast, colon and prostate cancers combined. Half of the lung cancer diagnoses each year happen to non-smokers, former or never smokers. Nearly twice as many women die of lung cancer as breast cancer each year, yet lung cancer research is funded by as much as 10 to 20 times less than breast cancer. Less than 18 percent survive five years past their lung cancer diagnosis.

For more information, contact Nancy Torrison, executive director for A Breath of Hope Lung Foundation, at 952-807-6111 or nancy@abreathofhope.org.✧



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Capacity Grant To Children's Center Is Value-Added For Teaching Staff



Director Cindy DeCosta, at CECI's bunny hutch, always looks for opportunities for her young charges to "get up-close-and-personal with nature" photos courtesy CECI

A special Capacity Grant to the Children's Education Center of the Islands (CECI), given last year by the Charitable Foundation of the Islands (CFI), has had a signal impact on the work of the center, according to director Cindy DeCosta.

"Children come to CECI at many different stages in their development. Some have learning disabilities or special needs," DeCosta said. "This grant has given our teachers wonderful state-of-the-art training opportunities that help us better understand early childhood learning, regardless of individual challenges."

CFI's grant, in the amount of \$2935, is intended to advance professional development at the center.

"Helping the teachers helps the children," said CFI board member Ginny Stringer. "The more training the teachers receive, the greater the benefit to the students. We are delighted at the dedication of Cindy and her staff. They are doing wonderful things at the Children's Education Center."

CFI's grant funded, for all five members of the CECI staff, in-house training led by the Early Learning Coalition of Southwest Florida. The workshop featured such items as classroom design strategies for optimal learning and methods for teaching math in early childhood.

"Visuals are essential for young children," DeCosta said. "Thanks to this training, our classrooms have been changed to reflect natural environments, and our color scheme is more neutral – it makes for a calming atmosphere."

The grant has also helped CECI teacher Bryanna McNamee, 22, advance her education. "This funding has been crucial to my career," she said. "Without such scholarships, I would be unable to attend college."

McNamee is currently in pursuit of a bachelor's degree at Florida Gulf Coast University in Early Childhood Education. In her classes, she said, "I am learning about early-childhood learning preferences, as well as modes of teaching that view the teacher as a facilitator for the child's own learning. It is arts-based project learning."

In future, DeCosta would like to see CECI offer more arts instruction, "and to get the children more up close and personal with the natural world. Children can never have enough music or art in their lives," she said, "and helping them forge a permanent connection to nature is essential. We are taking baby steps toward those goals."

The Charitable Foundation of the Islands provides continuing financial support to worthy causes exclusively on Sanibel and Captiva. Its primary concerns are basic



CFI Board Member Ginny Stringer, left, with Capacity Grant beneficiary Bryanna McNamee



Standing from left, teachers Bryanna McNamee, Sierra McNamee and CECI director Cindy DeCosta, with some of the center's young students

human needs, arts and education, the environment and unforeseen emergencies. Its mission is to promote philanthropy to help people in need on Sanibel and Captiva, and to strengthen non-profit organizations in order to build a spirit of community for generations to come.

For more information on Capacity Grant giving through the Charitable Foundation of the Islands, visit www.charitablefoundationoftheislands.org. For information on the Children's Education Center of the Islands, located at 350 Casa Ybel Road on Sanibel, call 472-4538 or visit www.childrenseducationcenter.com.

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NEW LISTING



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9. East End Canal Home

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10. Captiva - "Villa Elena"

- 4 BR/3 BA Mediterranean style home
- Updated, swimming pool, beach & dock access
- **\$1,699,000** EUR €1,587,545

11. Snug Harbor Town Home - Sanibel

- 3 BR/2 BA with partial Gulf views
- Updated throughout, under bldg. parking
- **\$739,000** EUR €706,396

12. Dunes Golf & Tennis Community

- 3 BR/2 BA bright cheery beach retreat with pool
- Recently remodeled open floor plan
- **\$619,000** EUR €578,921



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02/03	9-1	267 Ferry Landing - Sanibel
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02/05	1-4	407 Bella Vista Way - Sanibel

02/06	12-2	3386 West Gulf Drive - Sanibel
02/08	11-1	267 Ferry Landing Road - Sanibel

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Iran Discussed At FORUM

submitted by Diane Olsson
for BIG ARTS

Karim Sadjadpour spoke to a capacity audience at the BIG ARTS FORUM recently. Sadjadpour is a senior associate at the Carnegie Endowment for International Peace. He was previously an analyst with the International Crisis Group, based in Tehran and Washington, DC. He is the author of *Reading Khamenei: The World View of Iran's Most Powerful Leader*. He appears frequently on CNN, BBC and NPR, and has written for *The Economist*, *Foreign Affairs*, *The Washington Post*, *The New York Times* and *Foreign Policy*.

Sadjadpour's talk was on the future of the United States-Iran relationship and he indicated that seven paradoxes predict future relations. First, that Iran has both a superiority and inferiority complex. It has great pride in its 2,500-year history going back to the early emperor Cyrus the Great, who is claimed to have issued the first declaration of human rights. Iran compares this long history with its young neighbors such as Iraq and Syria. At the same time, it resents the gap it sees between where it is now and where it wants to be.

Next, Iran needs to decide whether it is a nation or a cause. As a nation, Iran and the U.S. have overlapping interests, but as a cause, there is friction. One analysis of nations describes three phases: the first-generation builds; the second preserves; but at the third generation, the nation becomes soft and loses drive. Sadjadpour stated that Iran is still in the first generation of the



Karim Sadjadpour and Dick Wright
photo courtesy BIG ARTS

Islamic Revolutionary cause. Third, Iran has a "North Korean" government but a "South Korean" society. The government is isolationist and military, while the society wants integration with the world. Here, Sadjadpour believes the U.S. is isolating Iran economically and politically, as the U.S. does with North Korea. We'd do better trying to integrate Iran with the outside world. When isolated, the Iranian government is better able to hold its power.

Sadjadpour's fourth paradox explained that Iran's nuclear program doesn't provide either energy or weapons. Given all of Iran's oil, nuclear energy supplies less than 2 percent of its energy needs, but neither does its nuclear program produce any weapons.

Fifth, in Iran, powerful officials aren't accessible; the accessible officials aren't powerful. Iran's Supreme Leader is the most powerful figure in the country, but he has no contact with nor any interest in the U.S. Iran's foreign secretary, U.S.-educated Mohammad Javad Zarif, is very accessible but not powerful;



From left, Jim Drotleff, Heidi Keevens and Karim Sadjadpour

he meets with the U.S., but he has no power to deal.

The sixth paradox is that in 1979, Iranian society had a revolution without a democracy, and now they aspire to democracy without a revolution. Before 1979, many Iranians had studied abroad, so when the Shah was ousted, they could simply leave and live elsewhere. The post-1979 elite and military have not studied abroad nor do they have foreign experience or foreign language proficiency. Therefore, not equipped to live abroad if the government collapses, they are motivated to stay in power at home. Thus, the government remains politically, economically and socially authoritarian. Like Syria, the clear majority of the people doesn't support the government, but the government's support – while narrow – is deep, and that is what matters for an authoritarian regime.

Sadjadpour's seventh point called Iran both an arsonist and a fire brigade. Iran's support for Assad in Syria and the Shia militia and Nouri al-Maliki in Iraq was a major factor fueling the growth of ISIS. At the same time, Iran has been on the front line fighting against ISIS. This effort may be creating more Sunni radicals than it eliminates, but those fighting ISIS have no choice but to take whatever help they can get.

Sadjadpour told his attentive audience that Iraq and the Israel/Palestinian situation are not the biggest Middle East threats now. It is instead the Iran-Saudi Arabia conflict which is in part ethnic, with Persian Iran against Arab Saudi Arabia, and in part sectarian, pitting Shia Iran against Sunni Saudi Arabia.

In fact, however, the two countries got along for decades when the Middle East didn't have conflicts. Today, there are many theaters of conflict in the Middle East – Syria, Iraq, Yemen, to a lesser extent Lebanon and Bahrain – and Iran and Saudi Arabia are on opposite sides in all of them. The countries' conflict, then, is a geopolitical conflict cloaked in sectarianism or ethnic tension.

Turning to the U.S. involvement with

the region, Sadjadpour said that in the Middle East the U.S. has many concerns – Syria, ISIS, terrorism, wars with Iraq and Afghanistan, the Israel-Palestine conflict, energy security, nuclear proliferation – and Iran is integral in every case.

President Obama recognized that Iran is too important to ignore, so first he tried very hard to turn our relationship from adversaries to partners. That didn't work because the Iranian government needs the U.S. as adversary, for its own interest. Next, Obama turned to coercion, and the U.S. was able to build an overwhelming international sanctions regime. His third phase was diplomacy, in which Iran was forced to participate because of the sanctions. Under President Trump, Sadjadpour only said that he expects conflict.

Sadjadpour said that the nuclear deal is not likely to unravel because neither side wants to be held responsible for tearing it up. However, the U.S. believes that sanctions for non-nuclear behavior are allowable under the deal; Iran thinks that the deal bars all sanctions. So, Iran may well continue to do provocative things in the Middle East, and if the U.S. and its allies add sanctions, Iran will try to use that to leave the deal.

Sadjadpour stated it is within the United States' interests to keep Iran stable as a tactical ally against ISIS and not unwind the current deal as it will be hard to be the U.S. coalition back, and much of Iran's nuclear expenditures are irrelevant to a peaceful program.

As to Iran's relationship with Israel, he noted that Iran has a large Jewish community. For a long time, Iran has good relations with Israel, and they had overlapping interests. It is a tragedy that they no longer get along and once Iran puts state over religion, it will have more in common with Israel.

It is important, according to Sadjadpour, that the U.S. work with the international community to have an effect on Iran and not try to go it alone.

Finally, Sadjadpour said that Americans who travel to Iran find the



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society very pro-American, and are friendlier to visiting Americans than many other foreign countries, and Iranians understand that their quality of life was better under the Shah, when they were friends with the U.S.

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of international and national interest. The BIG ARTS FORUM is supported by volunteers, ticket sales and the sponsorship of the Northern Trust Company and Sue and Tom Pick.

While the 2017 BIG ARTS FORUM subscription series is sold out, day-of-event seating often frees up and is distributed on a first-come basis. Call 395-0900 the day of the event to make inquiries or email info@bigarts.org.✱

Sanibel Scouts Visit Camp Miles



Members of Sanibel's Cub Scout Pack and Boy Scout Troop 1740 at Camp Miles

photo provided

Sanibel's own Cub Scout Pack and Boy Scout Troop 1740 spent an active month in January by focusing on camping, as both Pack and Troop members worked on camping-related skills and activities. It culminated in a camping trip to BSA property Camp Miles up in Punta Gorda. More than 20 families attended, with daytime activities including archery and hiking, and nighttime cooking over the fire, making 'smores and singing songs by the campfire.

For more information about scouting and future activities, contact Pack Committee Chair Kara Stone at 223-4625 or Troop Committee Chair Kim Kouril at 233-4180.✱

Adult Co-Ed Softball

The Spring Sanibel Adult Co-ed Softball League games will be played at the Sanibel ball fields on Wednesday nights. The league will start on Wednesday, February 15. Teams need to be registered no later than Monday, February 6. T-shirts and team trophies will be awarded to top teams. The fee is \$520 per team. There will be a coaches' meeting on Wednesday, February 8 at 6 p.m. at the Sanibel Recreation Center.

For more information, or if you are looking for a team, contact Char Durand at the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.✱



Softball action under the lights at the Sanibel ball fields
photo courtesy Sanibel Recreation Center

Pickleball Tournament

Join your friends and neighbors at the Sanibel Recreation Center on Friday, February 10 at 11:30 a.m. for the Healthy Heart Month Pickleball Tournament. These events are open to all players 18 years of age and over. To participate, pick up a registration form at the Sanibel Recreation Center to complete and return in advance.

Can't make the tournament or want to learn how to play pickleball?

Come out to the recreation center on Mondays (three courts) and Wednesdays (six courts) from 5:30 to 7 p.m. or Saturdays (six courts) from 1 to 3 p.m. for pickup pickleball. All skill levels are welcome. Non-skid, closed-toe shoes are required. The cost of this program is included with your daily, weekly, six-month or annual Sanibel Recreation Center membership. A day pass is required for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✱

New Director Of Wellness Named

Barbara Gennity has been hired as the director of wellness for The Sanctuary Golf Club's new Wellness Center. She has worked in the fitness and wellness industry for over 20 years, managing multiple fitness club locations for Lucille Roberts Health Clubs in New York City. Her experience includes coordinating group and personal fitness programs, wellness events, and weight management programs.

In 2007, Gennity and her husband relocated to Southwest Florida where she worked at the Sanibel Recreation Center as the fitness coordinator. As The Sanctuary's director of wellness, she will lead and develop all fitness programming including; group classes, personal trainers, aquatics, massage therapy and wellness lectures.

"We are committed to making The Sanctuary the finest club for its members and believe that bringing Barbara on board as our Director of Wellness is instrumental in achieving that goal," stated Ken Kouril, chief operating officer of The Sanctuary Golf Club.

"I have heard and read so many amazing things about The Sanctuary Golf Club's members and staff," said



Barbara Gennity

photo courtesy The Sanctuary Golf Club

Gennity. "I am very excited to be a part of the team and participate in making the new fitness center as incredible as the rest of The Sanctuary."

For more information regarding The Sanctuary Golf Club, contact Sheryl Tatum at statum@sanctuarygc.net or 322-5182.✱

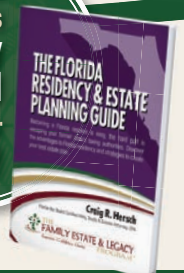
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Golfing Great Returning Here To Commemorate 30th Chubb Classic



by Ed Frank

He is the most successful international golfer of all time. He is one of only five golfers in the world to have won all four major golf tournaments. And he has won 167 tournaments on six continents over six

decades.

These descriptions and much, much more belong to 81-year-old Gary Player, the 1988 inaugural champion of what is now known as the Chubb Classic, and who will return here in two weeks to mark the 30th anniversary of this Champions Tour event.

It is symbolic that this living golf legend will highlight the Chubb Classic February 13 to 19 at TwinEagles Club in Naples, which is the longest running tournament in the same metropolitan area on the Champions Tour.

“To see any event stay in one community for 30 years is truly special,” Player said in accepting the invitation to come here.

Turning the calendar back to 1988, Player won that initial tournament by one stroke which was played that year at The Club at Pelican Bay in Naples. It was his ninth win on the Champions Tour.

He went on to win a total of 19 championships on the senior tour, including six Champion Tour majors.

A physical fitness perfectionist, the trim, 150-pound Player will tee it up in the pro-am tournament before to the start of the Chubb Classic, and then signal the official start of the first-round of championship play with an honorary tee shot prior to the first round on Friday, February 17.

You will be missing an opportunity to witness one of the greatest golfers ever to play the game if you're not there.

This reporter remembers vividly interviewing Player several years ago here when he was still competing on the Champions Tour.

Always friendly and cooperative, he soon asked me if I played golf. I said “Yes... but poorly.”

He handed me one of his clubs and told me to take a few swings.

The interview suddenly turned into a priceless golf lesson which ended with his words of advice, “You’ve got some work to do on your game.”

Gary Player’s biography is one of amazing accomplishments both on and off the golf links.

His 167 tournament championships include three Masters victories (1961, 1974

continued on page 25B



Gary Player

photo provided

SPORTS QUIZ

1. Name the last pitchers before the Los Angeles Dodgers’ Clayton Kershaw in 2015 to record at least 300 strikeouts in a season.
2. Who was the last St. Louis Cardinal to lead the National League in RBIs for a season?
3. How many consecutive seasons have the Clemson Tigers football team won at least 10 games?
4. Dwane Casey is the Toronto Raptors’ all-time leader in regular-season coaching victories (210 entering the 2016-17 season). Who is No. 2 on the team’s list?
5. In 2016, Connor McDavid tallied five points in an NHL game, becoming the third rookie player in Edmonton Oilers history to do such. Name either of the other two.
6. Who was the last NASCAR Cup driver before Carl Edwards (2015) and Martin Truex Jr. (2016) to win the Charlotte 600 race and Darlington 500 race in the same year?
7. In 2016, Serena Williams set the record for most Grand Slam singles victories in the Open Era. Who had held the mark?

ANSWERS

1. Randy Johnson (334 strikeouts) and Curt Schilling (316), teammates in Arizona in 2002. 2. Albert Pujols, with 118 RBIs in 2010. 3. Six seasons. 4. Sam Mitchell had 156 regular-season coaching victories (2004-08). 5. Dave Lunley (1980) and Ryan Nugent-Hopkins (2011). 6. Jimmie Johnson, in 2004. 7. Martina Navratilova, with 306 Grand Slam singles wins.

SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through January 30

Standing	Team Name	Won	Lost
First	Bunt’s Ball Busters	220	100
Second	Sandycappers	147	173
Third	Fresh Legion Crew	144	176
Fourth	Sanibel Café	128	192

January 30 Results

Bunt’s Ball Busters	15	Fresh Legion Crew	5
Sandycappers	10	Sanibel Cafe	10

Sanibel 8-Ball Pool League

Fight For Second

Mike DeWitt returned from a two-week layoff in Colorado to pick up his cue and use it to pummel Gator Gates (figuratively) four straight games. His 4-0 production led Bunt’s Ball Busters to a 15-5 victory over then second place Fresh Legion Crew. DeWitt had help from teammates Terry Ricotta, Rich Ennis and Steve Gordon, all of whom posted 3-1 wins over Fresh Legion Crew’s Tarzan Russell, Doc Lubinski, and Becky Skog. Gordon shot for the first time this year

after arriving for his annual six-week stay at his Sundial unit. Bright spot for the Legion Crew was the play of Kip “Dancing Man” Buntrock, who manufactured two wins over Dave Doane. This made Buntrock top shooter for his team for the evening. Be assured that this seldom happens. Incidentally, the “Dancing Man” moniker comes from the end zone-type dance production Buntrock brings to the table when he executes a miraculous shot or safety.

Pete Mindel won his last three games of the night to rescue his Sanibel Café

continued on page 27B

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Sanctuary Community Golf Challenge Helps Raise Funds



CFI board member and Trust Company Executive Vice President Steve Greenstein, left, presents his Helicopter Drop winnings to CFI board president and Trust Company founder Al Hanser for donation to the public charity photos provided

A full field of 144 golfers took to the The Sanctuary Golf Club's course on January 21 in the Sanctuary Community Golf Challenge.

Established and sponsored by The Sanctuary Golf Club more than 15 years ago, the Community Golf Challenge has raised more than \$1.5 million over the years, helping the Charitable Foundation of the Islands to provide critical resources to those in need on Sanibel and Captiva islands.

Through the members' financial support of the event and by generously providing the clubhouse and golf course for the day, The Sanctuary Golf Club is a true reflection and a great example of the caring nature of our islands.

The Sanibel Captiva Trust Company was once again a Diamond Sponsor and Cart Sponsor for the event and helped raise a record amount in this year's tournament. Tournament committee member, CFI board member and Trust Company Executive Vice President Steve Greenstein was the winner of \$3,220 in the Helicopter Ball Drop and donated his winning back to the cause.

"I believe in Charitable Foundation of the Islands' mission and am happy to join my fellow Sanctuary members in making a difference in the lives of those in need here on the islands," said Greenstein. "The Sanctuary staff did their usual fantastic job of making this tournament the premier golf event of the year and it was a great

day in support of a great cause."

CFI, a public charity originally founded in 2000, makes grants to nonprofit organizations that affect the health, education and well-being of our community and directs emergency grants to help those needing assistance for food, housing, healthcare and mental health crises.

"The Sanctuary has embraced Charitable Foundation of the Islands from the beginning," said CFI Board President and Trust Company founder Al Hanser. "I can't express enough gratitude for their support of this public charity which does so much for our island community."

Proceeds from this event, combined with the stewardship of permanently endowed funds, allow CFI to promote philanthropy and build a spirit of community to enhance the quality of life on the islands for now and generations to come.✱



From left, The Sanctuary Golf Club COO Ken Kouril, Director of Golf Brett Kist, Charitable Foundation of the Islands Board President Al Hanser, event honorary chairs Chip and Nancy Roach, Sanctuary Tournament Committee Chair Jackie Bingham and Board of Governor's President John Schmidlin

From page 24B

Ed Frank

and 1978), two PGA titles (1962 and 1972), three British Open wins (1959, 1968 and 1974) and a U.S. Open championship in 1965.

As a preeminent golf course architect, Player has designed more than 325 courses throughout the world.

His company, Black Knight International, includes Gary Player Design, Player Real Estate, Gary Player Enterprises and The Player Foundation.

That foundation built the Blair Atholl Schools in Johannesburg, South Africa, which has educational facilities for 500 students. In addition, the foundation has expanded efforts in all corners of the globe raising funds for impoverished children through four Gary Player Invitational events in Europe, China, South Africa and the United States.

Those events have raised more than \$50 million in 30 years.

When he's not traveling the world attending to his far-flung ventures, Player spends time on his ranch in South Africa, the Gary Player Stud Farm, where more than 2,000 top thoroughbred race horses have been bred.

You won't want to miss seeing this all-time golfing great when he returns here to commemorate the 30th Chubb Classic.✱

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David Platt photos provided



Robin L. Cook

Trust Company Domicile Program

The Sanibel Captiva Trust Company is offering a roundtable seminar on how to establish a Florida Domicile from 3 to 4:30 p.m. on Tuesday, February 7 in the board room of their Sanibel office, located at 2460 Palm Ridge Road.

The event is being hosted by Robin L. Cook, executive vice president, The Sanibel Captiva Trust Company, and David M. Platt, Wills, Trusts & Estates Attorney, Henderson|Franklin Attorneys at Law. Cook explains the importance of understanding the definition of “Florida Domicile” and why it is critical for new residents to follow steps to establish it.

“So often, new residents to the area believe that purchasing a home here and spending part of the year means they have ‘domiciled,’ which provides them with the privileges and benefits of Florida estate tax laws and protections,” said Cook, “but that is not the case. There is much more to it and this is what we address at our seminar.”

Seating is extremely limited in this roundtable format, designed to maximize time with the advisors. Reservations are required; \$2 million investable assets and higher. Reserve seats by calling 472-8300 or emailing fsteger@sancaptrustco.com.✪

Prostate Cancer Conference To Be Held On March 4



The late Capt. Dominic Manarite and Jan Manarite photo provided

Jan Manarite, executive vice president of Prostate Cancer International, is bringing a conference for prostate cancer patients and caregivers to Punta Gorda on Saturday, March 4. The conference, titled Prostate Cancer Today: Living Well, Choosing Wisely, will be focused on patient empowerment, and geared to help people in whatever part of their cancer journey they may be in. There will be panel discussions, question-and-answer sessions, insurance help and discussion of side effects.

Speakers include Dr. Michael Katin and Dr. Constantine Mantz from 21st

Century Oncology, Dr. Bob McDonald and Dr. Eric Lubiner from Florida Cancer Specialists, and several nurses, pharmacists, advocates and patients.

The conference will be held at the Charlotte Harbor Event & Conference Center on the Peace River in Punta Gorda, which sits in the historic downtown section of Punta Gorda.

Discounted hotel rooms are available at the PC Waterfront Inn for \$139 per night plus tax. The deadline for reserving your discount hotel room is Monday, February 13. Room availability is first come, first served.

Free admission will be offered to anyone who cannot afford the \$25 per person donation/registration fee. Free lunch will be offered to everyone who registers by Saturday, February 25. Register online at www.TinyURL.com/Mar4Conf or by calling Jan at 208-4400.

Many of you may remember Capt. Dominic Manarite, who was a charter captain for over a decade at Castaways Marina. He had a long battle with prostate cancer, which eventually took his life in 2013. Jan is his widow, and this is her continued commitment to advocacy and education in patient empowerment, and in prostate cancer.

For more information, call Jan at 208-4400 or email JManarite@hotmail.com.✪

Williams Lecture On The Horizon

The Center for Environmental and Sustainability Education (CESE) at Florida Gulf Coast University is a local organization that works toward realizing the dream of a sustainable and peaceful future for Earth through scholarship, education and action. Since CESE began in 2004, it advances this mission locally through events such as its annual Rachel Carson Distinguished Lecture Series. Terry Tempest Williams will give this year’s lecture on Friday, February 3 starting at 7 p.m. at St. Michael and All Angles Church on Sanibel Island. This lecture is free and open to the public. Doors open at 6 p.m. with a performance by renowned flutist Kat Epple, and the event will conclude with a book-signing and reception in the Parish Hall.

In addition to public education programs, another important local initiative of the Center is Student Associates for a Greener Environment (SAGE). SAGE is a mentoring program that pairs FGCU professors with students who are engaged in community sustainability projects. The projects vary between scholarly work,



One of the completed SAGE projects photos courtesy CESE



Center for Environmental and Sustainability Education students at work

environmental research, raising awareness of an important issue or an original student idea. To help these students reach their goals, SAGE provides a number of grants for up to \$1,000 each.

CESE is funding many innovative projects this year through SAGE, each of which reflects the broad range of student interest in sustainably improving the local community. The Sustainable Garden Project at the Community Cooperative of Fort Myers funds a student’s ambition to build a composting system for an organization dedicated to ending hunger and homelessness in Lee County. Among its many services, The Community Cooperative of Fort Myers offers coaching to help its clients learn self-development, goal setting, employment and financial skills, and the importance of health and wellness. The Intravenous Lily Pads project funds several students’ dream to bring the joy of nature to children in the Golisano Children’s Hospital of Southwest Florida. Through the project, the students will continue to create seating attachments for intravenous poles. These apparatuses will contain illustrations of native flora and fauna along with informational cards that explain the environmental importance of Florida natives.

The assistant director of CESE, Dr. Maria Roca, has been working with SAGE since it was founded six years ago. Dr. Roca shared that she is most proud of the program because, “SAGE supports and celebrates Florida Gulf Coast University’s greatest resource... our students.”

The Center for Environmental and Sustainability Education welcomes contributions. All gifts go directly to programs, such as SAGE, Earth Charter scholarly work, and center leadership in international research in education.

A Sunset Gathering for patrons and the center’s renowned board of advisors will be held at the Captiva Island Yacht Club on Saturday, February 4. For questions on contributing at the patron level, contact Peter Blaze Corcoran at 590-7166 or email pccorcora@fgcu.edu.✪



A flock of sanderlings photographed from a respectful distance using a zoom lens

photo by Alexis Horn

From page 1B

Ethics Discussed

brought stirring photographs of Yosemite National Park and the American West to the masses, launching a conservation movement to preserve and protect the environment from overdevelopment and animals from extinction.

Among the subjects covered during Horn's lecture included theft, plagiarism and manipulation of images; the ethics of photojournalism; individual expertise and responsibilities; social knowledge of rules and laws; and truth in captioning.

When photographing animals, it is best to know your subject(s), their habitat and behavioral patterns. Photographers should respect the animal's routines, use an appropriate camera lens length, and acquaint themselves with the fragility of their eco-system. "If an animal shows any signs of stress if you're there, just back away," she said.

For landscape photography, watch your step and follow any regulations which may be in place. "The rules are there for a reason, and mostly for safety," she added. "Use your common sense and be respectful."

Horn noted that shorebird nesting season is about to begin on the islands. From the middle of February through August, three species of shorebird – snowy plovers, Wilson's plovers and least terns – nest on Sanibel and Captiva. Citing several examples of images which depicted photographers getting too close to flocks of shorebirds and their nests, not respecting both natural and man-made barriers, Horn offered some advice to people who may want to attempt to take pictures of plovers, terns and the like:

- Respect signed nesting areas, including those installed by SCCF. Plover

nests are especially difficult to see. The posted areas prevent beachgoers from accidentally trampling the eggs in a nest.

- Honor the leash law. Plovers view dogs as predators. An unleashed dog can destroy nests and kill hatchlings.

- Be a respectful photographer and limit both the distance between yourself and the birds as well as the amount of time spent photographing them.

"I've seen crows hanging around people photographing a shorebird nest," she told the audience. "They've learned that when a photographer walks away, the nest is unprotected and they will use that as an opportunity to prey on eggs."

During sea turtle nesting season, which runs from April through October, similar respect from photographers should be shown. If photographing nesting sea turtles:

- Limit your viewing time to a few minutes
- Keep disturbance to a minimum, moving slowly and quietly
- Do not approach a sea turtle from the front, keeping as low as possible
- Never approach a sea turtle as it arrives from the sea, which may make them feel threatened and return to the sea without laying eggs

- Do not use flash or artificial light photography. Special red filters (which cannot be seen by the sea turtles) are available to add to your flash and/or flashlight

Horn's lecture on Conservation Photography: Ethics In Practice will be repeated on Thursday, February 23 at the SCCF Nature Center, located at 3333 Sanibel-Captiva Road. The program will begin at 10 a.m. The cost to attend the lecture is \$5 for adults; no charge for children and SCCF members. For more information, call 472-2329 or visit www.sccf.org.✱

From page 24B

Sanibel 8-Ball

team and helped eke out a 10-10 tie with Sandycappers. John Bates also won three games over Sanibel Café Captain Rich McCurry to emerge as

top shooter for his team. In spite of the tie, Sandycappers overtook Fresh Legion Crew and moved into second place three games ahead of the Legion Crew. The two teams meet Monday night. Matches start at 5 p.m. and spectators are welcome.✱

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Local Lions Hear How Club Helps Those Served By FISH Of SanCap



Lions Club President Debi Almeida with FISH of SanCap President and CEO Maggi Feiner at the January meeting
photos courtesy Sanibel Captiva Lions Club

The Sanibel Captiva Lions Club hosted FISH of SanCap President and CEO Maggi Feiner as a guest speaker for the January dinner meeting. It was the last Lions Club meeting to be held at George & Wendy's Sanibel Seafood Grille, the temporary location during renovations at The Community House. "It was a delight to hear Maggi talk about the many programs and how the Lions Club has helped those with sight issues through FISH," said Debi Almeida, club president. "And we are so grateful to George & Wendy's for their wonderful hospitality, but look forward to being back at The Community House in February." FISH social workers often meet with individuals and families to assess healthcare needs, including sight issues. It is part of more than 40 programs, services and workshops the non-profit offers. Since 1917, Lions clubs have

aided the blind and visually impaired worldwide. Additionally, the club supported the annual 10K Race 4 FISH, donated Christmas trees to families during the holidays and many Lions are FISH volunteers. "The Lions club makes a huge positive impact on our community," said Feiner, who first joined the FISH board in 2004 and donates more than 50 hours of her services weekly. "We, at FISH, appreciate their contributions to helping those who live, work or visit our islands." The club continues to collect used eyeglasses as part of Recycle For Sight. From June to December 2016, Lions collected 1,349 pairs of glasses for cleaning and distribution to those who need them now. Prescription eyeglasses, reading glasses or sunglasses can be donated through specially marked Lions Recycle For Sight collection boxes located throughout the islands, including Ace Hardware, Bank of the Islands (Sanibel and Captiva), Bailey's General Store, Island Pharmacy, Jerry's Foods, Joey's Custard, Lazy Flamingo (Periwinkle Way and Santiva), Sanibel Captiva Community Bank (Library Way and Periwinkle Way), Sanibel Public Library, Sanibel Eyecare, Santiva General Store and Sanibel's Center 4 Life. The next Lions Club guest speakers will be Sanibel City Manager Judie Zimomra and Interim Sanibel Police Chief Bill Dalton during the February 15 dinner meeting. Visiting Lions are welcome to attend. For more information on the club, visit www.sanibelcaptivalions.org. To learn more about FISH, visit www.fishofsancap.org.



The specially marked Lions Recycle For Sight box located throughout the islands

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses. **Dear Mom & Me,** My wife and I planned and researched our retirement for five years. I now realize that the planning time was the fun time, not living the lifestyle. Six months into retirement, my wife was diagnosed with type two diabetes. Her doctor was very specific with the details and a nutritionist counseled us both. I have spent the last year going to doctor's offices, taking her to the hospital and trying my best to help her with her diet and exercise. She

refuses to cooperate with me and all of the others trying to help her. Is this how people normally behave with this condition? **Dear Phil,** It is a mystery to me why some people refuse to help themselves when others are trying so hard to assist them. I once talked to a heart surgeon who complained about the exact same thing. He tried so hard to help his patients, and then they refused to help themselves e.g., not following his diet or exercise program that he prescribed. I would suggest you talk to your wife's doctor, tell him your problem, and he/she might have some suggestions. **Dear Phil,** People react differently to new diagnoses. Bottom line for you, if your wife does not want to follow the advice of her medical team, that is her choice. I am sure she has been advised of the health consequences of non-compliance with her new diet restrictions. As much as you want for her to live successfully as many, many people do with diabetes, she needs to want it for herself. My advice for you would be to make sure that you go to an elder care attorney for financial planning to protect the family finances should her lack of compliance cause skyrocketing health care costs.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

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dearRPharmacist

We Are Never Sure If We Should Say It Out Loud



by Suzy Cohen, RPh

Dear Readers: When I worked in retail stores, one of the most common questions I had was, "What side effects will this drug cause?" I remember some of my customers, especially the funny

ones or those who gifted me with tokens like flowers, hand-made jewelry or pickled herring which I craved during my pregnancy in 1993. I had a good relationship with all of my patients.

I used to work 14-hour shifts, day

after day back in the '90's and 2000s. I "floated" all around central Florida whenever a pharmacist called off. The pharmacy would be closed and I was the pharmacist called upon to go open it, hence "float." I thrived in this position, basically walking into a mess, and catching the store up, making all the customers suddenly happy.

But there's a ton of mental chatter to reconcile in our brain when we are not sure that you need what the doctor prescribed, or if there's a natural vitamin for that, or we realize the side effects will be far worse for you than your condition itself. We are never sure if we should say it out loud.

People trust us. Americans have deemed us to be among the most honest professions, maintaining the highest ethical standards. That's why pharmacists have been rated in the top two "most trusted professionals in the United States" yet again. (Gallup Survey).

Pharmacists can:

1. Keep you safe. As medication

experts, we reduce risk of miserable side effects. Occasionally, one drug is intended, but another drug is prescribed by accident. Maybe Zyrtec for Zantac, Actos for Actonel or Neurontin for Noroxin. Your pharmacist should catch these errors.

2. They're accessible and fast. Pharmacists are always on duty if a pharmacy is open. You don't have to make appointments weeks in advance to get advice.

3. They're intelligent. If you have a skin rash from poison ivy or a bee sting, your pharmacist can suggest an over-the-counter remedy. If you are constipated or have the flu, we got your back.

3. They're not paid off. Pharmacists work for you, not the pharmaceutical companies that probably sent a drug rep over with delicious meals, trinkets and trips. This colors the decision-making process of some (not all) physicians. Capiche?

5. You save money. The "pharmacy tech" expertly runs your prescription

through your insurance company online and they'll check the cash price against your insurance co-pay in case it's lower. Some will phone your insurance company to authorize cheaper alternatives.

6. Pharmacists know about food, too. They'll suggest you avoid grapefruit if you take statins, or avoid MSG with sedatives. Bananas are constipating, you should avoid those with hydrocodone, but eat them with some diuretics like HCTZ. Tips like this are worth their weight in gold.

Your pharmacist may be high up and partially hidden behind glass (that's for security reasons... you do realize they are in charge of millions of dollars of drugs right?) but I highly recommend that you develop a relationship with your local pharmacist. We are on your side.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine

Create Immune Resilience With Thymus HUB



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

The thymus gland is intimately involved in our immune system, production of T Cells to fight off invading

microorganisms. You have learned the benefits of thumping thymus to boost the immune system. Connecting thymus to other locations or systems, including the spleen, the electrical system, the "gut" via the navel and the hippocampus (part of the limbic system) is critical to building resiliency to "dis-ease" and boosting the immune function. We have learned the connection to the main heart electric point, spleen 21 points. Today will learn the benefits of the connection to the navel.

The gut has the largest number of immune cells in the body. The navel is like an energetic gate to the second brain – the gut. Over 100 million neurons in the gut link directly to the brain, which is why one experiences that "gut feeling" or butterflies in your stomach when nervous or excited. The intestines contain 60 percent of the body's blood and also produce 90 percent of the body's serotonin (the ability to feel happiness) and 50 percent of its dopamine, which helps us experience pleasure and drive. Stagnant blood and energy in the gut blocks the health of these functions, leading to any number of negative health effects. By stimulating the navel, energetic tension is released in the entire abdominal

cavity as well as many energetic and nerve connections to all the organs. Plus, the navel is the hub of the Central Meridian, is directly connected to Chakra energy, is a Radiant Circuit and has energetic tentacles to all parts of our being.

So, the big news is that placing your index finger in your navel acts as a reset button because just below it lays 90 percent of the body's serotonin; 50 percent body's dopamine; extensive network fascial tissue connecting organs; half of the blood in the body, enteric nervous system, digestive system and lymph nodes. Wow, lots of boost to the immune system's resiliency.

The third connection is between Thymus gland and the navel to increase immune function. Here is the technique:

1. Begin by thumping the thymus with either hand. Or if it feels better to merely place the palm of the hand on the gland, that is fine too (especially if you are sensitive to the thumping motion).

2. Thump Thymus and hold Heart Electric Point, the main electrical point of the body (previous column). Thump Thymus with Spleen 21 points (both sides).

3. Thump Thymus while placing the other hand's middle finger in the navel and gently pull up.

4. Hold this connection for two to four minutes or until you feel a shift in your energy – perhaps a deep breath or deep sigh. Gentle rocking may be soothing.

You learned the first, second and third connections.

Have fun with your energy. Next week's topic is Create Immune Resilience with Thymus HUB to Hippocampus.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

Pancreatic Cancer Walk

The 6th annual Southwest Florida Pancreatic Cancer Research Walk will be held Saturday, February 18 at Florida SouthWestern State College (FSW). Registration opens at 8:30 a.m. and the walk begins at 10 a.m.

There will be entertainment as well as a 50/50 raffle, refreshments and face

painting. U.S. Marines will lead the walk, followed by cancer survivors.

Registration is \$50 online and \$60 for walk-ins. For more information, visit www.2017SouthwestFloridaWalk.kintera.org or call 415-3886.

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FSW is located between Cypress Lake Drive and College Parkway near Barbara B. Mann Performing Arts Hall.✱

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Doctor and Dietician

What Are The Best Foods For Fitness?



by Ross Hauser, MD
and Marion Hauser, MS, RD

A recent health article encouraged consuming carbohydrates – such as cereal, granola bars and fruit – at least an hour before workouts and discouraged the consumption of saturated fats, because fats take longer to digest. But are carbohydrates the best foods for fitness?

Carbohydrates are basically sugars. Not everyone feels their best on a high carbohydrate diet. People with hypoglycemic tendencies may get shaky, lightheaded or weak because carbohydrates worsen blood sugar swings as well as increase insulin levels, decrease anabolic hormone levels and can put the body into a fat-storing mode versus a muscle-building

one. Muscle is almost all protein. Those who exercise regularly need protein, because the body uses protein to repair muscles. How will athletes build muscle and restore tissue damage with cereal and fruit?

Endurance athletes tend to see gains in energy, strength and recovery from protein and fatty acids. In order to be in optimal health and improve athletic prowess, athletes must eat substantially more of the essential fats and proteins than sugar-based foods. Essential fatty acids are found in food such as flaxseed and olive oils, fish, nuts, chia seeds, cruciferous and dark leafy vegetables. Proteins are found in foods such as meat, fish, poultry, eggs, nuts, beans and soy, including tofu and tempeh.

Water is usually all that is needed for hydration while working out. Athletes may require supplementation with sports drinks during long, intense workouts in the heat, but there is typically no need for sugary drinks and carbohydrate loading for short workouts. Electrolyte tablets are also a nice low calorie option for those sweating outside in the sun and heat.

In summary, make a habit of eating fresh foods, rather than high calorie, sugary drinks and bars to fuel your daily workouts and recovery.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✪

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Every year, I resolve to get through the holidays and it never seems to work.

What would you suggest to handle this difficult time?

A: You are one of millions of people who find the holidays a difficult time. Each year, around Thanksgiving, we resolve to celebrate the real meaning of the holidays. We vow that we will be kind to others and to ourselves, not over-eat or drink too much and, above all, we plan to avoid the excessive stress we are bound to experience during this festive season. Despite our good intentions, we usually end up running ourselves ragged. Impossibly high expectations and additional chores that complicate already overloaded schedules often create an overwhelming sense of disappointment, rather than a joyous holiday spirit the season promises. Sometimes, even our plans to avoid stress are so complicated, they even create it! Below, best-selling author Deepak Chopra sums it up with reality and some helpful suggestions:

The holidays, officially a time of good cheer, have become instead a byword for stress, overeating, running up bills and enduring one's relatives. This falls in line with the last two posts on happiness and our dubious relationship to it. It's hard to find to define a greater goal in life than lasting happiness, yet modern psychology, with its notions about happiness being incidental and unpredictable, discourages us from believing in lasting happiness.

What's the solution? Let me suggest returning to a simple but profound idea that has endured in every spiritual tradition. Unhappiness means that you are not being yourself. When you are being yourself, happiness is permanent because the "true self" is by nature at peace, blissful and undisturbed by the ups and downs of daily life.

The definition of happiness – being yourself – couldn't be easier to grasp, but there's a winding path to get there when you are starting far away. The kind of happiness all of us were raised to believe in depends on the pursuit of pleasure and the avoidance of pain. In the world's spiritual traditions, this is considered a false path. Not because pleasure is bad (we can leave aside the doctrine that values pain and condemns pleasure), but because it is temporary. If you want temporary happiness, a beautiful sunset, a new Porsche, Christmas turkey or a

week in the Bahamas will do the trick. But once you come down to earth, the issue of lasting happiness, the kind that no one can take away from you, remains.

The holiday season is actually a "holy-day" season, which makes it ideal for examining your relationship to happiness. I don't mean monitoring your mood as it goes up and down. Rather, use this time for a little experiment. As you move through the holidays, keep track of the following things that bring you closer to your true self, or away from it.

Closer to your true self:

- Moments of peace and joy
- Feeling loved
- Feeling safe
- Having a sense that you belong
- Lightness of being
- Being carefree
- Appreciating your own existence
- A sense of the sacred, of grace and blessedness

Don't be embarrassed about watching for these signs, because they are part of who you really are. They are the unchanging background against which all activity takes place. Activity draws you out of relationship with your true self, which is why moments of truth come and go. They twinkle like the stars, which emit a constant light but seem to grow brighter and dimmer because of disturbance in the atmosphere.

As part of your experiment, note the symptoms of moving away from your true self, the path to unhappiness.

Away from yourself:

- Other people push your buttons
- Your family puts you in a box and tells you to stay there
- You feel helpless to change
- You need the anesthesia of alcohol or stuffing yourself with food
- You feel tossed about by external stresses
- There is no holiness that you can personally sense
- All the activity begins to feel pointless

These signs are not a condemnation of the holidays, which exist to bring us back into a simple relationship with our spiritual nature. They are the symptoms of a broken connection. So try the experiment for yourself, and then when New Year's comes, you can make some life-changing decisions about how important it is to be as happy as your soul wants you to be. This is the closest thing to an eternal message that this time of year has to offer.

Deepak Chopra, M.D. is author of *The Ultimate Happiness Prescription: 7 Keys to Joy and Enlightenment*

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✪



The journey of a million miles begins with a single step...

Take a step toward healthier living by joining Healthy Lee's Million Mile Movement! We're challenging Lee County to get more active by moving 1,000,000 miles in 90 days.

Whether you're walking, running, biking or swimming, register for this community-wide challenge for **FREE** at www.HealthyLee.com and begin logging your "movement" today.

Be part of the Million Mile Movement!

WHO? Lee County residents of all ages and fitness levels can participate as an individual or as a group

WHAT? Any form of movement qualifies, walking, running, biking, swimming and even weight training

HOW? Register at www.HealthyLee.com and on Jan. 9, start logging your miles on the Challenge Portal, powered by Fit Nation

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

To advertise in the *Island Sun* Call 395-1213



Grilled Swordfish With Mango Citrus Salsa

medium-high heat for 4 minutes per side or until cooked through. To serve, spoon the Mango Citrus Salsa over the swordfish steaks and garnish with mint sprigs.

Yield four servings
Nutritional Value Per Serving
Calories 333, Calories From Fat 95,
Total Fat 11g, Saturated Fat 2g, Trans
Fatty Acid 0, Cholesterol 66mg, Total

photo courtesy Fresh From Florida
Carbohydrates 24g, Protein 35g, Omega
3 Fatty Acid 1.44g
Look for Fresh from Florida
ingredients at your grocery store.✱

Grilled Swordfish With Mango Citrus Salsa

- 1 cup pink grapefruit sections
- 1 cup orange sections
- 1 cup papaya cubes
- 1 star fruit, diced
- 1 cup mango cubes
- 1 medium red onion, finely diced
- 1 tablespoon fresh cilantro, chopped
- 1 tablespoon mint, chopped
- 2 tablespoons orange liqueur (optional)
- 4 six-ounce swordfish steaks,
1½ inch thick, skin removed
- 1 tablespoon olive oil
- sea salt
- black pepper
- mint sprigs for garnish

Make the Mango Citrus Salsa by combining all ingredients except swordfish, oil, salt and pepper in a medium bowl. Mix well and set aside to let flavors blend. Brush swordfish steaks with olive oil then season with salt and pepper to taste. Grill steaks over

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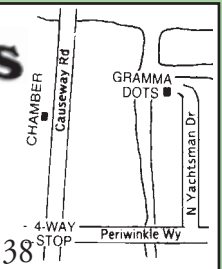
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Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club.	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Alfie is a 6-year-old male terrier mix who is the perfect size companion for someone in apartment or condo living. He is a bit shy at first, but after a few minutes, he will climb right on your lap and be perfectly content hanging out there. He is a single guy looking for someone just in time for Valentine's Day. Are you his perfect match?

His adoption fee is \$25.
Porkie is a young female domestic shorthair special girl that would make a great addition to anyone's family. When she arrived at Lee County Domestic Animal Services, she was showing signs of neurological issues. She has improved greatly and blossomed into a great cat. The only remaining signs of her problem is that she sometimes has trouble jumping up. Are you the perfect match for this sweet girl?

Her adoption fee is \$14.
For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Alfie ID# 687544



Porkie ID# 625468

Guide Dogs Featured

Dog lovers across the nation are discovering the magic of Southeastern Guide Dogs during the lead up to Animal Planet's *Puppy Bowl XIII*, which airs on Super Bowl Sunday, February 5 at 3 p.m. Due to the generosity of sponsor Subaru of America, Inc., two Pup Close and Personal commercials are airing now: one showcasing Tampa's Folkman family of puppy raisers with their puppy Suba, and the second highlighting visually impaired veteran Kathy Champion of Gulfport, Florida, and her guide dog, George.

The Folkman family members have been Walkathon volunteers, breeder hosts and puppy raisers for Southeastern Guide Dogs. They introduced the organization to the Mastro family, owners of Mastro Subaru. That franchise sponsored the Tampa Walkathon, included Southeastern

Guide Dogs in their local Subaru "Share the Love" campaign, sponsored two puppies named Mastro and Legacy, and made the connection to Subaru of America in Orlando. It was that link that led to Subaru of America choosing Southeastern Guide Dogs for their promotional ads for Animal Planet's *Puppy Bowl XIII*.

"We cannot thank the Folkmans, Mastro Subaru, Subaru of America, Inc. and Animal Planet enough for their unbelievable support and generosity," said Titus Herman, CEO of Southeastern Guide Dogs. "They have created commercials that are not only beautiful and professional, but invaluable in bringing the mission of our nonprofit to the attention of the entire country. Everyone who watches *Puppy Bowl XIII* will learn about our superhero dogs that transform lives, special volunteers such as the Folkmans that make our services possible, and inspirational graduates like Kathy Champion, who benefit from our services."**

Calusa Chapter MOAA Meeting

Chino Chen, a new member of the Calusa Chapter of the Military Officers Association of America, will be the speaker at the regular chapter monthly meeting on Saturday, February 11. The 10:30 a.m. meeting will be held at Gulf Coast Village, 1333 Santa Barbara, in Cape Coral.

All current, former and retired military officers and spouses are invited to attend. Reservations are requested and may be made by contacting Dixie Buick at 945-5030 or calusamoaa@yahoo.com.

For membership information, call Tom Wagner at 608-658-6254.*

Lee Coast MOAA Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association or America) will be held at Crown Colony Golf and Country Club at 5:45 pm, Monday, February 13. The speaker will be Dr. Wright-Izak, PhD in military sociology and instructor at Florida Gulf Coast University.

Former, retired or active duty uniformed officers who are interested in joining MOAA should contact Jeff Nichols at 515-720-5204 for membership information.*

PUZZLES

Answers on page 37B

Super Crossword

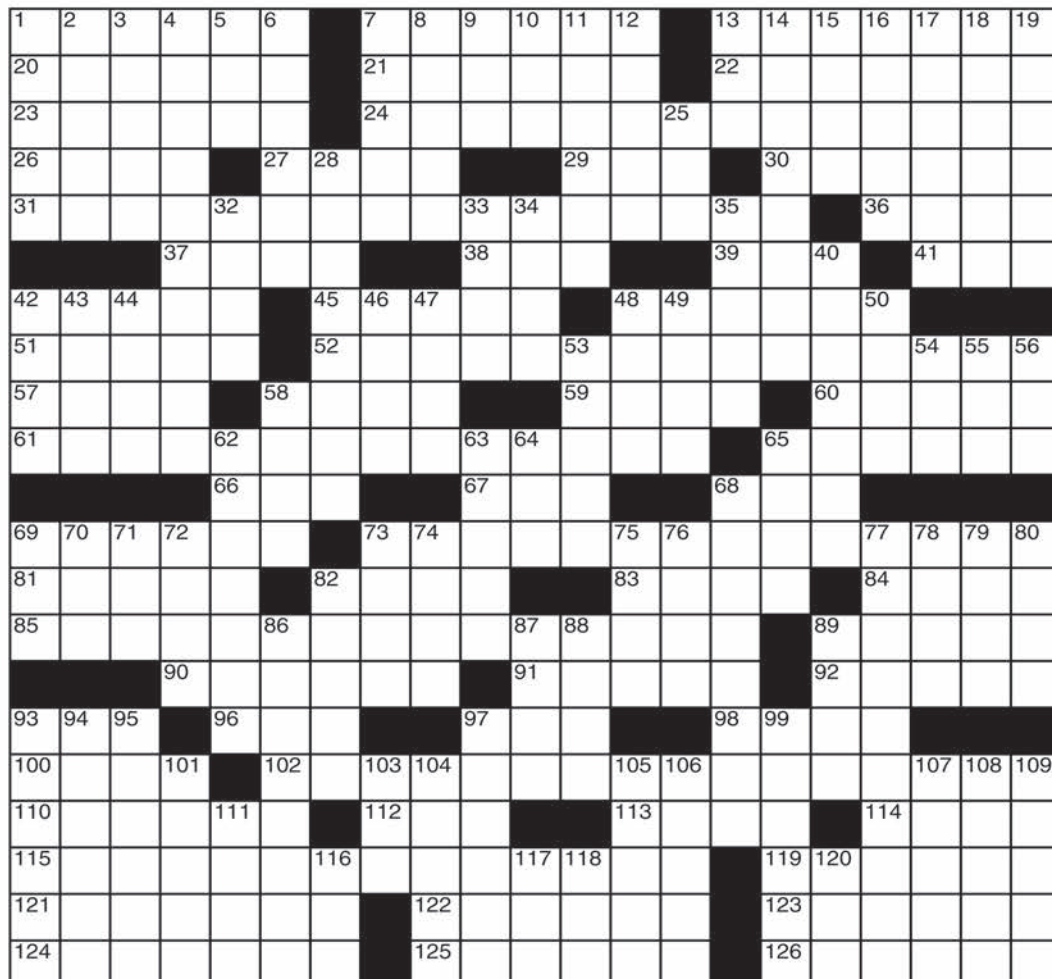
THE SCIENCE OF
TRUMPETERS

ACROSS

- 1 Like galaxies and nebulae
7 Cry after a long wait
13 Beef or pork alternative
20 Nabokov novel
21 Obi-wearing companion
22 Volcanic flow
23 Is a hammy actor
24 Start of a riddle
26 Extras for iDevices
27 See 8-Down
29 — out a win (just prevail)
30 Long Island town with a Triple Crown racetrack
31 Riddle, part 2
36 Corn bread
37 Barracks site
38 Shaker — (city in O.)
39 Sweet roll
41 Scuff up, e.g.
42 Opposing voters
45 March Madness, with "the"
48 More spiteful
51 Jack up, e.g.
52 Riddle, part 3
- 57 Brow shape
58 Boxer's prize
59 Astral bear
60 "Robinson Crusoe" novelist
61 Riddle, part 4
65 Banquets
66 "Alfie" lyricist — David
67 Scrubs sites, for short
68 Ending for pay
69 Blockhead
73 Riddle, part 5
81 Front wheel convergence
82 Not of the cloth
83 Jedi's furry friend
84 Butter lookalike
85 End of the riddle
89 Shrimplike crustacean
90 Exploding water balloon sounds
91 Triple-time dance, in Dijon
92 Ira Levin's "— Before Dying"
93 Angry feeling
96 Used a sofa
- 97 Danson of "Cheers"
98 Trunk growth
100 Seat of Grand County, Utah
102 Start of the riddle's answer
110 Apartment window sign
112 Hoover offering, for short
113 Blockhead
114 Go bankrupt
115 End of the riddle's answer
119 Nobel winner Eugene
121 Northern French port
122 Prix fixe part
123 Moo makers
124 Arid quality
125 Eternal City citizens
126 Enters, as a PIN
- 8 With 27-Across, Pavarotti number, e.g.
9 Ignited, as a fire
10 Fire leftover
11 Bedclothes
12 In bad taste
13 "Evita" role
14 Grand slams, e.g.
15 "— cost ya"
16 Put in a vise
17 Blast sound
18 Actress
19 Talk on and on
25 Playboy founder, familiarly
28 Tool for moving just-baked bread or pizza
32 Publisher Condé —
33 Persian king
34 Tiny, for short
35 2012 rival of Romney
40 FDR's plan
42 Hunter of Moby Dick
43 Screenwriter Ephron
- 44 Nervous twitches
46 Baby cow
47 Entr'—
48 Ford make until '11
49 Celtic language
50 Emu cousin
53 "Bring It On" star Kirsten
54 Suppositions
55 Light bed
56 "— So Fine" (Chiffons hit)
58 Trying tot
62 Lat-building exercises
63 Building pest
64 Get it wrong
65 Clamorous criticism
68 Often-requested Italian song
69 Extreme degree
70 Debtor's note
71 With 99-Down, brunch time, often
72 Parts of clown outfits
73 "It — be!"
74 Bops
75 Prosperity
76 Pointed tools
77 Minimization of job-related hazards
- 78 Jai follower
79 Hedge plants
80 Father's Day callers
82 Averse (to)
86 Big dishes
87 At any time
88 Dry riverbed
89 Onetime
93 "Someone informed me ..."
94 Housetop laborer
95 A bit crude
97 Electronic music genre
99 See 71-Down
101 Irish writer Brendan
103 Biblical exile
104 Origami need
105 Routinely
106 Pharmacy measures
107 Hook worms
108 Palmer or Lehmann
109 "Juno" star Page
111 Campbell of "Party of Five"
116 The, to Luc
117 It spits out \$20 bills
118 Big gun gp.
120 Fife refusal

DOWN

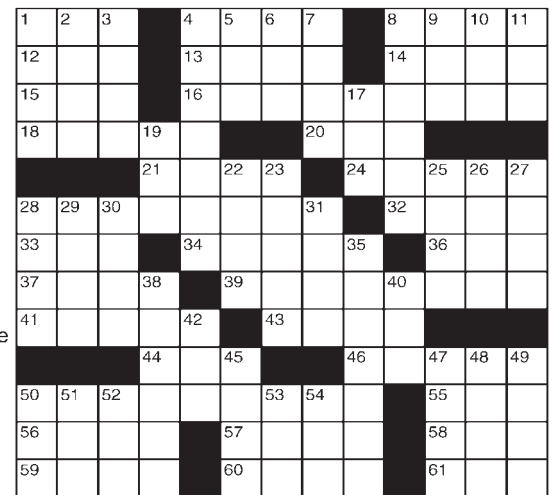
- 1 Shoe gripper
2 Pizzazz
3 Skiing locale
4 Mirage
5 Ending for Manhattan
6 Black currant liqueur
7 Like tumblers



King Crossword

ACROSS

- 1 Stomach muscles
4 Graceful sprite
8 Wise one
12 Promise
13 Surrounded by
14 From the beginning
15 Mound stat
16 Make more acceptable
18 Picture puzzle
20 Thee
21 Sharp turns
24 Horse's call
28 Drool
32 Unrivaled
33 Hearty brew
34 Beethoven's "Fuer --"
36 Pitch
37 Campus mil. org.
39 Part
41 Man of morals?
43 Mediocre
44 Workweek end (Abbr.)
46 Poisonous
50 Asphyxiate
55 Cattle call?
56 Capri or Wight
57 Always
58 Puncturing tool
59 Bygone



- comedian
Martha
College VIP
Blue
collection
10 Obtain
11 Ram's mate
17 Charged bit
19 Submachine gun
22 Guys' dates
23 Pigs' digs
25 Tittle
26 Summertime pest
27 Present
28 Poet Teasdale
29 Lotion additive
30 "-- Make a Deal"
31 Hockey leg-end Phil, to
fans
35 Oriental
38 Morning stimulant
40 Kanga's kid
42 Expert
45 On the rocks
47 Grand opening day?
48 Midwest state
49 45-Down, perhaps
50 Knightly address
51 Mex. neighbor
52 Aviate
53 "Hail!"
54 Alternative to 38-Down

MAGIC MAZE ● HEARD FROM THE CROWD

E D A X U R O L J G D A X V S
P N K I F C A X V S Q O L J H
E C A X V T R P N L J H F G D
B E Y X V T R P O M K I G N E
D B S Z X W E U T R Q E T I O
N L J U I M L L E Y R L N O G
F Z D (L A U G H T E R) K U O C
A Y Z E P L X W E S V C A B H
T S R A O R P H R P I E T I O
N C L L R K C P T U O H S U J
S C I G N O I T A V O S W F O

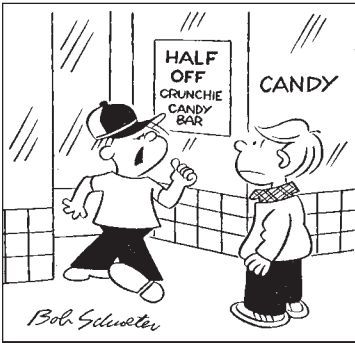
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Applause
Cheer
Clap
Heckle

Hiss
Laughter
Outcry
Ovation

Razz
Roar
Scream
Shout

Taunt
Whistle
Yell



“I found out it's not the price — they made the candy bar _____!”

answer on page 37B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Damage
BALIDES _____

Guide
GAMANE _____

Outcome
LUSTER _____

Angst
EFRA _____

TODAY'S WORD

		4	3	5				2
3					6		7	
	9		8			4		
		1		7	4			9
6				3			8	
	5		2			7		
	2			6			3	
		9			2			5
5			1			8		

SUDOKU

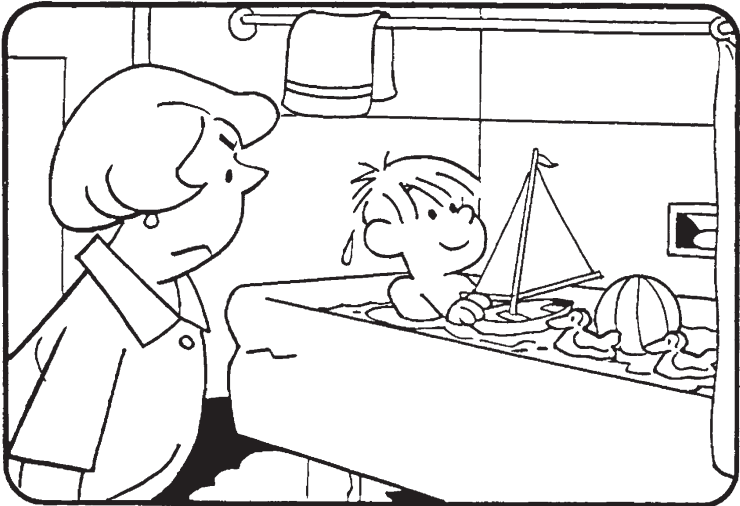
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

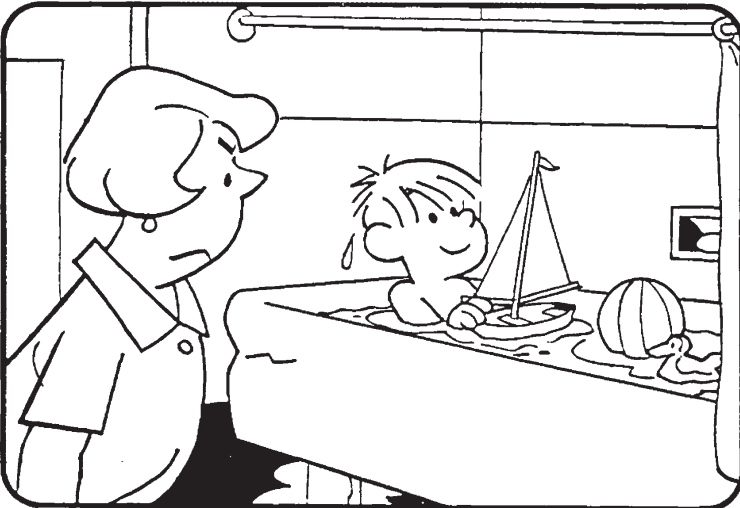
answer on page 37B

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hair is different. 2. Sleeve is shorter. 3. Towel is missing. 4. Puddle is smaller. 5. Sail is smaller. 6. Rubber duck is missing.

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My Stars ★★★★★

FOR WEEK OF FEBRUARY 6, 2017

ARIES (March 21 to April 19) Lots of mixed signals can create an unreliable situation in which to make decisions. Best advice: Hold off on making any commitments until you're sure you know what's going on.

TAURUS (April 20 to May 20) An apparently friendly offer comes with some strings attached. Be careful not to get tied into something you don't really want. Thoroughly examine all your options before making a choice.

GEMINI (May 21 to June 20) If you're not careful, distractions can interrupt your best efforts. Continue to focus on what you need to do. You'll soon have lots of time to enjoy the rewards of your dedication.

CANCER (June 21 to July 22) Knowledge replaces suspicion as you begin to learn more about that "act of betrayal." On a lighter note, someone close to you might be planning a pleasant surprise.

LEO (July 23 to August 22) Control your sometimes-overactive jealousy gene before you find yourself saying or doing

something that you could later regret. Best advice: Stop obsessing and move on.

VIRGO (August 23 to September 22) It's a good time to loosen up and do something wonderful and exciting before your more reserved nature resurfaces. A message brings news of imminent change.

LIBRA (September 23 to October 22) Cheer up. Things begin to improve significantly by mid-February. However, you might still need help to get through the rest of this sometimes-difficult period.

SCORPIO (October 23 to November 21) Something you learned last week takes on new meaning as you begin to relate it to another situation in your life. It's best to keep this matter to yourself for now.

SAGITTARIUS (November 22 to December 21) Your energy level is climbing, and so is your self-confidence. Good for you, because you'll need a good dollop of both to tackle an exciting challenge on the way.

CAPRICORN (December 22 to January 19) A family issue might interrupt a career-linked project. Try to give the matter the attention it needs, but be careful not to jeopardize your workplace situation.

AQUARIUS (January 20 to February

18) Some self-doubt shows up this week, causing you to question your ability to handle a new challenge. But you know you can do it, and this is your chance to prove it.

PISCES (February 19 to March 20) A personal matter requires you to be as clear and forthcoming as possible in order to avoid misunderstandings. A career move is eased with the emergence of new facts.

BORN THIS WEEK: You have a way of reaching people that makes them feel good about themselves. You would be an excellent motivational speaker.

STRANGE BUT TRUE

• In 2002, researchers conducted a study to determine how consumers' decisions are influenced by seemingly minor changes in appearance. They presented car-buyers with a variety of webpages; everything on the pages was the same -- the vehicles presented, the information provided, prices, etc. -- except for the background. One group got a green background with a pattern of pennies on it, and one group got a red background with a pattern of flames. As it turns out, the background did, indeed, influence behavior: Consumers in the

green-background group spent more time looking at information about cost, while those in the red-background group spent more time looking at details about safety features.

• In Ireland, to ensure good luck on a child's birthday, it was once the tradition to hold the child by the feet and bump his or her head on the floor once for each of the child's years.

THOUGHT FOR THE DAY

"God is a comedian playing to an audience too afraid to laugh." -- Voltaire

SCRAMBLERS

solution

1. Disable; 2. Manage;
3. Result; 4. Fear

Today's Word
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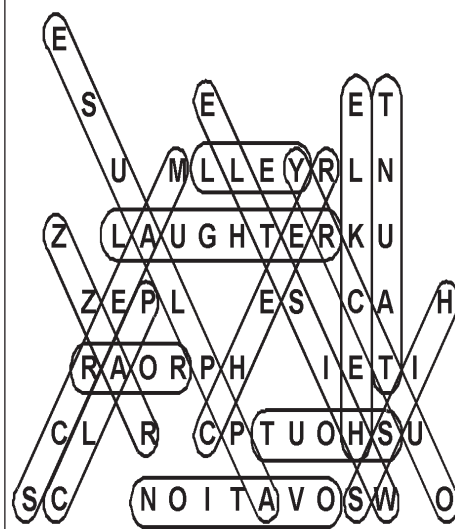
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KING CROSSWORD

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MAGIC MAZE

HEARD FROM THE CROWD



SUDOKU

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2	8	1	6	7	4	3	5	9
6	4	7	5	3	9	2	8	1
9	5	3	2	1	8	7	4	6
1	2	8	4	6	5	9	3	7
4	3	9	7	8	2	6	1	5
5	7	6	1	9	3	8	2	4

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2BD/2BTH Asking \$390,000.
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Hurricane House, Sanibel. SW corner unit
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Immediate Occupancy.
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2 Rooms, Bathroom,
Approx. 1,000 sq. feet.
This was Molnar Electric's old office.
Call Judy at 239-851-4073.
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GULF PINES HOME

3 bedroom, 2 bath, Fireplace, Garage,
Well appointed, Short path to beach,
Pool, Tennis courts.
March \$6,800. April \$5,600.
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Delightful 2/1 east end cottage, sleeps 4
Newly renovated with all new furnishings
Bike, beach chairs, grill,
easy access to bike path;
April-May \$5,000 monthly;
June-Oct \$2,750 monthly
website: shellpathcottage.com
*NS 2/3 CC 2/24

SEASONAL RENTAL

EAST END CANAL HOME

Elevated 3/2, sleeps 6, heated pool, walk
to beach, marina and restaurants, bikes,
beach chairs, monthly, available March
2017!, starting to book 2018, Mark
239-634-1133, msgt4@comcast.net
*NS 1/20 CC 2/24

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*RS 1/23 BM TFN

'NEW' COTTAGE FOR RENT!

Buttonwood Lane
Darling beach cottage,
2BR/1BA, pool, 5 lots to the beach,
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Completely renovated/remodeled,
private and very upscale!
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Website: baileysbeachcottage.com
*NS 1/27 CC TFN

ANNUAL RENTAL

ANNUAL HOUSE RENTAL

Annual house rental on
Sanibel Island for March 1st.
3bd rm 2 bath elevated home, lv, dr,
kit, new stainless steel appliances. w/d,
parking + 2 car garage + storage.
Elevated outside deck.
Close to the Sanibel school and
Recreation center,
Ding Darling, and Captiva.
Bike to beaches on West Gulf dr.
None smokers.
Email owner at
stonebrook108@aol.com
*NS 2/3 CC 2/10

ANNUAL RENTAL

FT. MYERS
Gated condo. complex, this Clean 2nd
floor, Lake Front 2/2 UF Gorgeous shape.
Close to Beaches. \$1,350/mo.

ISLAND HOME

This updated, Olde Florida 2/2 UF piling
home offers all appliances, fireplace and
great screen porch. Short walk to beach.
\$1,750/mo.



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The Island Experience!
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ANNUAL RENTAL

3/2 SANIBEL POOL HOME

Annual. Granite kitchen.
New A/C W/D Appliances.
Text Realtor 239-271-4894
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GARAGE RENTAL

GARAGE FOR RENT

Garage for rent at Anchor Point, 1633
Periwinkle Way, for \$300. a month.
Please call Ashley at Island Management
at 239-472-5020 with any inquiries.
*NS 2/3 CC 2/24

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Retired couple seeking responsible person to assist in running errands, walk dog, answer phones, and lite housekeeping. Must have valid driver license. M-F, 9-5. \$320/week but negotiable depending on experience. 239-472-5094
*NS 1/27 CC 2/3

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The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is seeking a part-time experienced retail manager to run our gift shop and education center. Excellent organizational and people skills, office and computer experience required. Email resume with cover letter to Linda Estep, Executive Director at lestep@crowclinic.org, or mail to PO Box 150, Sanibel FL 33957. No phone calls.
*NS 1/20 CC 2/10

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Must be familiar with Sanibel & Captiva Islands. Candidate should possess good communication skills, computer knowledge; Excel and Word proficient and like working with people. Excellent compensation package based on Vacation Rental experience. Respond only by Fax to 239 437-7543 or email to DSchuldenfrei@VIPRealty.com
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*NS 1/20 CC 2/10

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Needed for Sanibel Vacation Rental Company. 40 hour week, benefits. Saturdays mandatory. Must have reliable transportation. Call David L. Schuldenfrei at 472-1613 or fax a resume to 427-7543 or email to DSchuldenfrei@VIPRealty.com
*NS 1/27 CC TFN

LOST AND FOUND

LOST KITTEN

Orange, neutered male, 4 months old. East end of Island. Last seen Saturday January 28, on S. Yachtsman Drive. Reward. Please call 239-277-0058 or 239-472-1788.
*NS 2/3 CC TFN

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*NS 1/27 CC TFN

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\$5,000. Perfect Island Car! Green with new tan conv.top. 115,500 miles. Manual 5 speed. Well maintained. I am local owner. Call Jeff 239.293.4329.
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*RS 1/20 BM TFN

MERCEDES BENZ 560SEL 1988

150k Miles. Great condition, A/C great, tires great MUST SEE - on Sanibel Asking \$6,000 OBO. Call 215-768-5117
*RS 2/3 CC 2/10

GARAGE • MOVING • YARD SALES

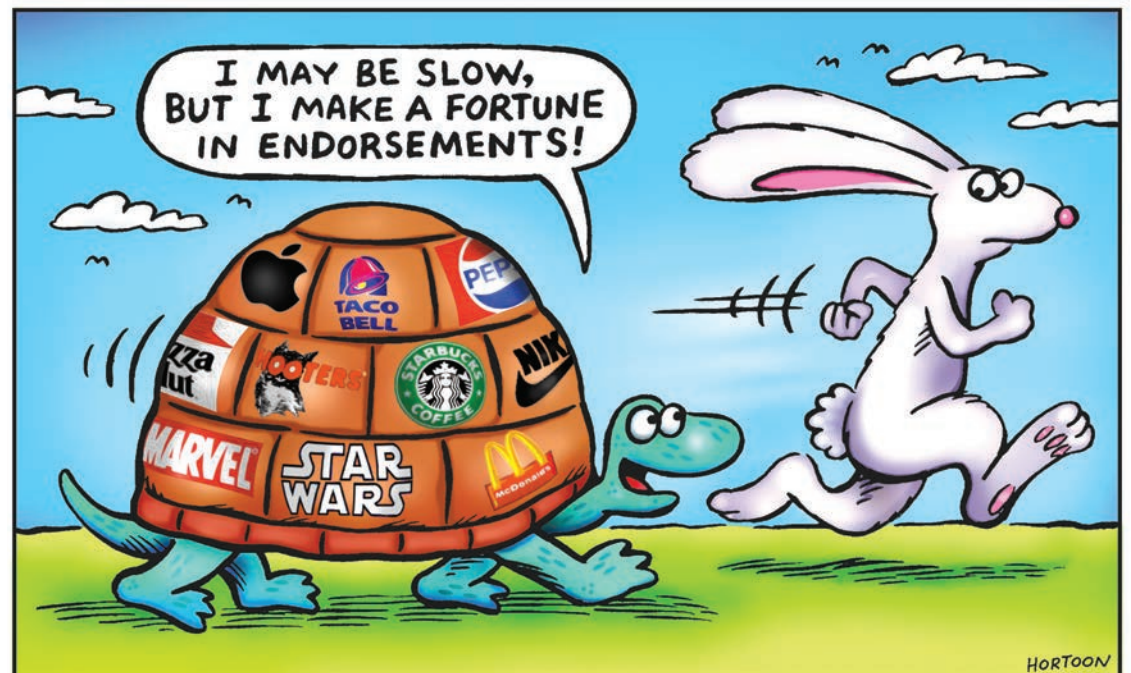
MOVING SALE

Fun, Sunny Island Style Moving Sale Feb. 3 9-3, Feb. 4 9-3 p.m. Feb. 5 9-2 1665 Sabal Palm Dr., Sanibel Wonderful furnishings; sleeper sofa, twin beds, queen bedroom suite, lots of lanai and pool furniture. Fun home decor. Colorful housewares, Linens, plus much, much more! photos & info go to: elanestatesales.com
*NS 2/3 CC 2/3

ANNUAL YARD SALE

Sat. Feb. 4, 501 Lagoon Drive towards the Lighthouse. Antiques, Household, Jewelry. Early Birds Welcome on that day only. Don't Miss It.
*NS 2/3 CC 2/3

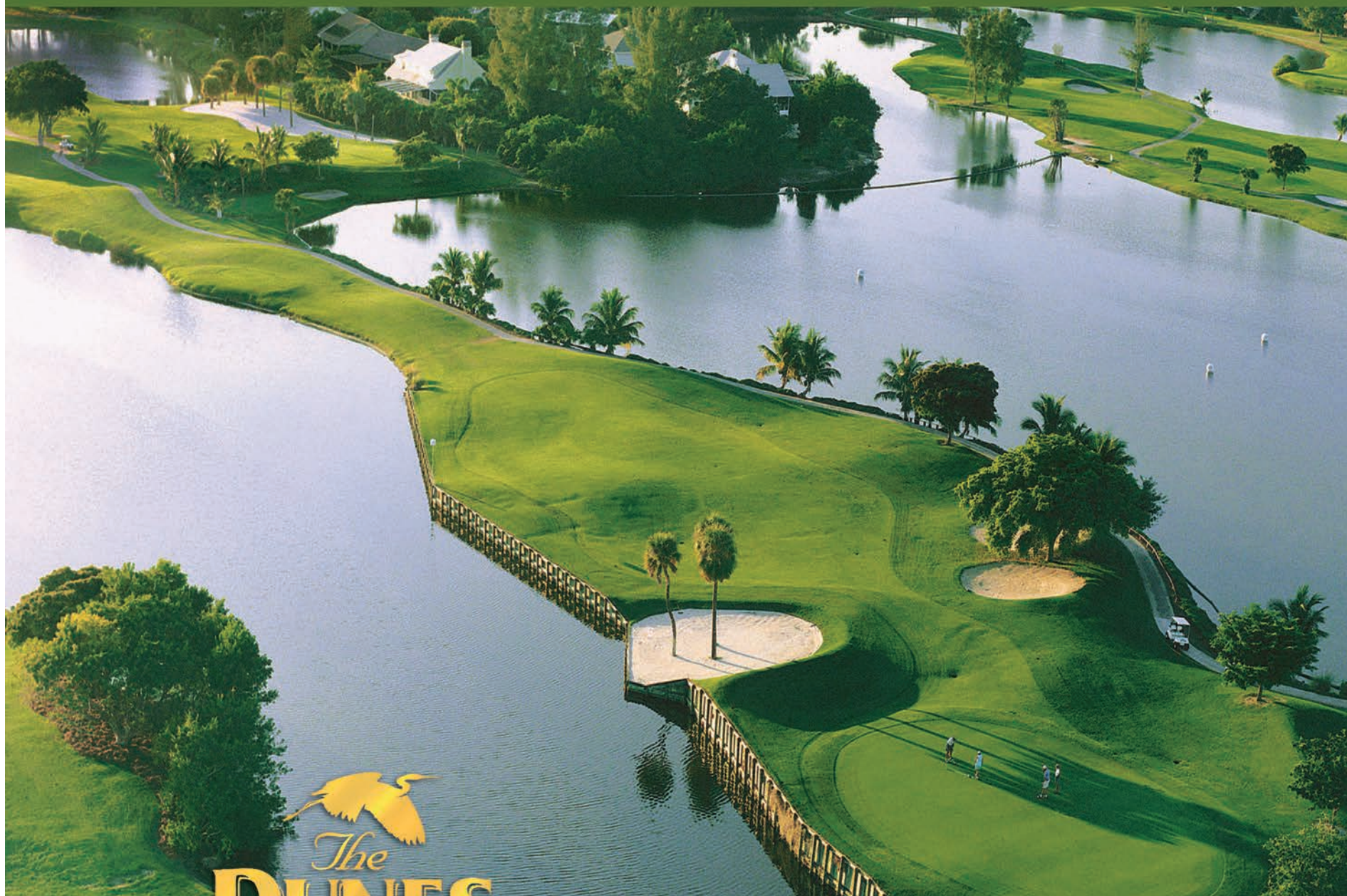
HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bay Woods	Bonita Springs	2016	4,534	\$3,395,000	\$3,117,000	455
Sanibel Isles	Sanibel	2012	2,484	\$2,100,000	\$2,000,000	12
Bellamare	Miromar Lakes	2009	5,289	\$1,899,000	\$1,750,000	29
Verona Lago	Miromar Lakes	2002	3,056	\$1,849,000	\$1,532,250	276
Town and River	Fort Myers	2005	3,772	\$1,525,000	\$1,368,125	73
Holiday Heights	Fort Myers Beach	1999	2,760	\$1,520,000	\$1,412,500	60
Whisperwood Cove	Sanibel	2004	3,621	\$1,489,000	\$1,325,000	124
Edgewater	Fort Myers	1996	3,358	\$1,129,000	\$1,069,000	90
Sanibel Estates	Sanibel	1969	1,636	\$995,000	\$938,000	82
North Captiva Sands	Captiva	1991	1,966	\$989,000	\$933,500	272

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